



# Nature Care College

Learning for Life

## HOLISTIC NUTRITION & NATURAL HEALTH



### TIMETABLE

TERM 1 2018

12 FEB - 13 MAY

YOGA  
AYURVEDIC HEALING  
WESTERN HERBAL MEDICINE  
HOMOEOPATHY  
NATUROPATHY  
NUTRITION

contact us today: 02 8423 8333  
or: [info@naturecare.com.au](mailto:info@naturecare.com.au)

[www.naturecare.com.au](http://www.naturecare.com.au)





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## START DATES

COURSE	Term 1	Term 2	Term 3
Certificate in Ayurvedic Healing	●		
Certificate in Yoga & Ayurvedic Practices - NEW!	●	●	●
Certificate in Western Herbal Remedies	●	●	●
Advanced Diploma of Western Herbal Therapeutics	●		
Certificate in Homoeopathy	●	●	●
Certificate in Naturopathy	●	●	●
Diploma of Holistic Wellness Coaching - NEW!	●	●	●
Advanced Diploma of Integrative Natural Health	●		
Certificate in Nutrition	●	●	●
Professional Certificate in Food & Nutrition Coaching	●	●	●
Advanced Diploma of Integrative Nutritional Therapeutics	●		

## STUDY OPTIONS

On campus or distance learning or combination of both

## HOW TO ENROL

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### ADVANCED DIPLOMAS, DIPLOMAS & CERTIFICATE COURSES

#### New Students:

- Refer to the recommended Study Plans for enrolment recommendation – The Study Plan lists the units of study you need to enrol into for your first term of study (you enrol on a term by term basis as you proceed with your studies)
- Choose your study options, class days and times for each unit of study for your first term of enrolment from the A-Z timetable listing



Enrol by emailing your enrolment form to [info@naturecare.com.au](mailto:info@naturecare.com.au)



Enrol over the telephone by calling 02 8423 8333



Enrol in person at the college

- To reserve your place in a course programme an initial deposit of \$500 of your first term tuition fees together with the \$95.00 Professional Training Enrolment Fee is required to secure your place upon enrolment or If the course programme only has one subject per term to reserve your place a 50% deposit is required to secure your place upon enrolment The remaining course fees for all units of study within the term are due by the end of the first week of term unless you have submitted a formal payment plan form.
- A 10% late surcharge penalty is applied to any outstanding balance as at Monday of the second week of term unless you have submitted a formal payment plan form.
- Before you lodge your enrolment ensure you have read and are aware of the Enrolment Terms & Conditions
- A Confirmation of Enrolment will be emailed to you confirming that you have secured a place within 24 hours of submitting your enrolment application.

### ADVANCED DIPLOMAS, DIPLOMAS & CERTIFICATE COURSES

#### Re-enrolling Students:

- Please ensure you re-enrol each term at least one week prior to the start of term to ensure you receive access to the Student Portal one week prior to the start of term
- In order to re-enrol, please complete the "Re-Enrolment Form" found under on the website under Student Centre



Enrol over the telephone by calling 02 8423 8333



Enrol by emailing your Re-Enrolment Form to [info@naturecare.com.au](mailto:info@naturecare.com.au)



Enrol in person at the college

- Before you lodge your enrolment, please ensure you read the Enrolment Terms & Conditions as outlined on the back of the Re-enrolment form
- A Confirmation of Enrolment will be emailed to you confirming that you have secured a place within 24 hours of submitting your enrolment application

## PAYMENT OPTIONS

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### ADVANCED DIPLOMAS, DIPLOMAS & CERTIFICATE COURSES

At Nature Care College we have a payment option to fit any budget!

#### **Option 1: Pay Upfront to Receive a Discount**

When you enrol and pay the whole terms course tuition fee in full upon enrolment you are eligible to receive a 5% discount on the terms tuition fees.

#### **Option 2: Pay term by as you study!**

Course tuition fees for each term will depend on the number of subjects in which you enrol into. You enrol and pay on a term by term basis. To reserve your place pay the initial deposit of \$500 together with the \$95 Professional Training Enrolment Fee. The balance is payable in the first week of Term.

#### **Option 3: Spread the cost of your course fees throughout the term with a payment plan**

To reserve your place in a course programme an initial deposit of \$500 of your first term tuition fees together with the \$95.00 Professional Training Enrolment Fee is required to secure your place or if the course programme only has one subject per term to reserve your place a 50% deposit is required upon enrolment.

A payment plan provides you with the option of spreading the cost of your terms tuition fee throughout the whole term in weekly instalments (12 weeks of term and including 1 week recess means you can spread of cost of your terms fees over 13 weeks). To be eligible to re-enrol all payment plan obligations must be finalised by the end of term.

A payment plan attracts a 10% surcharge which is applied to the balance outstanding after the first week of term.

#### **Options 4: Extended Payment Plans – Available for Advanced Diploma courses**

An extended Payment plan provides you with the option of paying reduced tuition fee instalments each term allowing you to accrue your outstanding balance until you graduate enabling you to study now and pay later without incurring a Vet Fee Help Debt.

To reserve your place pay the initial deposit of \$500 for your first terms tuition fees together with the \$95.00 Professional Training Enrolment Fee.

Full time Study Plans: An extended payment plan provides you with the option of paying \$100.00 per week towards your course tuition fees throughout the whole term. The outstanding balance accrues each term allowing you to defer the balance until you graduate.

Part-time Study Plans: An extended payment plan provides you with the option of paying \$100.00 per week towards your course tuition fees throughout the whole term. The outstanding balance accrues each term allowing you to defer the balance until you graduate

There is a 10% fee on the total balance of tuition fees accrued at the end of your studies.

