



BOOKLIST

PROFESSIONAL CERTIFICATE OF POSITIVE MENTAL HEALTH COACHING

Compulsory Textbooks

NOTE: If a subject from your course program is not listed in this document, then there is no compulsory textbook for the subject

POSITIVE MENTAL HEALTH AND FLOURISHING

AND

POSITIVE INTERVENTIONS AND CLIENT GOALS

Compton, W & Hoffman, E (2019). *Positive psychology: the science of happiness and flourishing* (2nd ed. or later). SAGE Publications, US.

Some suggested sources:

- **Booktopia:** <https://www.booktopia.com.au/>
- **Amazon AU:** <https://www.amazon.com.au/>
- **Bookdepository:** <https://www.bookdepository.com/>