

## 2024 ADVANCED DIPLOMA OF CLINICAL WESTERN HERBAL MEDICINE TIMETABLE

**Duration:** 3 years, 4 years OR 5 years

**Intake:** Annual intake commencing on 21 February

**Academic Year:** The academic year consists of 3 x 12-week Terms

### Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

\*Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

### Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

#### 3 Year Study Plan

	Term 1	Term 2	Term 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Herbal Medicine A</li> <li>• Introduction to Natural Medicine</li> <li>• Botany</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Herbal Medicine B</li> <li>• Body Chemistry A</li> <li>• Medicinal Weeds</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Herbal Medicine C</li> <li>• Body Chemistry B</li> <li>• Herbal Manufacturing</li> </ul>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics A</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> <li>• Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics B</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> <li>• Clinical Assessment Techniques</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics C</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> <li>• Safe Practices</li> <li>• Pharmacology</li> </ul>
<b>Year 3</b>	<ul style="list-style-type: none"> <li>• Clinical Case Studies A (Nat/Herbs)</li> <li>• Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Case Studies B (Nat/Herbs)</li> <li>• Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence Based Practice</li> <li>• Building Your Successful Practice</li> </ul>
In 3rd year 200 hours of Clinical Practice Herbal Medicine Training			

#### 4 Year Study Plan

	Term 1	Term 2	Term 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Herbal Medicine A</li> <li>• Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Herbal Medicine B</li> <li>• Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Herbal Medicine C</li> <li>• Body Chemistry B</li> </ul>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Botany</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> </ul>	<ul style="list-style-type: none"> <li>• Medicinal Weeds</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Manufacturing</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> </ul>
<b>Year 3</b>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics A</li> <li>• Communicate with Clients</li> <li>• Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics B</li> <li>• Clinical Assessment Techniques</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics C</li> <li>• Safe Practices</li> <li>• Pharmacology</li> </ul>
<b>Year 4</b>	<ul style="list-style-type: none"> <li>• Clinical Case Studies A (Nat/Herbs)</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Case Studies B (Nat/Herbs)</li> <li>• Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>• Building Your Successful Practice</li> <li>• Evidence Based Practice</li> </ul>
In 4th year 200 hours of Clinical Practice Herbal Medicine Training			

5 Year Study Plan			
	Term 1	Term 2	Term 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Herbal Medicine A</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Herbal Medicine B</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Herbal Medicine C</li> </ul>
	Term 1	Term 2	Term 3
<b>Year 2</b>	<ul style="list-style-type: none"> <li>Botany</li> <li>Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>Medicinal Weeds</li> <li>Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Manufacturing</li> <li>Body Chemistry B</li> </ul>
	Term 1	Term 2	Term 3
<b>Year 3</b>	<ul style="list-style-type: none"> <li>Herbal Therapeutics A</li> <li>Symptomatology, Diagnosis &amp; Pathology A</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Therapeutics B</li> <li>Symptomatology, Diagnosis &amp; Pathology B</li> </ul>	<ul style="list-style-type: none"> <li>Herbal Therapeutics C</li> <li>Symptomatology, Diagnosis &amp; Pathology C</li> </ul>
	Term 1	Term 2	Term 3
<b>Year 4</b>	<ul style="list-style-type: none"> <li>Communicate with Clients</li> <li>Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Communicate in Health</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Safe Practices</li> <li>Pharmacology</li> </ul>
	Term 1	Term 2	Term 3
<b>Year 5</b>	<ul style="list-style-type: none"> <li>Clinical Case Studies A (Nat/Herbs)</li> </ul>	<ul style="list-style-type: none"> <li>Clinical Case Studies B (Nat/Herbs)</li> <li>Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>Building Your Successful Practice</li> <li>Evidence Based Practice</li> </ul>
In 5th year 200 hours of Clinical Practice Herbal Medicine Training			

### 2024 Timetables:

3-year timetable starts on page **3**  
 4-year timetable starts on page **5**  
 5-year timetable starts on page **8**  
 Clinical Practice Training on page **12**

## 3-Year Study Plan

### 2<sup>nd</sup> Year Timetable

#### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics A</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	21 Feb – 8 May	12 weeks
<b>Communicate with Clients</b> (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
<b>Symptomatology, Diagnosis &amp; Pathology A</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics B</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Communicate in Health</b> (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
<b>Clinical Assessment Techniques</b> (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)
<b>Symptomatology, Diagnosis &amp; Pathology B</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)

#### Term 3 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics C</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	18 Sep – 4 Dec	12 weeks
<b>Pharmacology</b> (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology C</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks
<b>Safe Practices</b> (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks

## 3-Year Study Plan

### 3<sup>rd</sup> Year Timetable

---

#### Term 1 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies A (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	22 Feb – 16 May	12 weeks (excl. 25 Apr)
<b>Naturopathic Diagnosis</b> (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies B (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	6 Jun – 29 Aug	12 weeks (excl. 11 Jul)
<b>Develop Professional Expertise</b> (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

#### Term 3 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Evidence Based Practice</b> (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
<b>Building Your Successful Practice</b> (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

*Clinical Practice Training timetable on the last page*

## 4-Year Study Plan

### 2nd Year Timetable

Term 1 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Botany</b> (incl. GST \$465)	Thursday Online Virtual Classroom	9.30am – 11.30am	7 Mar – 18 Apr	7 weeks
<b>Symptomatology, Diagnosis &amp; Pathology A</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Medicinal Weeds</b> (incl. GST \$465)	Thursday Online Virtual Classroom	9.30am – 11.30am	18 Jul – 29 Aug	7 weeks
<b>Symptomatology, Diagnosis &amp; Pathology B</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)

Term 3 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Manufacturing</b> (Incl. GST \$510)	Thursday Online Virtual Classroom	9.30am – 11.30am (on 21 & 28 Nov 9.00am – 12.00 pm)	31 Oct – 5 Dec	6 weeks
<b>Symptomatology, Diagnosis &amp; Pathology C</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks

## 4-Year Study Plan

### 3rd Year Timetable

Term 1 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics A</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	21 Feb – 8 May	12 weeks
<b>Communicate with Clients</b> (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
<b>Naturopathic Diagnosis</b> (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics B</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Communicate in Health</b> (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
<b>Clinical Assessment Techniques</b> (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)

Term 3 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics C</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	18 Sep – 4 Dec	12 weeks
<b>Pharmacology</b> (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks
<b>Safe Practices</b> (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks

## 4 -Year Study Plan

### 4th Year Timetable

---

#### Term 1 = One Subject + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies A (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies B (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	6 Jun – 29 Aug	12 weeks (excl. 11 Jul)
<b>Develop Professional Expertise</b> (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

#### Term 3 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Evidence Based Practice</b> (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
<b>Building Your Successful Practice</b> (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

*Clinical Practice Training timetable on the last page*

## 5-Year Study Plan

### 2nd Year Timetable

Term 1 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Botany</b> (incl. GST \$465)	Thursday Online Virtual Classroom	9.30am – 11.30am	7 Mar – 18 Apr	7 weeks
<b>Introduction to Natural Medicine</b> (incl. GST \$575)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 2 May	10 weeks (excl. 25 Apr)

Term 2 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Medicinal Weeds</b> (incl. GST \$465)	Thursday Online Virtual Classroom	9.30am – 11.30am	18 Jul – 29 Aug	7 weeks
<b>Body Chemistry A</b> (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 8 Aug	9 weeks (excl. 11 Jul)

Term 3 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Manufacturing</b> (Incl. GST \$510)	Thursday Online Virtual Classroom	9.30am – 11.30am (on 21 & 28 Nov 9.00am – 12.00 pm)	31 Oct – 5 Dec	6 weeks
<b>Body Chemistry B</b> (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	19 Sep – 14 Nov	9 weeks



## 5-Year Study Plan

### 3rd Year Timetable

---

#### Term 1 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics A</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	21 Feb – 8 May	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology A</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics B</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Symptomatology, Diagnosis &amp; Pathology B</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)

#### Term 3 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics C</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	18 Sep – 4 Dec	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology C</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks

## 5 -Year Study Plan

### 4th Year Timetable

---

#### Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate with Clients</b> (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
<b>Naturopathic Diagnosis</b> (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate in Health</b> (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
<b>Clinical Assessment Techniques</b> (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 10 Jul)

#### Term 3 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Safe Practices</b> (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks
<b>Pharmacology</b> (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks

## 5 -Year Study Plan

### 5th Year Timetable

---

#### Term 1 = One subject + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies A (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies B (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	6 Jun – 29 Aug	12 weeks (excl. 11 Jul)
<b>Develop Professional Expertise</b> (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

#### Term 3 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Evidence Based Practice</b> (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
<b>Building Your Successful Practice</b> (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

*Clinical Practice Training timetable on the last page*

## Clinical Practice Training Timetable: Term 1

---

Clinical Practice Training (Herbs)		
50 hours per session		
Online Virtual Clinic		
\$1750 (Incl. GST)		
<b>Wednesday</b>	5.00pm – 9.00pm	13 weeks 21 Feb – 15 May
<b>OR</b>		
<b>Friday</b>	9.00am-1.00pm	13 weeks 23 Feb – 24 May (excl. 29 Mar)
<i>*Week one 2 hours only</i>		