## CERTIFICATE IN AYURVEDIC HEALING | 2018 TIMETABLE

**Duration:** 1 Year Part-Time (3 Terms)

**Commences:** February - Annual Intake

**Delivery Mode:** On-Campus Only

### Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Ayurvedic Medicine – An Introduction</li> </ul>	<ul style="list-style-type: none"> <li>Ayurvedic Psychology</li> <li>Ayurveda For Self Healing</li> </ul>	<ul style="list-style-type: none"> <li>Advanced Ayurvedic Healing</li> </ul>

Choose one class option for each unit you are doing this term as guided by the study plan.

**Please check if there are any pre or co requisites for these units prior to enrolling.** These can be found on the unit of study outlines which you can download at [www.naturecare.com.au](http://www.naturecare.com.au)

### Term 1, 2018 | Study Period 1

Unit Of Study Name	Cost	Day	Time	Format	Code	Dates
Ayurvedic Medicine - An Introduction (pick one class only)	\$485	Wednesday	6.30pm - 8.30pm	10 weeks	AYU001WED	14 Feb - 2 May
		Saturday	10.00am - 3.00pm	Intensive	AYU001SAT	24 Feb, 24 Mar, 14 & 28 Apr

### Term 2, 2018 | Study Period 2

Unit Of Study Name	Cost	Day	Time	Format	Code	Dates
Ayurveda For Self Healing	\$485	Wednesday	6.30pm - 8.30pm	10 weeks	AYU010WED	30 May - 8 Aug
Ayurvedic Psychology	\$570	Fri, Sat & Sun	9.00am – 5.00pm	Intensive	AYU003FRI	15, 16 & 17 June

### Term 3, 2018 | Study Period 3

Unit Of Study Name	Cost	Day	Time	Format	Code	Dates
Advanced Ayurvedic Healing	\$485	Wednesday	6.30pm - 8.30pm	10 weeks	AYU011WED	12 Sept - 21 Nov

## CERTIFICATE IN YOGA & AYURVEDIC PRACTICES | 2018 TIMETABLE

**Duration:** 1 Year Part-Time (3 Terms)

**Commences:** February - Annual Intake

**Delivery Mode:** On-Campus Only

**Enrolment:** Courses Fees are only payable on a term by term basis as you proceed with your studies. For more information on how to enrol & flexible payment options, visit <http://www.naturecare.com.au/enrolment>

### Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Ayurvedic Medicine - An Introduction</li> <li>Yoga &amp; Meditation</li> </ul>	<ul style="list-style-type: none"> <li>Ayurveda for Self-Healing</li> <li>Asana Postures</li> </ul>	<ul style="list-style-type: none"> <li>Philosophy of Yoga</li> <li>Yoga Physiology</li> </ul>

You are only required to choose one class option for each separate unit of study as guided by the study plan above. i.e. you only need to pick one Yoga & Meditation class time.

### Term 1, 2018 | Study Period 1

Unit Of Study Name	Cost	Day	Time	Format	Code	Dates
Ayurvedic Medicine - An Introduction (pick one class only)	\$485	Wednesday	6.30pm - 8.30pm	10 weeks	AYU001WED	14 Feb - 2 May
		Saturday	10.00am - 3.00pm	Intensive	AYU001SAT	24 Feb, 24 Mar, 14 & 28 Apr
Yoga & Meditation (pick one class only)	\$450	Sat & Sun	10.00am - 4.00pm	Intensive	YOG003SAT	3, 4 & 10 Mar
		Friday	9.30am - 3.30pm	Intensive	YOG003FRI	6, 13 & 20 Apr

### Term 2, 2018 | Study Period 2

Unit Of Study Name	Cost	Day	Time	Format	Code	Dates
Ayurveda For Self Healing	\$485	Wednesday	6.30pm - 8.30pm	10 weeks	AYU010WED	30 May - 8 Aug
Asana Postures (pick one class only)	\$450	Sat & Sun	10.00am - 4.00pm	Intensive	YOG004SAT	23, 24 Jun & 7 Jul
		Friday	9.30am - 3.30pm	Intensive	YOG004FRI	1, 8 & 15 Jun

### Term 3, 2018 | Study Period 3

Unit Of Study Name	Cost	Day	Time	Format	Code	Dates
Philosophy of Yoga	\$295	Friday	9.30am - 3.30pm	Intensive	YOG007FRI	*2 & 9 Nov (To be confirmed)
Yoga Physiology (pick one class only)	\$450	Sat & Sun	10.00am - 4.00pm	Intensive	YOG005SAT	17, 18 & 24 Nov
		Friday	9.30am - 3.30pm	Intensive	YOG005FRI	5, 12 & 19 Oct

## CERTIFICATE IN WESTERN HERBAL REMEDIES

**Duration:** 1 Year Part-Time (3 Terms)  
**Commences:** Intake in February, May & September  
**Delivery Mode:** On-Campus and Distance Learning

### Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	• Herbal Medicine 1A	• Herbal Medicine 1B	• Herbal Medicine 1C

Herbal Medicine 1A - Materia Medica		\$610	Herbal Medicine 1B - Materia Medica		\$610	Herbal Medicine 1C - Materia Medica		\$610
<b>Monday</b>	6.30pm - 8.30pm	12 weeks	<b>Distance</b>	12 weeks	<b>Distance</b>	12 weeks		
HER001MON		12 Feb - 7 May	HER002DL	12 Feb - 13 May	HER003DL	2 Feb - 13 May		
<b>Tuesday</b>	10.00am - 12.00pm	12 weeks						
HER001TUE		13 Feb - 8 May						
<b>Distance</b>		12 weeks						
HER001DL		12 Feb - 13 May						



