

## 2024 ADVANCED DIPLOMA OF CLINICAL NUTRITION TIMETABLE

**Duration:** 3 years, 4 years or 5 years

**Intake:** Annual intake commencing 21 February

**Academic Year:** The academic year consists of 3 x 12-week terms

### Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

\*Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

\*\* As Nutritional Therapeutics A/B Tutorials are designed to be a discussion group, live online attendance in at least two sessions is required

### Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

#### 3 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Foundations of Nutrition A</li> <li>• Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Foundations of Nutrition B</li> <li>• Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Principles of Micronutrients A</li> <li>• Body Chemistry B</li> <li>• Food As Medicine</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Principles of Micronutrients B</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> <li>• Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>• Nutritional Therapeutics A</li> <li>• Nutritional Therapeutics A Tutorials**</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> <li>• Clinical Assessment Techniques</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Nutritional Therapeutics B</li> <li>• Nutritional Therapeutics B Tutorials**</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> <li>• Safe Practices</li> <li>• Pharmacology</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Clinical Case Studies A (Nut)</li> <li>• Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Case Studies B (Nut)</li> <li>• Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence Based Practice</li> <li>• Building Your Successful Practice</li> </ul>
In 3rd year 200 hours of Clinical Practice Nutrition Training			

~ 4 and 5 -year study plans on the next page ~

4 Year Study Plan			
	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Foundations of Nutrition A</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Foundations of Nutrition B</li> <li>Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Introduction to Natural Medicine</li> <li>Body Chemistry B</li> </ul>
	Term 1	Term 2	Term 3
Year 2	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology A</li> <li>Food As Medicine</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology B</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology C</li> <li>Principles of Micronutrients A</li> <li>Safe Practices</li> </ul>
	Term 1	Term 2	Term 3
Year 3	<ul style="list-style-type: none"> <li>Principles of Micronutrients B</li> <li>Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics A</li> <li>Nutritional Therapeutics A Tutorials</li> <li>Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics B</li> <li>Nutritional Therapeutics B Tutorials</li> <li>Pharmacology</li> </ul>
	Term 1	Term 2	Term 3
Year 4	<ul style="list-style-type: none"> <li>Clinical Case Studies A (Nut)</li> <li>Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Clinical Case Studies B (Nut)</li> <li>Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>Building Your Successful Practice</li> <li>Evidence Based Practice</li> </ul>
In 4th year 200 hours of Clinical Practice Nutrition Training			

5 Year Study Plan			
	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Foundations of Nutrition A</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Foundations of Nutrition B</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Food As Medicine</li> </ul>
	Term 1	Term 2	Term 3
Year 2	<ul style="list-style-type: none"> <li>Introduction to Natural Medicine</li> <li>Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>Body Chemistry A</li> <li>Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>Principles of Micronutrients A</li> <li>Body Chemistry B</li> </ul>
	Term 1	Term 2	Term 3
Year 3	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology A</li> <li>Principles of Micronutrients B</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology B</li> <li>Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>Symptomatology, Diagnosis &amp; Pathology C</li> <li>Pharmacology</li> </ul>
	Term 1	Term 2	Term 3
Year 4	<ul style="list-style-type: none"> <li>Naturopathic Diagnosis</li> </ul>	<ul style="list-style-type: none"> <li>Nutritional Therapeutics A</li> <li>Nutritional Therapeutics A Tutorials</li> </ul>	<ul style="list-style-type: none"> <li>Safe Practices</li> <li>Nutritional Therapeutics B</li> <li>Nutritional Therapeutics B Tutorials</li> </ul>
	Term 1	Term 2	Term 3
Year 5	<ul style="list-style-type: none"> <li>Clinical Case Studies A (Nut)</li> </ul>	<ul style="list-style-type: none"> <li>Clinical Case Studies B (Nut)</li> <li>Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>Building Your Successful Practice</li> <li>Evidence Based Practice</li> </ul>
In 5th year 200 hours of Clinical Practice Nutrition Training			

### 2024 Year 1 Timetables:

3-year timetable starts on page 3

4-year timetable starts on page 4

5-year timetable starts on page 5

## 3-Year Study Plan

### 1<sup>st</sup> Year Timetable

#### Term 1 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Anatomy &amp; Physiology Body Structure</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	21 Feb – 8 May	12 weeks
<b>Foundations of Nutrition A</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	21 Feb – 8 May	12 weeks
<b>Introduction to Natural Medicine</b> (incl. GST \$575)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 2 May	10 weeks (excl. 25 Apr)

#### Term 2 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Anatomy &amp; Physiology Body Systems</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Foundations of Nutrition B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Body Chemistry A</b> (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm - 2.00pm	6 Jun – 8 Aug	9 weeks (excl. 11 Jul)

#### Term 3 = Four Subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Integrative Anatomy &amp; Physiology</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	18 Sep – 4 Dec	12 weeks
<b>Principles of Micronutrients A</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	18 Sep – 4 Dec	12 weeks
<b>Body Chemistry B</b> (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	19 Sep – 14 Nov	9 weeks
<b>Food as Medicine</b> (incl. GST \$595)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	3 Oct – 5 Dec	10 weeks

## 4-Year Study Plan - 1<sup>st</sup> Year Timetable

Term 1 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Anatomy &amp; Physiology Body Structure</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	21 Feb – 8 May	12 weeks
<b>Foundations of Nutrition A</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	21 Feb – 8 May	12 weeks

Term 2 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Anatomy &amp; Physiology Body Systems</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Foundations of Nutrition B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Body Chemistry A</b> (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm - 2.00pm	6 Jun – 8 Aug	9 weeks (excl. 11 Jul)

Term 3 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Integrative Anatomy &amp; Physiology</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	18 Sep – 4 Dec	12 weeks
<b>Introduction to Natural Medicine</b> (incl. GST \$575)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 20 Nov	10 weeks
<b>Body Chemistry B</b> (incl. GST \$595)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	19 Sep – 14 Nov	9 weeks

## 5-Year Study Plan - 1<sup>st</sup> Year Timetable

Term 1 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Anatomy &amp; Physiology Body Structure</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	21 Feb – 8 May	12 weeks
<b>Foundations of Nutrition A</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	21 Feb – 8 May	12 weeks

Term 2 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Anatomy &amp; Physiology Body Systems</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Foundations of Nutrition B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)

Term 3 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
<b>Integrative Anatomy &amp; Physiology</b> (incl. GST \$750)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	18 Sep – 4 Dec	12 weeks
<b>Food as Medicine</b> (incl. GST \$595)	Thursday Online Virtual Classroom	6.30pm – 6.30pm	3 Oct – 5 Dec	10 weeks