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Nature Care College

Australian Bush Flower Essences

DESCRIPTION	<p>In this experiential module, you will learn about vibrational mind/body medicine through an indepth understanding of the subtle energy systems and how they work. Students are introduced to the full range of 69 Essences which are woven into teachings of the chakras and their relationship to the emotional, mental, physical and spiritual. Diagnosis and prescription are covered including an introduction to muscle testing and dowsing within the Course</p>	
DURATION	24 hours	
LEARNING OUTCOMES	<p>By the conclusion of the module students should be able to:</p> <ol style="list-style-type: none"> 1. Understand the doctrine of signatures and the history of flower essences. 2. Describe their experience of how essences work and the benefits. 3. Demonstrate competence in choosing appropriate essences in specific situations. 4. Prescribe own essences required during personal growth inclusive of healing, fears and wounds. 	
TEACHING METHOD	<p>Lectures Class discussions</p>	
ASSESSMENT	<p>Presentation Assignment</p>	<p>50% 50%</p>
	<p>Pass mark Both components must be passed at 70% in order to pass this subject satisfactorily.</p>	<p>70%</p>
ATTENDANCE	80% minimum.	
PRE-REQUISITES	Nil.	
CO-REQUISITES	Nil.	
MATERIALS REQUIRED	Notebook, pen.	
TEXTBOOKS	<p>Compulsory: Nil</p> <p>Recommended Reading / References: <i>Australian Bush Flower Remedies</i>, Ian White, self published. <i>Australian Bush Flower Essences</i>, Ian White, Transworld Publishers, 1991 <i>Australian Bush Flower Healing</i>, Ian White, Random House, 1999 <i>Vibrational Medicine</i>, Gerber/Bear & Co, Santa Fe, 1988 <i>The Body is the Barometer of the Soul</i>, Annette Noontil, self published</p>	

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WEEK-BY-WEEK OUTLINE

WEEK 1	Flower Essence History and Philosophy Aboriginal and Native People Dr Edward Bach Modern Day and Australia Making of Flower Essences Their use and relevance in healing today
WEEK 2	Theme: Enhanced Learning Bush Fuchsia Black-eyed Susan Isopogon Paw Paw Jacaranda Sundew
WEEK 3	Theme: Stress, Fear and Anxiety Crowea Dog Rose of the Wild Forces Grey Spider Flower Dog Rose Waratah Bush Iris Fringed Violet Bluebell
WEEK 4	Theme: Relationships Boab Monga Waratah Dagger Hakea Bottlebrush Slender Rice Flower Bush Gardenia Red Helmet Boronia
WEEK 5	Theme: Self Esteem, Self Love & Acceptance Five Corners Billy Goat Plum Dog Rose Hibbertia Philothea Kangaroo Paw
WEEK 6	Theme: Personal Power, Motivation Southern Cross Peach-flowered Tea Tree Spinifex Silver Princess Sunshine Wattle Kopok Bush
WEEK 7	Theme: Sexuality Wisteria Sturt Desert Rose Little Flannel Flower Billy Goat Plum Boronia Flannel Flower Fringed Violet
WEEK 8	Theme: Combination Essences, Creams and Mists Emergency Sexuality Woman Calm & Clear Confid Face, Hand & Body Relationship Purifying Sensuality
WEEK 9	Theme: Combination Essences, Creams and Mists Continued Meditation Abund Space Clearing Cognis Heartsong Electro Dynamis Travel Transition
WEEK 10	Theme: Spiritual Connection & Enhancement Angelsword Green Spider Flower Fringed Violet Sydney Rose Mint Bush
WEEK 11	Theme: Endocrine System & Elements Bush Iris Old Man Banksia Illawarra Flame Tree Flannel Flower Bush Fuchsia Hibbertia She Oak Yellow Cowslip Macrocarpa Peach-flowered Tea Tree
WEEK 12	Theme: Bush Walk & Trust Walk Venturing out into the Australian Bush and experiencing the flowers in their natural environment.

Please be respectful of your fellow students and arrive on time for classes. Please ensure all mobile phones are turned off prior to the commencement of class.

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