## ADVANCED DIPLOMA OF WESTERN HERBAL THERAPEUTICS

**Duration:** 2 Years Full-Time or 3 Years Part Time

**Commences:** February - Annual Intake

**Delivery Mode:** On-Campus and Distance Learning

### Full-Time Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Herbal Medicine 1A</li> <li>Communicate with Clients</li> <li>Botany</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Herbal Medicine 1B</li> <li>Body Chemistry A</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Herbal Medicine 1C</li> <li>Body Chemistry B</li> <li>Herbal Manufacturing</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Herbal Therapeutics 2 (GIT)</li> <li>Symptomatology, Diagnosis &amp; Pathology 1A</li> <li>Clinical Practice 1A (Nat/Herbs)</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Therapeutics 2 (Repro)</li> <li>Symptomatology, Diagnosis &amp; Pathology 1B</li> <li>Clinical Practice 1B (Nat/Herbs)</li> <li>Clinical Practice 2A (Herbs) (Including Safe Practices)</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Therapeutics 2 (Resp)</li> <li>Symptomatology, Diagnosis &amp; Pathology 1C</li> <li>Building Your Successful Practice</li> <li>Clinical Practice 2B (Herbs)</li> </ul>

### Part-Time Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Herbal Medicine 1A</li> <li>Botany</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Herbal Medicine 1B</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Herbal Medicine 1C</li> <li>Herbal Manufacturing</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Herbal Therapeutics 2 (GIT)</li> <li>Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Therapeutics 2 (Repro)</li> <li>Body Chemistry A</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Therapeutics 2 (Resp)</li> <li>Body Chemistry B</li> </ul>
	Study Period 7	Study Period 8	Study Period 9
Year 3	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology 1A</li> <li>Clinical Practice 1A (Nat/Herbs)</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology 1B</li> <li>Clinical Practice 1B (Nat/Herbs)</li> <li>Clinical Practice 2A (Herbs) (Including Safe Practices)</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology 1C</li> <li>Building Your Successful Practice</li> <li>Clinical Practice 2B (Herbs)</li> </ul>

### Guide to Curriculum Changes for Continuing Students

Plan & Manage a Healthcare Business is equivalent to Building your Successful Practice

## A-Z LISTING OF UNITS OFFERED IN TERM 1

Choose one class option for each unit you are doing this term as guided by your study plan. **Please check if there are any pre or co requisites for these units prior to enrolling.** These can be found on the unit of study outlines which you can download at [www.naturecare.com.au](http://www.naturecare.com.au)

<b>Anatomy &amp; Physiology Body Structure</b>	\$625	<b>Anatomy &amp; Physiology Body Systems</b>	\$625	<b>Botany</b>	\$395
<b>Wednesday</b> 9.30am - 11.30am 12 weeks MSC024WED1 14 Feb - 16 May		<b>Distance</b> 12 weeks MSC023DL 12 Feb - 13 May		<b>Tuesday</b> 12.30pm - 4.00pm Intensive HER004TUE 20 Feb, 13 Mar, 10 Apr & 1 May	
<b>Wednesday</b> 6.30pm - 8.30pm 12 weeks MSC024WED2 14 Feb - 16 May				<b>Distance</b> 7 weeks HER004DL 12 Feb - 8 Apr	
<b>Distance</b> 12 weeks MSC024DL 12 Feb - 13 May					

