

## 2023 ADVANCED DIPLOMA OF CLINICAL WESTERN HERBAL MEDICINE TIMETABLE

**Duration:** 3 years OR 4 years

**Intake:** Annual intake commencing in February

**Academic Year:** The academic year consists of 3 x 12 week Terms

### Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

\*Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

### Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

#### 3 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Herbal Medicine A</li> <li>• Introduction to Natural Medicine</li> <li>• Botany</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Herbal Medicine B</li> <li>• Body Chemistry A</li> <li>• Medicinal Weeds</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Herbal Medicine C</li> <li>• Body Chemistry B</li> <li>• Herbal Manufacturing</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Herbal Therapeutics A</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> <li>• Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics B</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> <li>• Clinical Assessment Techniques</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics C</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> <li>• Safe Practices</li> <li>• Pharmacology</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Clinical Case Studies A (Nat/Herbs) (was Clinical Practice 1A Nat/Herbs)</li> <li>• Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Case Studies B (Nat/Herbs) (was Clinical Practice 1B Nat/Herbs)</li> <li>• Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence Based Practice</li> <li>• Building Your Successful Practice</li> </ul>

In 3rd year 200 hours of Clinical Practice Herbal Medicine Training

#### 4 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Herbal Medicine A</li> <li>• Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Herbal Medicine B</li> <li>• Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Herbal Medicine C</li> <li>• Body Chemistry B</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Botany</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> </ul>	<ul style="list-style-type: none"> <li>• Medicinal Weeds</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Manufacturing</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Herbal Therapeutics A</li> <li>• Communicate with Clients</li> <li>• Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics B</li> <li>• Clinical Assessment Techniques</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Herbal Therapeutics C</li> <li>• Safe Practices</li> <li>• Pharmacology</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• Clinical Case Studies A (Nat/Herbs) (was Clinical Practice 1A Nat/Herbs)</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Case Studies B (Nat/Herbs) (was Clinical Practice 1B Nat/Herbs)</li> <li>• Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>• Building Your Successful Practice</li> <li>• Evidence Based Practice</li> </ul>

In 4th year 200 hours of Clinical Practice Herbal Medicine Training

### 3-Year Study Plan - 1<sup>st</sup> Year Timetable

Term 1 = Four subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Medicine A</b> (\$815 Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.00am	22 Feb - 10 May	12 weeks
<b>Anatomy &amp; Physiology Body Structure</b> (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb - 10 May	12 weeks
<b>Botany</b> (\$465 Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	23 Feb – 6 Apr	7 weeks
<b>Introduction to Natural Medicine</b> (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	23 Feb – 27 April	10 weeks

Term 2 = Four subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Medicine B</b> (\$815 Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.00am	7 Jun - 23 Aug	12 weeks
<b>Anatomy &amp; Physiology Body Systems</b> (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	7 Jun - 23 Aug	12 weeks
<b>Medicinal Weeds</b> (\$465 Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	15 Jun – 27 Jul	7 weeks
<b>Body Chemistry A</b> (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	8 Jun - 3 Aug	9 weeks

Term 3 = Four subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Integrative Anatomy &amp; Physiology</b> (\$755 Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep - 28 Nov	12 weeks
<b>Herbal Medicine C</b> (\$815 Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.00am	13 Sep - 29 Nov	12 weeks
<b>Herbal Manufacturing</b> (\$510 Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	26 Oct - 30 Nov (16 & 23 Nov: 11.30am – 2.30pm)	6 weeks
<b>Body Chemistry B</b> (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	14 Sep - 9 Nov	9 weeks

## 3-Year Study Plan - 2<sup>nd</sup> Year Timetable

### Term 1 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate with Clients</b> \$445 (Incl. GST)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 4 Apr	7 weeks
<b>Herbal Therapeutics A</b> \$1020 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am – 11.30pm	22 Feb - 10 May	12 weeks
<b>Symptomatology, Diagnosis and Pathology A</b> \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	24 Feb - 12 May	12 weeks

### Term 2 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate in Health</b> \$495 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	6 Jun - 25 Jul	8 weeks
<b>Herbal Therapeutics B</b> \$1020 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am – 11.30pm	7 Jun - 23 Aug	12 weeks
<b>Symptomatology, Diagnosis and Pathology B</b> \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	8 Jun - 24 Aug	12 weeks
<b>Clinical Assessment Techniques</b> \$395 (Incl. GST)	Thursday Online Virtual Classroom	3.00pm – 5.0pm	8 Jun - 13 Jul	6 weeks

### Term 3 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics C</b> \$1020 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	13 Sep – 29 Nov	12 weeks
<b>Pharmacology</b> \$895 (Incl. GST)	Monday Online Virtual Classroom	6.30pm – 8.30pm	11 Sep – 4 Dec	12 weeks (excl. 2 Oct)
<b>Symptomatology, Diagnosis and Pathology C</b> \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	14 Sep – 30 Nov	12 weeks
<b>Safe Practices</b> \$185 (Incl. GST)	Distance (Online) (NO live class)	Distance (Online)	11 Sep - 22 Oct	6 weeks

### 3-Year Study Plan - 3<sup>rd</sup> Year Timetable

Term 1 = One subject + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies A (Nat/Herbs)</b> (was Clinical Practice 1A Nat/Herbs) \$1025 (Incl. GST)	Thursday Online Virtual Classroom	9.00am - 11.30am	23 Feb - 11 May	12 weeks
<b>Naturopathic Diagnosis</b> \$820 (Incl. GST)	Thursday Online Virtual Classroom	12pm – 2pm	23 Feb - 11 May	12 weeks

