



BOOKLIST

PROFESSIONAL CERTIFICATE OF NATURAL REMEDIES

Compulsory Textbooks

NOTE: If a subject from your course program is not listed in this document, then there is no compulsory textbook for the subject

AROMATHERAPY ESSENTIALS

Battaglia, S. (2004). *The complete guide to aromatherapy* (2nd ed). The Perfect Potion, Australia.

NOTE: Please do not purchase the 3rd edition of this title (published in 3 large volumes). The 2nd edition covers all topics needed for the above units.

Source: Perfect Potion: [online shop](#) or from one of their physical shop [locations](#)

BACH FLOWER REMEDIES

Bach, E. (2005). *The essential writings of Dr Bach: the twelve healers and heal thyself*. Random House.

And

Barnard, J. (1979). *A Guide to the Bach Flower Remedies*. C.W. Daniel, Essex, UK.

And

Weeks, N. (1973). *The Medical Discoveries of Edward Bach*. C.W. Daniel, Essex, UK.

FOUNDATIONS OF NUTRITION A & B

Whitney, E. et al. (2019). *Understanding nutrition* (4th Australian and NZ ed.). Cengage Learning, Australia.

HERBAL MANUFACTURING

Tan, E & Adams, J. (2012). *Herbal Manufacturing: how to make medicines from plants* (2nd ed). Eleanor Tan.

Available from the following sources:

1. **Books@Stones:** <https://www.booksatstones.com.au/>
2. **Email the author directly:** eleanor.d.tan@gmail.com (EFT or Paypal only)

HERBAL MEDICINE A, B & C – MATERIA MEDICA

Bartram, T. (1998 or reprints). *Bartram's encyclopedia of herbal medicine*. Little Brown, UK.

AND

Griggs, B. (1997). *Green pharmacy: the history and evolution of western herbal medicine*, revised edition. Healing Arts Press, USA.

PRINCIPLES OF MICRONUTRIENTS A & B

Higdon, J. (2011). *An evidence -based approach to vitamins and minerals* (2nd ed). Thiems, Germany.

(Information can also be found via Linus Pauling Institute Micronutrient Information Centre: <https://lpi.oregonstate.edu/mic>)

Elective Units:

ADVANCED AROMATHERAPY

Battaglia, S. (2004). *The complete guide to aromatherapy* (2nd ed). The Perfect Potion, Australia.

NOTE: Please do not purchase the 3rd edition of this title (published in 3 large volumes). The 2nd edition covers all topics needed for the above units.

Source: Perfect Potion: [online shop](#) or from one of their physical shop [locations](#)

Some suggested sources for all textbooks unless otherwise stated above:

- **Booktopia:** <https://www.booktopia.com.au/>
- **The Nile:** <https://www.thenile.com.au/>
- **Amazon AU:** <https://www.amazon.com.au/>
- **Bookdepository:** <https://www.bookdepository.com/>

- In addition to the above sources, *Understanding Nutrition* is also available via the publisher website: **Cengage:** <https://au.cengage.com/>

Essential Oil Sample Kits - Optional sample kits for Aromatherapy Essentials and Advanced Aromatherapy that include 1mL samples of each essential oil profiled in these courses are available for purchase. If you do not have your own essential oil collection, these kits are really useful to bring your learning experience to life!



Nature Care College

SAMPLE KIT ORDER FORM

Please tick which sample kit you would like to purchase:

- Aromatherapy Essentials Sample Kit – \$35.00
18 x 1mL Essential Oils
- Advanced Aromatherapy Sample Kit –\$30.00
12 x 1mL Essential Oils
- The Holistic Health Toolkit – \$40.00
7 x 1mL Essential Oils, 1 x 10mL Rescue Remedy, 1 x Loose Leaf Tea Sample & Tea Infuser

Personal Details

Title (Mr, Mrs, Miss / Ms: _____

Given Names: _____

Surname: _____

Nature Care Student Number: _____

Phone Number: _____

Postal Address:

Suburb: _____

State: _____

Post Code: _____

Payment Options

Please charge my credit card: Visa Mastercard

Card Number:

Expiry date

Postage: Standard Post - \$8.95

Express Post - \$11.95

CCV

TOTAL PAYMENT \$ _____

Cardholder Name (print): _____

Cardholder Signature _____