## A-Z UNIT LISTING CONTINUED

### Building Your Successful Practice \$525

**Monday** 6.30pm - 8.30pm 12 weeks  
PROF012MON 12 Feb - 7 May

**Distance** 12 weeks  
PROF012DL 12 Feb - 13 May

### Clinical Practice 1A (Nat/Herbs) \$870

**Tuesday** 9.30am - 2.30pm Intensive  
NAT006TUE 13, 27 Feb, 13 Mar, 3, 17 Apr & 1 May

**Distance** 12 weeks  
NAT006DL 12 Feb - 13 May

### Clinical Practice 1B (Nat/Herbs) \$870

**Thursday** 9.30am - 2.30pm Intensive  
NAT007THU 15 Feb, 1, 15 Mar, 5, 19 Apr & 3 May

**Distance** 12 weeks  
NAT007DL 12 Feb - 13 May

### Clinical Practice 1C (Nat/Herbs) \$870

**Distance** 12 weeks  
NAT008DL 12 Feb - 13 May

### Communicate with Clients \$360

**Saturday** 9.30am - 4.30pm Intensive  
PROF003SAT 24 Mar & 14 Apr

**Distance** 7 weeks  
PROF003DL 12 Feb - 8 Apr

### Herbal Medicine 1A - Materia Medica \$610

**Tuesday** 10.00am - 12.00pm 12 weeks  
HER001TUE 13 Feb - 8 May

**Monday** 6.30pm - 8.30pm 12 weeks  
HER001MON 12 Feb - 7 May

**Distance** 12 weeks  
HER001DL 12 Feb - 13 May

### Herbal Medicine 1B - Materia Medica \$610

**Distance** 12 weeks  
HER002DL 12 Feb - 13 May

### Herbal Medicine 1C - Materia Medica \$610

**Distance** 12 weeks  
HER003DL 12 Feb - 13 May

### Herbal Therapeutics 2 (GIT) \$610

**Thursday** 9.30am - 11.30am 12 weeks  
HER007THU1 15 Feb - 10 May

**Thursday** 6.30pm - 8.30pm 12 weeks  
HER007THU2 15 Feb - 10 May

**Distance** 12 weeks  
HER007DL 12 Feb - 13 May

### Integrative Anatomy & Physiology \$625

**Wednesday** 12.00pm - 2.00pm 12 weeks  
MSC025WED 12 Feb - 7 May

**Distance** 12 weeks  
MSC025DL 12 Feb - 13 May

### Symptomatology, Diagnosis & Pathology 1A \$625

**Wednesday** 12.00pm - 2.00pm 12 weeks  
MSC011WED 14 Feb - 16 May

**Distance** 12 weeks  
MSC011DL 12 Feb - 13 May

### Symptomatology, Diagnosis & Pathology 1B \$625

**Wednesday** 9.45am - 11.45am 12 weeks  
MSC012WED 14 Feb - 16 May

**Distance** 12 weeks  
MSC012DL 12 Feb - 13 May

### Symptomatology, Diagnosis & Pathology 1C \$625

**Distance** 12 weeks  
MSC013DL 12 Feb - 13 May

### CLINIC

### Clinical Practice 2 (Herbal Medicine) \$925

**Wednesday** 12.00pm-3.30pm 12 weeks  
HERWED 14 Feb - 16 May

**Saturday** 9.30am-1.00pm 12 weeks  
HERSAT 17 Feb - 12 May

## CERTIFICATE IN HOMEOPATHY

**Duration:** 1 Year Part-Time (3 Terms)  
**Commences:** Intake in February, May & September  
**Delivery Mode:** On-Campus and Distance Learning

### Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	• Foundations of Homœopathy A	• Foundations of Homœopathy B	• Foundations of Homœopathy C

Foundations of Homœopathy A \$825

**Distance** 12 weeks  
 HOM001DL 12 Feb - 13 May

**Thursday** 6.00pm - 9.00pm 12 weeks  
 HOM001THU 15 Feb - 10 May

## CERTIFICATE IN NATUROPATHY

- Duration:** This course may be completed in 1 Term, or extended over 1 Year
- Commences:** February, May & September - Annual Intake
- Delivery Mode:** On-Campus and Distance Learning

### Study Plan

### Course Content

- Introduction to Natural Medicine
- Introduction to Nutrition
- Herbal Medicine 1A Materia Medica

## Guide to Curriculum Changes for Continuing Students

Introduction to Natural Medicine is equivalent to Holistic Medicine Philosophy

Herbal Medicine 1A - Materia Medica		\$610
<b>Tuesday</b> HER001TUE	10.00am - 12.00pm 13 Feb - 8 May	12 weeks
<b>Monday</b> HER001MON	6.30pm - 8.30pm 12 Feb - 7 May	12 weeks
<b>Distance</b> HER001DL		12 weeks 12 Feb - 13 May

Introduction to Natural Medicine		\$495
<b>Monday</b> NAT016MON	10.00am - 2.00pm 19, 26 Feb, 5, 12 & 19 Mar	Intensive
<b>Distance</b> NAT016DL		10 weeks 12 Feb - 29 Apr

Introduction to Nutrition		\$495
<b>Friday</b> NUT001FRI	10.00am - 2.00pm 23 Feb - 23 Mar	Intensive
<b>Monday</b> NUT001MON	6.00pm-9.30pm 12 Feb - 19 Mar	6 weeks
<b>Distance</b> NUT001DL		10 weeks 12 Feb - 29 Apr

## DIPLOMA OF HOLISTIC WELLNESS COACHING | NEW!

**Duration:** 1 Year (3 Terms)  
**Commences:** February - Annual Intake  
**Delivery Mode:** On-Campus and Distance Learning

### Study Plan

	Study Period 1	Study Period 2	Study Period 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>Cellular Ageing - Living for Longevity</li> <li>The Holistic Health Toolkit</li> <li>Introduction to Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>Food as Medicine</li> <li>Mental, Emotional &amp; Spiritual Wellness</li> <li>The Resilience Mindset</li> <li>Wellness Coaching Skills</li> </ul>	<ul style="list-style-type: none"> <li>Weight Management Strategies</li> <li>Creating Self-Care Plans</li> <li>The Successful Wellness Coach</li> <li>Introduction to Psychoneuroimmunology-Based Relaxation Therapy</li> </ul>

Cellular Aging for Longevity \$175		
<b>Saturday</b> CALSAT	9.30am - 4.30pm	Workshop 28 Apr
<b>Distance</b> CALDL	4 weeks	26 Feb - 25 Mar

Introduction to Nutrition \$495		
<b>Friday</b> NUT001FRI	10.00am - 2.00pm	Intensive 23 Feb - 23 Mar
<b>Monday</b> NUT001MON	6.00pm-9.30pm	6 weeks 12 Feb - 19 Mar
<b>Distance</b> NUT001DL	10 weeks	12 Feb - 29 Apr

Food as Medicine \$495		
<b>Friday</b> NUT002FRI	10.00am - 2.00pm	Intensive 6 Apr - 4 May
<b>Monday</b> NUT002MON	6.00pm-9.30pm	6 weeks 26 Mar - 7 May
<b>Distance</b> NUT002DL	10 weeks	12 Feb - 29 Apr

Intro to Psychoneuroimmunology Based Relaxation Therapy \$165		
<b>Friday</b> PNIMAY	9.30am - 3.30pm	Workshop 4-May

The Holistic Health Toolkit \$475		
<b>Friday</b> HHTFRI	9.30am - 3.30pm	Intensive 2, 23 Mar & 13 Apr
<b>Distance</b> HHTDL	9 weeks	12 Feb - 22 Apr