Term 2 = Two subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
<b>Develop Professional Expertise</b> \$820 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	6 Jun – 22 Aug	12 weeks
<b>Clinical Case Studies B (Nat/Herbs)</b> (was Clinical Practice 1B Nat/Herbs) \$1025 (Incl. GST)	Thursday Online Virtual Classroom	9.00am - 11.30am	8 Jun -24 Aug	12 weeks

Term 3 = Two subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
<b>Building Your Successful Practice</b> \$820 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep – 28 Nov	12 weeks
<b>Evidence Based Practice</b> \$675 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm (*21 Nov, 4.00pm - 5.00pm)	12 Sep – 21 Nov	11 weeks

### 3<sup>rd</sup> YEAR CLINICAL PRACTICE TRAINING TIMETABLE: Term 3

Clinical Practice Training (Naturopathy)		
50 hours per session		
Online Virtual Clinic		
\$1820 (Incl. GST)		
<b>Tuesday</b>	5.00pm – 9.00pm	13 weeks 12 Sep – 5 Dec
OR		
<b>Friday</b>	9.30am-1.30pm	13 weeks 15 Sep – 8 Dec
<i>*Week one 2 hours only</i>		

## 4-Year Study Plan - 1<sup>st</sup> Year Timetable

Term 1 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Medicine A</b> (\$815 Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.00am	22 Feb - 10 May	12 weeks
<b>Anatomy &amp; Physiology Body Structure</b> (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb - 10 May	12 weeks
<b>Introduction to Natural Medicine</b> (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	23 Feb – 27 April	10 weeks

Term 2 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Medicine B</b> (\$815 Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.00am	7 Jun - 23 Aug	12 weeks
<b>Anatomy &amp; Physiology Body Systems</b> (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	7 Jun - 23 Aug	12 weeks
<b>Body Chemistry A</b> (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	8 Jun - 3 Aug	9 weeks

Term 3 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Integrative Anatomy &amp; Physiology</b> (\$755 Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep - 28 Nov	12 weeks
<b>Herbal Medicine C</b> (\$815 Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.00am	13 Sep - 29 Nov	12 weeks
<b>Body Chemistry B</b> (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	14 Sep - 9 Nov	9 weeks

## 4-Year Study Plan – 2nd Year Timetable

Term 1 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Symptomatology, Diagnosis and Pathology A</b> \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	23 Feb - 11 May	12 weeks
<b>Botany</b> (\$465 Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	23 Feb – 6 Apr	7 weeks

Term 2 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Symptomatology, Diagnosis and Pathology B</b> \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	8 Jun - 24 Aug	12 weeks
<b>Medicinal Weeds</b> (\$465 Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	15 Jun – 27 Jul	7 weeks

Term 3 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Symptomatology, Diagnosis and Pathology C</b> \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	14 Sep – 30 Nov	12 weeks
<b>Herbal Manufacturing</b> (\$510 Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	26 Oct - 30 Nov (16 & 23 Nov: 11.30am – 2.30pm)	6 weeks

## 4-Year Study Plan – 3rd Year Timetable

Term 1 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate with Clients</b> \$445 (Incl. GST)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 4 Apr	7 weeks
<b>Herbal Therapeutics A</b> \$1020 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am – 11.30am	22 Feb - 10 May	12 weeks
<b>Naturopathic Diagnosis</b> \$820 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	23 Feb - 11 May	12 weeks

Term 2 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate in Health</b> \$495 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm - 3.00pm	6 Jun - 25 Jul	8 weeks
<b>Herbal Therapeutics B</b> \$1020 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am – 11.30pm	7 Jun - 23 Aug	12 weeks
<b>Clinical Assessment Techniques</b> \$395 (Incl. GST)	Thursday Online Virtual Classroom	3.00pm – 5.00pm	8 Jun - 13 Jul	6 weeks

Term 3 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics C</b> \$1020 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	13 Sep – 29 Nov	12 weeks
<b>Pharmacology</b> \$895 (Incl. GST)	Monday Online Virtual Classroom	6.30pm – 8.30pm	11 Sep – 4 Dec	12 weeks (excl. 2 Oct)
<b>Safe Practices</b> \$185 (Incl. GST)	Distance (Online) (NO live class)	Distance (Online)	11 Sep - 22 Oct	6 weeks

## 4 -Year Study Plan – 4th Year Timetable

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### Term 1 = One Subject + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Case Studies A (Nat/Herbs)</b> (was Clinical Practice 1A Nat/Herbs) \$1025 (Incl. GST)	Thursday Online Virtual Classroom	9.00am - 11.30am	23 Feb - 11 May	12 weeks

### Term 2 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Develop Professional Expertise</b> \$820 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	6 Jun – 22 Aug	12 weeks
<b>Clinical Case Studies B (Nat/Herbs)</b> (was Clinical Practice 1B Nat/Herbs) \$1025 (Incl. GST)	Thursday Online Virtual Classroom	9.00am - 11.30am	8 Jun -24 Aug	12 weeks

### Term 3 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Building Your Successful Practice</b> \$820 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep – 28 Nov	12 weeks
<b>Evidence Based Practice</b> \$675 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	12 Sep – 21 Nov (*21 Nov, 4.00pm - 5.00pm)	11 weeks

## 4<sup>th</sup> YEAR CLINICAL PRACTICE TRAINING TIMETABLE: Term 3

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Clinical Practice Training (Naturopathy)			
50 hours per session			
Online Virtual Clinic			
\$1820 (Incl. GST)			
<b>Tuesday</b>	5.00pm – 9.00pm	13 weeks	12 Sep – 5 Dec
OR			
<b>Friday</b>	9.30am - 1.30pm	13 weeks	15 Sep – 8 Dec
<i>*Week one 2 hours only</i>			