Nature Care College

BOOKLIST

Section 1 Compulsory Texts

Section 2 E- Learning

Text Books can be purchased from the

Nature Care Library.

Located on Level 3
178 Pacific Highway, St Leonards

This list of compulsory texts is published on the Nature Care College website "Booklist"

http//www.naturecare.com.au

Select: Student Centre

Student Forms

Under General Forms find:
Booklist

Or find it in the Administration Resources listed on the left hand column of your home page on Moodle.

The compulsory texts and recommended readings are listed on the individual Unit of Study Outlines which can be viewed on individual Moodle Courses.

NOTE: If your unit of study is not listed in this document, there is no set/compulsory textbook for the unit.

Price guide:

The prices are recommended retail; students then receive 10% discount off RRP on most compulsory texts

Section 1

Compulsory Text Books by Unit of Study A-Z

A...

ADVANCED AROMATHERAPY

Battaglia, S. (2004). *The Complete Guide to Aromatherapy* (2nd ed.). The Perfect Potion.

$69.95

ANATOMY & PHYSIOLOGY BODY STUCTURES/BODY SYSTEMS/INTEGRATIVE ANATOMY & PHYSIOLOGY

Tortora, G. J., & Derrickson, B. H. (2014). *Principles of Anatomy and Physiology* (14th ed.). Wiley. (Unbound document)

$120.95

Limited stock available via the library, can be purchased from external suppliers online

AROMATHERAPY ESSENTIALS

Battaglia, S. (2004). *The Complete Guide to Aromatherapy* (2nd ed.). The Perfect Potion.

$69.95

AROMATHERAPY SKIN CARE & PRODUCTS

Battaglia, S. (2004). *The Complete Guide to Aromatherapy* (2nd ed.). The Perfect Potion.

$69.95

ASTROLOGY 1

Parampara, P. C. (2000). *Star Lore - A Beginner's Guide to Astrology.* Self-Published.

This can be purchased directly from trainer

AYURVEDIC MEDICINE – AN INTRODUCTION

Matthews, S. (2016). *The Art of Balanced Living: The Right Diet and Lifestyle for Your Body Type.* Finch Publishing.

$29.95

Purchased directly from the trainer Shaun Matthews

B...

BACH FLOWER REMEDIES

Bach, E. (2005). *The essential writings of Dr. Edward Bach: The Twelve Healers and Heal Thyself.* Random House.

Barnard, J. (1979). *A Guide to the Bach Flower Remedies.* Essex, UK: C.W. Daniel.
Weeks, N. (1973). *The Medical Discoveries of Edward Bach.* Essex, UK: C.W. Daniel.

These can be purchased from external suppliers on-line

BODY CHEMISTRY A & B

Tortora, G. J., & Derrickson, B. H. (2014). *Principles of Anatomy and Physiology* (14th ed.). Wiley. (Unbound document)

$120.95

Limited stock available via the library, can be purchased from external suppliers online

BOTANY

Tan, E. (2013). *Botany of the Flowering Plants* (4th ed.). Eleanor Tan.

$ 30.00

BUILDING YOUR SUCCESSFUL PRACTICE

Weir, M. (2016). *Law and Ethics in Complementary Medicine* (5th ed.). A&U Academic.

$49.99

Medhurst, R. (2008). *The Business of Healing: A Guide to Practice Establishment and Practice Management for Non-Medical Healthcare Professionals* (3rd ed.). SA, Australia: Self published.

$60.00

F…

FOOD AS MEDICINE

Murray, M. T. (2013). *The Complete Book of Juicing, Revised and Updated: Your Delicious Guide to Youthful Vitality.* USA: Clarkson Potter Publishers.

$24.95

Limited stock available or can be purchased from external suppliers on-line

FOUNDATIONS OF HOMOEOPATHY A, B & C

Boericke, W. (1998). *Pocket Manual of Homoeopathic Materia Medica & Repertory.* B. Jain publishers.

OR

Vermeulen, F. (1997). *Concordant Materia Medica* (2nd ed.). Emryss bv.

Schroyens, F. (2012). *The Essential Synthesis* (9.2 ed.). HB Publications.

Hahnemann, S. (1970). *The Organon of Medicine* (5th & 6th ed.). BJAIN.

These can be purchased online via Amazon.com, Bookdepository.com and/or http://www.narayana-verlag.com

FOUNDATIONS OF NUTRITION A & B

Whitney, E., Rolfes, S., Crowe, T., Cameron-Smith , D., & Walsh , A. (2017). *Understanding Nutrition* (3rd ed.). Cengage Learning Australia.