The Successful Wellness Coach \$325		
<b>Friday</b> WEL001FRI	11.00am - 3.00pm	Intensive 23 Mar, 20 Apr & 11 May
<b>Distance</b> WEL001DL	12 weeks	12 Feb - 13 May

Weight Management Strategies \$525		
<b>Distance</b> NUT023DL	12 weeks	12 Feb - 13 May

Wellness Coaching Skills \$495		
<b>Friday</b> WEL002FRI	12.00pm - 3.00pm	Intensive 16, 23 Feb, 9, 16 Mar 27 Apr & 4 May
<b>Distance</b> WEL002DL	12 weeks	12 Feb - 13 May



## ADVANCED DIPLOMA OF INTEGRATIVE NATURAL HEALTH

**Duration:** 2 Years Full-Time or 3 Years Part-Time

**Commences:** February - Annual Intake

**Delivery Mode:** On-Campus and Distance Learning

### Full-Time Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Foundations of Nutrition A</li> <li>Introduction to Natural Medicine</li> <li>Herbal Medicine 1A</li> <li>Bach Flower Remedies</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Foundations of Nutrition B</li> <li>Body Chemistry A</li> <li>Herbal Medicine 1B</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Principles of Micronutrients A</li> <li>Body Chemistry B</li> <li>Herbal Medicine 1C</li> <li>Naturopathic Diagnosis</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Principles of Micronutrients B</li> <li>Symptomatology, Diagnosis &amp; Pathology 1A</li> <li>Herbal Therapeutics 2 (GIT)</li> <li>Clinical Practice 1A (Nat/Herbs)</li> <li>Clinical Practice 2A (Nat/Herbs) (Including Safe Practices)</li> <li>Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics A</li> <li>Symptomatology, Diagnosis &amp; Pathology 1B</li> <li>Herbal Therapeutics 2 (Repro)</li> <li>Clinical Practice 1B (Nat/Herbs)</li> <li>Clinical Practice 2B (Nat/Herbs)</li> <li>Iridology 1A</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics B</li> <li>Symptomatology, Diagnosis &amp; Pathology 1C</li> <li>Herbal Therapeutics 2 (Resp)</li> <li>Building Your Successful Practice</li> <li>Clinical Practice 2C (Nat/Herbs)</li> <li>Iridology 1B</li> </ul>

### Part-Time Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Foundations of Nutrition A</li> <li>Herbal Medicine 1A</li> <li>Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Foundations of Nutrition B</li> <li>Herbal Medicine 1B</li> <li>Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Principles of Micronutrients A</li> <li>Herbal Medicine 1C</li> <li>Body Chemistry B</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Principles of Micronutrients B</li> <li>Herbal Therapeutics 2 (GIT)</li> <li>Symptomatology, Diagnosis &amp; Pathology 1A</li> <li>Bach Flower Remedies</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics A</li> <li>Herbal Therapeutics 2 (Repro)</li> <li>Symptomatology, Diagnosis &amp; Pathology 1B</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics B</li> <li>Herbal Therapeutics 2 (Resp)</li> <li>Symptomatology, Diagnosis &amp; Pathology 1C</li> <li>Naturopathic Diagnosis</li> </ul>
	Study Period 7	Study Period 8	Study Period 9
Year 3	<ul style="list-style-type: none"> <li>Communicate with Clients</li> <li>Clinical Practice 1A (Nat/Herbs)</li> <li>Clinical Practice 2A (Nat/Herbs) (Including Safe Practices)</li> </ul>	<ul style="list-style-type: none"> <li>Iridology 1A</li> <li>Clinical Practice 1B (Nat/Herbs)</li> <li>Clinical Practice 2B (Nat/Herbs)</li> </ul>	<ul style="list-style-type: none"> <li>Iridology 1B</li> <li>Building Your Successful Practice</li> <li>Clinical Practice 2C (Nat/Herbs)</li> </ul>

### Guide to Curriculum Changes for Continuing Students

Introduction to Natural Medicine is equivalent to Holistic Medicine Philosophy

Plan & Manage a Healthcare Business is equivalent to Building your Successful Practice

## A-Z LISTING OF UNITS OFFERED IN TERM 1

<b>Anatomy &amp; Physiology Body Structure</b> \$625	<b>Anatomy &amp; Physiology Body Systems</b> \$625	<b>Building Your Successful Practice</b> \$525
<b>Wednesday</b> 9.30am - 11.30am 12 weeks MSC024WED1 14 Feb - 16 May	<b>Distance</b> 12 weeks MSC023DL 12 Feb - 13 May	<b>Monday</b> 6.30pm - 8.30pm 12 weeks PROF012MON 12 Feb - 7 May
<b>Wednesday</b> 6.30pm - 8.30pm 12 weeks MSC024WED2 14 Feb - 16 May	<b>Bach Flower Remedies</b> \$615	<b>Distance</b> 12 weeks PROF012DL 12 Feb - 13 May
<b>Distance</b> 12 weeks MSC024DL 12 Feb - 13 May	<b>Monday</b> 10.00am - 2.00pm Intensive NAT002MON 26 Mar, 9, 16, 23, 30 Apr & 7 May	
	<b>Distance</b> 12 weeks NAT002DL 12 Feb - 13 May	

## A-Z LISTING OF UNITS CONTINUED

### Clinical Practice 1A (Nat/Herbs) \$870

**Tuesday** 9.30am - 2.30pm Intensive  
NAT006TUE 13, 27 Feb, 13 Mar, 3, 17 Apr & 1 May  
**Distance** 12 weeks  
NAT006DL 12 Feb - 13 May

