

2024 ADVANCED DIPLOMA OF CLINICAL NUTRITION TIMETABLE

Duration: 3 years, 4 years or 5 years

Intake: Annual intake commencing 21 February

Academic Year: The academic year consists of 3 x 12-week terms

Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

*Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

** As Nutritional Therapeutics A/B Tutorials are designed to be a discussion group, live online attendance in at least two sessions is required

Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

3 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> • Anatomy & Physiology Body Structure • Foundations of Nutrition A • Introduction to Natural Medicine 	<ul style="list-style-type: none"> • Anatomy & Physiology Body Systems • Foundations of Nutrition B • Body Chemistry A 	<ul style="list-style-type: none"> • Integrative Anatomy & Physiology • Principles of Micronutrients A • Body Chemistry B • Food As Medicine
Year 2	<ul style="list-style-type: none"> • Principles of Micronutrients B • Symptomatology, Diagnosis & Pathology A • Communicate with Clients 	<ul style="list-style-type: none"> • Nutritional Therapeutics A • Nutritional Therapeutics A Tutorials** • Symptomatology, Diagnosis & Pathology B • Clinical Assessment Techniques • Communicate in Health 	<ul style="list-style-type: none"> • Nutritional Therapeutics B • Nutritional Therapeutics B Tutorials** • Symptomatology, Diagnosis & Pathology C • Safe Practices • Pharmacology
Year 3	<ul style="list-style-type: none"> • Clinical Case Studies A (Nut) • Naturopathic Diagnosis 	<ul style="list-style-type: none"> • Clinical Case Studies B (Nut) • Develop Professional Expertise 	<ul style="list-style-type: none"> • Evidence Based Practice • Building Your Successful Practice
In 3rd year 200 hours of Clinical Practice Nutrition Training			

~ 4 and 5 -year study plans on the next page ~

4 Year Study Plan			
	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> Anatomy & Physiology Body Structure Foundations of Nutrition A 	<ul style="list-style-type: none"> Anatomy & Physiology Body Systems Foundations of Nutrition B Body Chemistry A 	<ul style="list-style-type: none"> Integrative Anatomy & Physiology Introduction to Natural Medicine Body Chemistry B
	Term 1	Term 2	Term 3
Year 2	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology A Food As Medicine 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology B Clinical Assessment Techniques 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology C Principles of Micronutrients A Safe Practices
	Term 1	Term 2	Term 3
Year 3	<ul style="list-style-type: none"> Principles of Micronutrients B Communicate with Clients 	<ul style="list-style-type: none"> Nutritional Therapeutics A Nutritional Therapeutics A Tutorials Communicate in Health 	<ul style="list-style-type: none"> Nutritional Therapeutics B Nutritional Therapeutics B Tutorials Pharmacology
	Term 1	Term 2	Term 3
Year 4	<ul style="list-style-type: none"> Clinical Case Studies A (Nut) Naturopathic Diagnosis 	<ul style="list-style-type: none"> Clinical Case Studies B (Nut) Develop Professional Expertise 	<ul style="list-style-type: none"> Building Your Successful Practice Evidence Based Practice
In 4th year 200 hours of Clinical Practice Nutrition Training			

5 Year Study Plan			
	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> Anatomy & Physiology Body Structure Foundations of Nutrition A 	<ul style="list-style-type: none"> Anatomy & Physiology Body Systems Foundations of Nutrition B 	<ul style="list-style-type: none"> Integrative Anatomy & Physiology Food As Medicine
	Term 1	Term 2	Term 3
Year 2	<ul style="list-style-type: none"> Introduction to Natural Medicine Communicate with Clients 	<ul style="list-style-type: none"> Body Chemistry A Communicate in Health 	<ul style="list-style-type: none"> Principles of Micronutrients A Body Chemistry B
	Term 1	Term 2	Term 3
Year 3	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology A Principles of Micronutrients B 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology B Clinical Assessment Techniques 	<ul style="list-style-type: none"> Symptomatology, Diagnosis & Pathology C Pharmacology
	Term 1	Term 2	Term 3
Year 4	<ul style="list-style-type: none"> Naturopathic Diagnosis 	<ul style="list-style-type: none"> Nutritional Therapeutics A Nutritional Therapeutics A Tutorials 	<ul style="list-style-type: none"> Safe Practices Nutritional Therapeutics B Nutritional Therapeutics B Tutorials
	Term 1	Term 2	Term 3
Year 5	<ul style="list-style-type: none"> Clinical Case Studies A (Nut) 	<ul style="list-style-type: none"> Clinical Case Studies B (Nut) Develop Professional Expertise 	<ul style="list-style-type: none"> Building Your Successful Practice Evidence Based Practice
In 5th year 200 hours of Clinical Practice Nutrition Training			

2024 Timetables:

3-year timetable starts on page 3
 4-year timetable starts on page 5
 5-year timetable starts on page 8
 Clinical Practice Training on page 12

3-Year Study Plan

2nd Year Timetable

Term 1 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients B (incl. GST \$995)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	21 Feb – 8 May	12 weeks
Communicate with Clients (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
Symptomatology, Diagnosis & Pathology A (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Five Subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics A (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
Communicate in Health (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
Clinical Assessment Techniques (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)
Symptomatology, Diagnosis & Pathology B (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)
Nutritional Therapeutics A Tutorials** (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	20 Jun, 18 Jul, 8 Aug, 29 Aug	4 classes