$149.95

H…

HERBAL MEDICINE 1 A, B & C – MATERIA MEDICA

Bartram, T. (1998). *Bartram's Encyclopedia of Herbal Medicine.* London: Robinson. (or later editions)

This can be purchased from external suppliers on-line

Griggs, B. (1997). *Green Pharmacy: The History and Evolution of Western Herbal Medicine* (3rd ed.). Healing Arts Press.

$42.95

Limited stock available, can be purchased externally

HERBAL MANUFACTURING

Tan, E., & Adams, J. (2012). *Herbal Manufacturing: How to Make Medicines from Plants* (2nd ed.). Eleanor Tan.

$33.50

HERBAL THERAPEUTICS 2 (GIT, REPRO, RESP)

Braun, L., & Cohen, M. (2015). *Herbs and Natural Supplements: An Evidence-based Guide* (4th ed.). Elsevier. (2 Volume Pack)

$99.00

Bone, K., & Mills, S. (2013). *Principles and Practice of Phytotherapy* (2nd ed.). Churchill Livingstone.

$134.00

HERBAL THERAPEUTICS 2 – REPRO

Trickey, R. (2011). *Women, Hormones and the Menstrual Cycle* (3rd ed.). Fairfield, VIC, Australia: Trickey Enterprises (Victoria) Pty Limited.

$130.00

I…

INTRODUCTION TO NUTRITION

Whitney, E., Rolfes, S., Crowe, T., Cameron-Smith , D., & Walsh , A. (2017). *Understanding Nutrition* (3rd ed.). Cengage Learning Australia.

$149.95

IRIDOLOGY 1A

Conlon, L. (2017). *Iridiology: a Beginner's Guide.* (Revised and expanded ed.). Sydney: Digi Image.

$110.00

Purchased directly from Lis Conlon

Jensen, B. (2004). Iridology Chart. California: Bernard Jensen International. (Revisions by Ellen Tart-Jensen)

$14.50

Iriscope – 10x Magnification

$39.95

Can be purchased via the College Wellness Centre

External suppliers:

Iridology World

http://iridology.nl/viewpage.php?page_id=5

5x, 10x, 15x and 20x magnifiers

Bernard Jensen International

http://www.bernardjensen.com/MagnifyingLens_c_16.html

10x magnifiers

Stanley Supply Services

http://www.stanleysupplyservices.com/magnalite-3002-10x-magnifier/p/119-539

10x magnifiers

Stanley Supply Services

http://www.stanleysupplyservices.com/fowlerilluminated-magnifier/g/8514

10x magnifiers

IRIDOLOGY 1B

Conlon, L. (2017). *Iridiology: a Beginner's Guide.* (Revised and expanded ed.). Sydney: Digi Image.

Purchased directly from Lis Conlon

M…

MEDITATION 1 & 2

Monaghan, P., & Viereck, E. G. (2011). *Meditation: the Complete Guide : Techniques from East and West to Calm the Mind, Heal the Body, and Enrich the Spirit* (Revised ed.). Novato, CA, United States: New World Library.

$26.95

Limited stock available

N…

NATUROPATHIC DIAGNOSIS

Weatherby, D., & Ferguson, S. (2004). *Blood Chemistry and CBC Analysis.* United Kingdom: Weatherby & Associates, LLC.

This can be purchased from external suppliers on-line

NUTRITIONAL THERAPEUTICS A & B

Pizzorno, J. E., Murray, M. T., & Joiner-Bey, H. (2015). *The Clinician's Handbook of Natural Medicine* (3rd ed.). Elsevier.

$80.00

P…

PRINCIPLES OF MICRONUTRIENTS A & B

Higdon, J., & Drake, V. J. (2011). *An Evidence-Based Approach to Vitamins and Minerals* (2nd ed.). Thieme.

$90.00

International OR Updated online version available from: http://lpi.oregonstate.edu

R…

REMEDIAL MASSAGE

Casanelia, L., & Stelfox, D. (2009). *Foundations of Massage* (3rd ed.). Elsevier.

$109.95

S…

SWEDISH MASSAGE

Casanelia, L., & Stelfox, D. (2009). *Foundations of Massage* (3rd ed.). Elsevier.

This can be purchased from external suppliers online

SYMPTOMATOLOGY, DIAGNOSIS & PATHOLOGY 1

Grossman, S., & Porth, C. M. (2013). *Porth's Pathophysiology : Concepts of Altered Health States* (9th ed.). Philadelphia, United States: Lippincott Williams and Wilkins.

$142.00

T…

THE SCIENCE OF ESSENTIAL OILS

Battaglia, S. (2004). *The Complete Guide to Aromatherapy* (2nd ed.). The Perfect Potion.

$69.95