### Clinical Practice 1B (Nat/Herbs) \$870

**Thursday** 9.30am - 2.30pm Intensive  
NAT007THU 15 Feb, 1, 15 Mar, 5, 19 Apr & 3 May  
**Distance** 12 weeks  
NAT007DL 12 Feb - 13 May

### Clinical Practice 1C (Nat/Herbs) \$870

**Distance** 12 weeks  
NAT008DL 12 Feb - 13 May

### Communicate with Clients \$360

**Saturday** 9.30am - 4.30pm Intensive  
PROF006SAT 24 Mar & 14 Apr  
**Distance** 7 weeks  
PROF006DL 12 Feb - 8 Apr

### Foundations of Nutrition A \$610

**Wednesday** 12.00pm - 2.00pm 12 weeks  
NUT003WED 14 Feb - 16 May  
**Tuesday** 6.30pm - 8.30pm 12 weeks  
NUT003TUE 13 Feb - 8 May  
**Distance** 12 weeks  
NUT003DL 12 Feb - 13 May

### Herbal Medicine 1A - Materia Medica \$610

**Tuesday** 10.00am - 12.00pm 12 weeks  
HER001TUE 13 Feb - 8 May  
**Monday** 6.30pm - 8.30pm 12 weeks  
HER001MON 12 Feb - 7 May  
**Distance** 12 weeks  
HER001DL 12 Feb - 13 May

### Herbal Medicine 1B - Materia Medica \$610

**Distance** 12 weeks  
HER002DL 12 Feb - 13 May

### Herbal Medicine 1C - Materia Medica \$610

**Distance** 12 weeks  
HER003DL 12 Feb - 13 May

### Herbal Therapeutics 2 (GIT) \$610

**Thursday** 9.30am - 11.30am 12 weeks  
HER007THU1 15 Feb - 10 May  
**Thursday** 6.30pm - 8.30pm 12 weeks  
HER007THU2 15 Feb - 10 May  
**Distance** 12 weeks  
HER007DL 12 Feb - 13 May

### Integrative Anatomy & Physiology \$625

**Wednesday** 12.00pm - 2.00pm 12 weeks  
MSC025WED 12 Feb - 7 May  
**Distance** 12 weeks  
MSC025DL 12 Feb - 13 May

### Introduction to Natural Medicine \$495

**Monday** 10.00am - 2.00pm Intensive  
NAT001MON 19, 26 Feb, 5, 12 & 19 Mar  
**Distance** 10 weeks  
NAT001DL 12 Feb - 29 Apr

### Naturopathic Diagnosis \$610

**Tuesday** 9.30am - 1.30pm Intensive  
NAT005TUE 20 Feb, 6, 20 Mar, 10, 24 Apr & 8 May  
**Distance** 12 weeks  
NAT005DL 12 Feb - 13 May

### Nutritional Therapeutics A \$610

**Distance** 12 weeks  
NUT009DL 12 Feb - 13 May

### Nutritional Therapeutics B \$610

**Wednesday** 2.30pm - 4.30pm 12 weeks  
NUT010WED 14 Feb - 16 May  
**Distance** 12 weeks  
NUT010DL 12 Feb - 13 May

### Principles of Micronutrients A \$610

**Distance** 12 weeks  
NUT006DL 12 Feb - 13 May

### Principles of Micronutrients B \$610

**Wednesday** 9.30am - 11.30am 12 weeks  
NUT007WED 14 Feb - 16 May  
**Distance** 12 weeks  
NUT007DL 12 Feb - 13 May

### Symptomatology, Diagnosis & Pathology 1A \$625

**Wednesday** 12.00pm - 2.00pm 12 weeks  
MSC011WED 14 Feb - 16 May  
**Distance** 12 weeks  
MSC011DL 12 Feb - 13 May

### Symptomatology, Diagnosis & Pathology 1B \$625

**Wednesday** 9.45am - 11.45am 12 weeks  
MSC012WED 14 Feb - 16 May  
**Distance** 12 weeks  
MSC012DL 12 Feb - 13 May

### Symptomatology, Diagnosis & Pathology 1C \$625

**Distance** 12 weeks  
MSC013DL 12 Feb - 13 May

### CLINIC

### Clinical Practice 2 (Naturopathy) \$1,060

**Monday** 9.30am - 1.30pm 12 weeks  
NATMON 12 Feb - 7 May  
**Monday** 5.00pm - 9.00pm 12 weeks  
NATMON2 12 Feb - 7 May  
**Tuesday** 5.00pm - 9.00pm 12 weeks  
NATTUE 13 Feb - 8 May  
**Friday** 9.00am - 1.00pm 12 weeks  
NATFRI1 16 Feb - 11 May  
**Friday** 1.00pm - 5.00pm 12 weeks  
NATFRI2 16 Feb - 11 May  
**Saturday** 9.00am - 1.00pm 12 weeks  
NATSAT1 17 Feb - 12 May  
**Saturday** 1.00pm - 5.00pm 12 weeks  
NATSAT2 17 Feb - 12 May

## CERTIFICATE IN NUTRITION

- Duration:** This course may be completed in Term 1, or extended over 2 Terms
- Commences:** Intake in February, May & September
- Delivery Mode:** On-Campus and Distance Learning