Term 3 = Five Subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics B (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	18 Sep – 5 Dec	12 weeks
Pharmacology (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks
Symptomatology, Diagnosis & Pathology C (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks
Nutritional Therapeutics B Tutorials (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	3 & 24 Oct, 14 Nov, 5 Dec	4 classes
Safe Practices (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks

3-Year Study Plan

3rd Year Timetable

Term 1 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Clinical Case Studies A (Nut) (incl. GST \$565)	Thursday Online Virtual Classroom	9.00am – 11.00am	22 Feb – 11 Apr	8 weeks
Naturopathic Diagnosis (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Clinical Case Studies B (Nut) (incl. GST \$565)	Thursday Online Virtual Classroom	9.00am – 11.00am	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)
Develop Professional Expertise (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

Term 3 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Evidence Based Practice (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
Building Your Successful Practice (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

Clinical Practice Training timetable on the last page

4-Year Study Plan

2nd Year Timetable

Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Symptomatology, Diagnosis & Pathology A (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)
Food as Medicine (incl. GST \$595)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	5 Mar – 7 May	10 weeks

Term 2 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Clinical Assessment Techniques (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)
Symptomatology, Diagnosis & Pathology B (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)

Term 3 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients A (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	18 Sep – 4 Dec	12 weeks
Symptomatology, Diagnosis & Pathology C (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks
Safe Practices (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks

4-Year Study Plan

3rd Year Timetable

Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients B (incl. GST \$995)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	21 Feb – 8 May	12 weeks
Communicate with Clients (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks

Term 2 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics A (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
Communicate in Health (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
Nutritional Therapeutics A Tutorials** (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	20 Jun, 18 Jul, 8 Aug, 29 Aug	4 classes

Term 3 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics B (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	18 Sep – 4 Dec	12 weeks
Pharmacology (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks
Nutritional Therapeutics B Tutorials (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	3 & 24 Oct, 14 Nov, 5 Dec	4 classes

4-Year Study Plan

4th Year Timetable

Term 1 = Two Subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
Clinical Case Studies A (Nut) (incl. GST \$565)	Thursday Online Virtual Classroom	9.00am – 11.00am	22 Feb – 11 Apr	8 weeks
Naturopathic Diagnosis (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Two Subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
Clinical Case Studies B (Nut) (incl. GST \$565)	Thursday Online Virtual Classroom	9.00am – 11.00am	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)
Develop Professional Expertise (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

Term 3 = Two Subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
Evidence Based Practice (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
Building Your Successful Practice (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

Clinical Practice Training timetable on the last page

5-Year Study Plan

2nd Year Timetable

Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate with Clients (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
Introduction to Natural Medicine (incl. GST \$575)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 2 May	10 weeks (excl. 25 Apr)

Term 2 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate in Health (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
Body Chemistry A (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 8 Aug	9 weeks (excl. 11 Jul)

Term 3 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients A (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	18 Sep – 4 Dec	12 weeks
Body Chemistry B (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	19 Sep – 14 Nov	9 weeks

5-Year Study Plan

3rd Year Timetable

Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients B (incl. GST \$995)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	21 Feb – 8 May	12 weeks
Symptomatology, Diagnosis & Pathology A (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Clinical Assessment Techniques (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)
Symptomatology, Diagnosis & Pathology B (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)

Term 3 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Pharmacology (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks
Symptomatology, Diagnosis & Pathology C (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks

5-Year Study Plan

4th Year Timetable

Term 1 = One Subject				
Subject Name	Class schedule	Time	Dates	Duration
Naturopathic Diagnosis (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

Term 2 = Two Subjects				
Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics A (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
Nutritional Therapeutics A Tutorials** (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	20 Jun, 18 Jul, 8 Aug, 29 Aug	4 classes

Term 3 = Two Subjects				
Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics B (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	19 Sep – 5 Dec	12 weeks
Nutritional Therapeutics B Tutorials (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	3 & 24 Oct, 14 Nov, 5 Dec	4 classes
Safe Practices (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks

5-Year Study Plan

5th Year Timetable

Term 1 = One Subject + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Clinical Case Studies A (Nut) (incl. GST \$565)	Thursday Online Virtual Classroom	9.00am – 11.00am	22 Feb – 11 Apr	8 weeks

Term 2 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Clinical Case Studies B (Nut) (incl. GST \$565)	Thursday Online Virtual Classroom	9.00am – 11.00am	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)
Develop Professional Expertise (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

Term 3 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Evidence Based Practice (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
Building Your Successful Practice (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

Clinical Practice Training timetable on the last page

Clinical Practice Training Timetable: Term 1

Clinical Practice Training (Nutrition)		
50 hours per session		
Online Virtual Clinic		
\$1750 (Incl. GST)		
Tuesday	5.00pm – 9.00pm	13 weeks 20 Feb – 14 May
OR		
Wednesday	9.00am – 1.00pm	13 weeks 21 Feb – 15 May
<i>*Week 1 two hours only</i>		