



BOOKLIST

ADVANCED PRACTITIONER OF CLINICAL NATUROPATHY

Compulsory Textbooks & Resources

NOTE: If a subject from your course program is not listed in this document, then there is no compulsory textbook for the subject

Some suggested sources for all textbooks unless otherwise stated:

- Try your local bookshop – they may be able to order books in for you
- **The Nile:** <https://www.thenile.com.au/>
- **Booktopia:** <https://www.booktopia.com.au/>
- **Amazon AU:** <https://www.amazon.com.au/>

BODY CHEMISTRY A & B

Tortora, G. J., & Derrickson, B. H. (2019). *Principles of Anatomy and Physiology* (2nd or 3rd Asia-Pacific ed.). Wiley.

Also available via:

Wiley Direct (Publisher's web-shop): <https://www.wileydirect.com.au/>

BUILDING YOUR SUCCESSFUL PRACTICE

Weir, M. (2016). *Law and ethics in complementary medicine* (5th ed or later). A&U Academic.

BACH FLOWER REMEDIES

Bach, E. (2005). *The essential writings of Dr Bach: the twelve healers and heal thyself*. Random House.

And

Barnard, J. (1979). *A Guide to the Bach Flower Remedies*. C.W. Daniel, Essex, UK.

And

Weeks, N. (1973). *The Medical Discoveries of Edward Bach*. C.W. Daniel, Essex, UK.

Bach's *The Twelve Healers and Heal Thyself* can also be downloaded via the Bach Centre's free resources: <https://www.bachcentre.com/en/education/books-and-reading-lists/free-downloads/>

BOTANY

Tan, E. (2013). *Botany of the Flowering Plants* (4th ed.). Eleanor Tan.

Available from the following source:

Books@Stones: <https://www.booksatstones.com.au/>

CLINICAL CASE STUDIES A&B

AND

NATUROPATHIC DIAGNOSIS

Weatherby D, Ferguson S. c2002 (or reprints). *Blood chemistry and CBC analysis; clinical laboratory testing from a functional perspective*. Bear Mountain Publishing, USA.

FOUNDATIONS OF NUTRITION A & B

Whitney, E. et al. (2019). *Understanding nutrition* (5th Australian and NZ ed. or later). Cengage Learning, Australia.

Also available from the publisher's website – Cengage: <https://au.cengage.com/>

FOUNDATIONS OF HOMEOPATHY A, B & C

AND

CLINICAL CASE STUDIES (Hom) A

Phatak, S.R. *Materia Medica of Homeopathic Medicine*. B Jain Publishers.

Or

Vermeulen F, 1997. *Concordant Materia Medica*. 2nd ed.

(**Note:** if the previous are hard to find, any other homeopathic Materia medica is acceptable)

For those who prefer an App, the Free version of OpusGo is also an option:

<https://opusgo.app/>

And

Schroyens F. *Synthesis Repertorium Homoeopathicum Syntheticum*. Edition 9.1 (earlier editions, 8.1 & 7.1 are acceptable)

OR

Schroyens F. *Essential Synthesis or Repertorium Homoeopathicum Syntheticum*. 7th ed or later

For those who cannot access Synthesis in book style (or who would prefer a digital version) the OpusGo Premium Option may be an option <https://opusgo.app/>

And

Hahnemann S. *Organon of Medicine*, 6th ed

These can be accessed online for free, e.g. via <https://www.homeopathyschool.com/the-school/editorial/the-organon/>

Additional sources to the ones mentioned above:

1. Narayana Homeopathy: <http://www.narayana-verlag.com>
2. The Aurum Project: <https://aurumproject.org.au/store/> (second hand copies depending on availability)

HERBAL MANUFACTURING

Tan, E & Adams, J. (2012). *Herbal Manufacturing: how to make medicines from plants* (2nd ed). Eleanor Tan.

Available from the following source:

Books@Stones: <https://www.booksatstones.com.au/>

HERBAL MEDICINE A, B & C – MATERIA MEDICA

Bartram, T. (1998 or reprints). *Bartram's encyclopedia of herbal medicine*. Little Brown, UK.

And

Griggs, B. (1997). *Green pharmacy: the history and evolution of western herbal medicine*, revised edition. Healing Arts Press, USA.

HERBAL THERAPEUTICS A & C

Bone, K & Mills, S. (2013) *Principles and practice of phytotherapy* (2nd ed). Churchill, Livingston.

HERBAL THERAPEUTICS B

Trickey, R. (2011). *Women, Hormones and the Menstrual Cycle* (3rd ed.). Fairfield, VIC, Australia: Trickey Enterprises (Victoria) Pty Limited.

IRIDOLOGY FUNDAMENTALS & IRIDOLOGY FOR CLINICAL PRACTICE (Textbook)

Conlon, L. (2017). *Iridology: a beginner's guide*. (Revised and expanded ed). Digi Image, Sydney.

Only available from the following source:

Directly from your lecturer Lis Conlon via <https://www.lisconlon.com/shop>

IRIDOLOGY FUNDAMENTALS & IRIDOLOGY FOR CLINICAL PRACTICE (Iridology Chart)

Jensen, B. (2004). *Iridology Chart*. California: Bernard Jensen International. (Revisions by Ellen Tart-Jensen)

Source:

Directly from your lecturer Lis Conlon via <https://www.lisconlon.com/shop>

IRIDOLOGY FUNDAMENTALS & IRIDOLOGY FOR CLINICAL PRACTICE (Iriscope)

Iriscope - 10x Magnification

Source:

Directly from your lecturer Lis Conlon via <https://www.lisconlon.com/shop>

NUTRITIONAL THERAPEUTICS A & B

Pizzorno, J.E. et al. (2015). *The clinician's handbook of natural medicine*, (3rd ed). Elsevier.

Also available via Elsevier (Publishers website): <https://shop.elsevier.com/>

PHARMACOLOGY

Bryant, B., et al (2018). *Pharmacology for Health Professionals*, (5th ed or later). Mosby, Sydney.

Also available via Elsevier (Publishers website): <https://shop.elsevier.com/>

PRINCIPLES OF MICRONUTRIENTS A & B

Higdon, J. (2011). *An evidence-based approach to vitamins and minerals* (2nd ed). Thieme, Germany.

OR

Information can also be found via Linus Pauling Institute Micronutrient Information Centre: <https://lpi.oregonstate.edu/mic>

SYMPTOMATOLOGY, DIAGNOSIS & PATHOLOGY A, B & C

Norris, T. (2019). *Porth's pathophysiology: concepts of altered health states*, (10th ed. or later). Lippincott Williams and Wilkins, Philadelphia.

Also available via Wolters Kluwer (Publisher web-shop): <https://shop.lww.com/>