### Study Plan

#### Course Content

#### Year 1

- Introduction to Nutrition
- Food as Medicine

### Guide to Curriculum Changes for Continuing Students

Food Fundamentals is equivalent to Food as Medicine

Introduction to Nutrition			Food as Medicine		
		\$495			\$495
<b>Friday</b>	10.00am - 2.00pm	Intensive	<b>Friday</b>	10.00am - 2.00pm	Intensive
NUT001FRI		23 Feb - 23 Mar	NUT002FRI		6 Apr - 4 May
<b>Monday</b>	6.00pm-9.30pm	6 weeks	<b>Monday</b>	6.00pm-9.30pm	6 weeks
NUT001MON		12 Feb - 19 Mar	NUT002MON		26 Mar - 7 May
<b>Distance</b>		10 weeks	<b>Distance</b>		10 weeks
NUT001DL		12 Feb - 29 Apr	NUT002DL		12 Feb - 29 Apr

## PROFESSIONAL CERTIFICATE IN FOOD & NUTRITION COACHING

**Duration:** 2 Terms  
**Commences:** Intake in February, May & September  
**Delivery Mode:** On-Campus and Distance Learning

### Study Plan

	Study Period 1	Study Period 2
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Introduction to Nutrition</li> <li>• The Psychology of Food</li> <li>• Wellness Coaching Skills</li> </ul>	<ul style="list-style-type: none"> <li>• Food as Medicine</li> <li>• Weight Management Strategies</li> <li>• The Successful Wellness Coach</li> </ul>

### Guide to Curriculum Changes for Continuing Students

Food Fundamentals is equivalent to Food as Medicine.  
 Wellness Coaching in Practice is equivalent to Wellness Coaching Skills.  
 Nutrition for Adolescents or Weight Management Strategies.

<b>Food as Medicine</b> \$495 <b>Friday</b> 10.00am - 2.00pm Intensive NUT002FRI 6 Apr - 4 May <b>Monday</b> 6.00pm-9.30pm 6 weeks NUT002MON 26 Mar - 7 May <b>Distance</b> 10 weeks NUT002DL 12 Feb - 29 Apr	<b>Psychology of Food</b> \$95 <b>Sunday</b> 10.00am - 2.00pm Workshop NUT027SUN 8-Apr <b>Distance</b> 4 weeks NUT027DL 26 Feb - 25 Mar	<b>Weight Management Strategies</b> \$525 <b>Distance</b> 12 weeks NUT023DL 12 Feb - 13 May
<b>Introduction to Nutrition</b> \$495 <b>Friday</b> 10.00am - 2.00pm Intensive NUT001FRI 23 Feb - 23 Mar <b>Monday</b> 6.00pm-9.30pm 6 weeks NUT001MON 12 Feb - 19 Mar <b>Distance</b> 10 weeks NUT001DL 12 Feb - 29 Apr	<b>The Successful Wellness Coach</b> \$325 <b>Friday</b> 11.00am - 3.00pm Intensive WEL001FRI 23 Mar, 20 Apr & 11 May <b>Distance</b> 12 weeks WEL001DL 12 Feb - 13 May	<b>Wellness Coaching Skills</b> \$495 <b>Friday</b> 12.00pm - 3.00pm Intensive WEL002FRI 16, 23 Feb, 9, 16 Mar 27 Apr & 4 May <b>Distance</b> 12 weeks WEL002DL 12 Feb - 13 May

## ADVANCED DIPLOMA OF INTEGRATIVE NUTRITIONAL THERAPEUTICS

**Duration:** 2 Years Full-Time or 3 Years Part-Time

**Commences:** February - Annual Intake

**Delivery Mode:** On-Campus and Distance Learning

### Full-Time Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Foundations of Nutrition A</li> <li>Communicate with Clients</li> <li>Food as Medicine</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Foundations of Nutrition B</li> <li>Body Chemistry A</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Principles of Micronutrients A</li> <li>Body Chemistry B</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Principles of Micronutrients B</li> <li>Symptomatology, Diagnosis &amp; Pathology 1A</li> <li>Clinical Practice 1A Nutrition</li> <li>Clinical Practice 2A (Nutrition) (Including Safe Practices)</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics A</li> <li>Symptomatology, Diagnosis &amp; Pathology 1B</li> <li>Clinical Practice 1B Nutrition</li> <li>Clinical Practice 2B Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics B</li> <li>Symptomatology, Diagnosis &amp; Pathology 1C</li> <li>Building Your Successful Practice</li> <li>Clinical Practice 2C Nutrition</li> </ul>

### Full-Time Study Plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Foundations of Nutrition A</li> <li>Food as Medicine</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Foundations of Nutrition B</li> <li>Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Principles of Micronutrients A</li> <li>Body Chemistry B</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Principles of Micronutrients B</li> <li>Symptomatology, Diagnosis &amp; Pathology 1A</li> <li>Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics A</li> <li>Symptomatology, Diagnosis &amp; Pathology 1B</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics B</li> <li>Symptomatology, Diagnosis &amp; Pathology 1C</li> </ul>
	Study Period 7	Study Period 8	Study Period 9
Year 3	<ul style="list-style-type: none"> <li>Clinical Practice 1A Nutrition</li> <li>Clinical Practice 2A (Nutrition) (Including Safe Practices)</li> </ul>	<ul style="list-style-type: none"> <li>Clinical Practice 1B Nutrition</li> <li>Clinical Practice 2B Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>Building Your Successful Practice</li> <li>Clinical Practice 2C Nutrition</li> </ul>

### Guide to Curriculum Changes for Continuing Students

Food Fundamentals is equivalent to Food as Medicine

Plan & Manage a Healthcare Business is equivalent to Building your Successful

## A-Z LISTING OF UNITS OFFERED IN TERM 1

Choose one class option for each unit you are doing this term as guided by the study plan.

