

## CERTIFICATE IN WHOLEFOOD & PLANT-BASED NUTRITION

**Duration:** This course may be completed in 1 Term, or extended over 2 Terms

**Intake:** Commencing February, June & September

**Academic Year:** The academic year consists of 3 x 12 week Terms

### Study options:

All subjects have a schedule duration & and online scheduled class time.

Enjoy the ease of watching the class live in our virtual classroom or watch the recording at your leisure.

You can choose to:

- Attend the scheduled class lesson live in real-time online via the Nature Care Student Portal OR
- Review the live recording and course content at your leisure in-line with your own weekly study schedule
- You can attend the live class and watch the recording as revision.

### Course Study Plan Overview

Students must complete the Certificate in the duration outlined, otherwise you may put yourself at risk of not completing.

### Study Plan

#### Course content

#### Subjects

- Food As Medicine
- Food Production, Environment & Farming Methods
- Psychology of Food
- Wholefood & Plant-Based Nutrition

## COURSE TIMETABLE - TERM 1 – Commences 21<sup>st</sup> of February

Food as Medicine	\$555 (Incl. GST)
<b>Thu. Online</b> NUT002THU	6.30pm – 8.30pm 10 weeks 10 Mar - 12 May

Psychology Of Food	\$145 (Incl. GST)
<b>Wed. Online</b> NUT027WED	6.30pm – 8.30pm 2 Classes 4 & 11 May

Wholefood & Plant-Based Nutrition	\$385 (Incl. GST)
<b>Wed. Online</b> NUT029WED	6.30pm – 8.30pm 6 weeks 23 Feb – 30 Mar
*Plus self-directed learning with video resources	

Food Production, Environment & Farming Methods	\$190 (Incl. GST)
<b>Distance</b> NUT030DL	6 weeks 21 Feb - 3 April
*This subject is not a live online class	