

## 2024 PROFESSIONAL CERTIFICATE OF NATURAL REMEDIES TIMETABLE – CONTINUING STUDENTS

**Duration:** 1.5 Years (4 Terms)

**Intake:** Annual intake commencing in February

**Academic Year:** The academic year consists of 3 x 12-week Terms

### Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

### Course Study Plan Overview

In order to complete the Course Program, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

### Study Plan

	Term 1	Term 2	Term 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Foundations of Nutrition A</li> <li>• Herbal Medicine A</li> <li>• Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• Foundations of Nutrition B</li> <li>• Herbal Medicine B</li> </ul>	<ul style="list-style-type: none"> <li>• Principles of Micronutrients A</li> <li>• Herbal Medicine C</li> <li>• Weight Management Strategies</li> <li>• Herbal Manufacturing</li> </ul>
	Term 1		
<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Principles of Micronutrients B</li> <li>• Bach Flower Remedies</li> <li>• Communicate with Clients</li> </ul>		
	Can be sat during any term the unit is offered		
<b>Elective</b>	<b>One Elective – Choose from:</b> <ul style="list-style-type: none"> <li>• Cellular Health – Living for Longevity</li> <li>• Introduction to PNI</li> <li>• Mental, Emotional &amp; Spiritual Wellness</li> <li>• Wellness Coaching Skills</li> </ul>		

## ANNUAL COURSE TIMETABLE

### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Principles of Micronutrients B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	21 Feb – 8 May	12 weeks
<b>Communicate with Clients</b> (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 3 Apr	7 weeks
<b>Bach Flower Remedies</b> (incl. GST \$795)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

## ELECTIVE UNITS OFFERED IN TERM 1

Cellular Health – Living for Longevity	\$270 (Incl. GST)
<b>Fri. Online</b> 9.30am – 12.00pm 3 weeks CHLFRI 23 Feb – 8 Mar (Final Class 9.30am – 11.30am)	

Introduction to Psychoneuroimmunology Based Relaxation Therapy	\$220 (Incl. GST)
<b>Fri. Online</b> 9.30am – 11.30am 3 weeks PNIFRI 5 Apr – 19 Apr	

Mental Emotional & Spiritual Wellness	\$395 (Incl. GST)
<b>Fri. Online</b> 1.00pm – 3.00pm 6 weeks PSY002FRI 12 Apr – 17 May	

Wellness Coaching Skills	\$795 (Incl. GST)
<b>Tue. Online</b> 5.30pm – 7.30pm 12 weeks WEL002TUE 20 Feb – 7 May	
80% live online attendance requirement	