<b>Anatomy &amp; Physiology Body Structure</b> \$625 <b>Wednesday</b> 9.30am - 11.30am 12 weeks MSC024WED1 14 Feb - 16 May <b>Wednesday</b> 6.30pm - 8.30pm 12 weeks MSC024WED2 14 Feb - 16 May <b>Distance</b> 12 weeks MSC024DL 12 Feb - 13 May	<b>Building Your Successful Practice</b> \$525 <b>Monday</b> 6.30pm - 8.30pm 12 weeks PROF012MON 12 Feb - 7 May <b>Distance</b> 12 weeks PROF012DL 12 Feb - 13 May	<b>Clinical Practice 1B (Nut)</b> \$460 <b>Monday</b> 9.30am - 1.30pm Intensive NUT013MON 19 Feb, 12 Mar, 9 & 30 Apr <b>Distance</b> 12 weeks NUT013DL 12 Feb - 13 May
<b>Anatomy &amp; Physiology Body Systems</b> \$625 <b>Distance</b> 12 weeks MSC023DL 12 Feb - 13 May	<b>Clinical Practice 1A (Nut)</b> \$460 <b>Monday</b> 9.30am - 1.30pm Intensive NUT012MON 12 Feb, 5, 26 Mar & 23 Apr <b>Distance</b> 12 weeks NUT012DL 12 Feb - 13 May	<b>Clinical Practice 1C (Nut)</b> \$460 <b>Distance</b> 12 weeks NUT014DL 12 Feb - 13 May



## A-Z LISTING OF UNITS CONTINUED

<b>Communicate with Clients</b> \$360			<b>Nutritional Therapeutics C</b> \$610			<b>CLINIC</b>		
<b>Saturday</b>	9.30am - 4.30pm	Intensive 24 Mar & 14 Apr	<b>Distance</b>		12 weeks	<b>Clinical Practice 2 (Nutrition)</b> \$925		
PROF006SAT			NUT011DL		12 Feb - 13 May	<b>Monday</b>	1.30pm - 5.00pm	12 weeks 12 Feb - 7 May
<b>Distance</b>		7 weeks	<b>Principles of Micronutrients A</b> \$610			<b>Tuesday</b>	9.30am - 1.00pm	12 weeks 13 Feb - 8 May
PROF006DL		12 Feb - 8 Apr	<b>Distance</b>		12 weeks	<b>Tuesday</b>	1.00pm - 4.30pm	12 weeks 13 Feb - 8 May
			NUT006DL		12 Feb - 13 May	<b>Tuesday</b>	5.30pm - 9.00pm	12 weeks 14 Feb - 16 May
<b>Food as Medicine</b> \$495			<b>Principles of Micronutrients B</b> \$610			<b>Wednesday</b>	10.30am - 2.00pm	12 weeks 15 Feb - 10 May
<b>Friday</b>	10.00am - 2.00pm	Intensive 6 Apr - 4 May	<b>Wednesday</b>	9.30am - 11.30am	12 weeks			
NUT002FRI			NUT007WED		14 Feb - 16 May			
<b>Monday</b>	6.00pm-9.30pm	6 weeks 26 Mar - 7 May	<b>Distance</b>		12 weeks			
NUT002MON			NUT007DL		12 Feb - 13 May			
<b>Distance</b>		10 weeks	<b>Symptomatology, Diagnosis &amp; Pathology 1A</b> \$625					
NUT002DL		12 Feb - 29 Apr	<b>Wednesday</b>	12.00pm - 2.00pm	12 weeks			
			NUT003WED		14 Feb - 16 May			
<b>Foundations of Nutrition A</b> \$610			<b>Tuesday</b>	6.30pm - 8.30pm	12 weeks			
<b>Wednesday</b>	12.00pm - 2.00pm	12 weeks	NUT003TUE		13 Feb - 8 May			
NUT003WED		14 Feb - 16 May	<b>Distance</b>		12 weeks			
<b>Tuesday</b>	6.30pm - 8.30pm	12 weeks	NUT003DL		12 Feb - 13 May			
NUT003TUE		13 Feb - 8 May	<b>Integrative Anatomy &amp; Physiology</b> \$625					
<b>Distance</b>		12 weeks	<b>Wednesday</b>	12.00pm - 2.00pm	12 weeks			
NUT003DL		12 Feb - 13 May	MSC025WED		12 Feb - 7 May			
			<b>Distance</b>		12 weeks			
<b>Integrative Anatomy &amp; Physiology</b> \$625			MSC025DL		12 Feb - 13 May			
<b>Wednesday</b>	12.00pm - 2.00pm	12 weeks	<b>Nutritional Therapeutics A</b> \$610					
MSC025WED		12 Feb - 7 May	<b>Distance</b>		12 weeks			
<b>Distance</b>		12 weeks	NUT009DL		12 Feb - 13 May			
MSC025DL		12 Feb - 13 May	<b>Nutritional Therapeutics B</b> \$610					
			<b>Wednesday</b>	2.30pm - 4.30pm	12 weeks			
<b>Nutritional Therapeutics A</b> \$610			NUT010WED		14 Feb - 16 May			
<b>Distance</b>		12 weeks	<b>Distance</b>		12 weeks			
NUT009DL		12 Feb - 13 May	NUT010DL		12 Feb - 13 May			
			<b>Symptomatology, Diagnosis &amp; Pathology 1C</b> \$625					
<b>Nutritional Therapeutics B</b> \$610			<b>Distance</b>		12 weeks			
<b>Wednesday</b>	2.30pm - 4.30pm	12 weeks	MSC013DL		12 Feb - 13 May			
NUT010WED		14 Feb - 16 May						
<b>Distance</b>		12 weeks						
NUT010DL		12 Feb - 13 May						