

2023 ADVANCED DIPLOMA OF CLINICAL NUTRITION TIMETABLE

Duration: 3 years OR 4 years

Intake: Annual intake commencing in February

Academic Year: The academic year consists of 3 x 12-week Terms

Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule. You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

*Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

3 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> • Anatomy & Physiology Body Structure • Foundations of Nutrition A • Food As Medicine • Introduction to Natural Medicine 	<ul style="list-style-type: none"> • Anatomy & Physiology Body Systems • Foundations of Nutrition B • Body Chemistry A 	<ul style="list-style-type: none"> • Integrative Anatomy & Physiology • Principles of Micronutrients A • Body Chemistry B
Year 2	<ul style="list-style-type: none"> • Principles of Micronutrients B • Symptomatology, Diagnosis & Pathology A • Communicate with Clients 	<ul style="list-style-type: none"> • Nutritional Therapeutics A • Nutritional Therapeutics A Tutorials • Symptomatology, Diagnosis & Pathology B • Clinical Assessment Techniques • Communicate in Health 	<ul style="list-style-type: none"> • Nutritional Therapeutics B • Nutritional Therapeutics B Tutorials • Symptomatology, Diagnosis & Pathology C • Safe Practices • Pharmacology
Year 3	<ul style="list-style-type: none"> • Clinical Case Studies A (Nut) (was Clinical Practice 1A Nutrition) • Naturopathic Diagnosis 	<ul style="list-style-type: none"> • Clinical Case Studies B (Nut) (was Clinical Practice 1B Nutrition) • Develop Professional Expertise 	<ul style="list-style-type: none"> • Evidence Based Practice • Building Your Successful Practice

In 3rd year 200 hours of Clinical Practice Nutrition Training

4 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> • Anatomy & Physiology Body Structure • Foundations of Nutrition A 	<ul style="list-style-type: none"> • Anatomy & Physiology Body Systems • Foundations of Nutrition B • Body Chemistry A 	<ul style="list-style-type: none"> • Integrative Anatomy & Physiology • Introduction to Natural Medicine • Body Chemistry B
Year 2	<ul style="list-style-type: none"> • Symptomatology, Diagnosis & Pathology A • Food As Medicine 	<ul style="list-style-type: none"> • Symptomatology, Diagnosis & Pathology B • Clinical Assessment Techniques 	<ul style="list-style-type: none"> • Symptomatology, Diagnosis & Pathology C • Principles of Micronutrients A • Safe Practices
Year 3	<ul style="list-style-type: none"> • Principles of Micronutrients B • Communicate with Clients 	<ul style="list-style-type: none"> • Nutritional Therapeutics A • Nutritional Therapeutics A Tutorials • Communicate in Health 	<ul style="list-style-type: none"> • Nutritional Therapeutics B • Nutritional Therapeutics B Tutorials • Pharmacology
Year 4	<ul style="list-style-type: none"> • Clinical Case Studies A (Nut) (was Clinical Practice 1A Nutrition) • Naturopathic Diagnosis 	<ul style="list-style-type: none"> • Clinical Case Studies B (Nut) (was Clinical Practice 1B Nutrition) • Develop Professional Expertise 	<ul style="list-style-type: none"> • Building Your Successful Practice • Evidence Based Practice

In 4th year 200 hours of Clinical Practice Nutrition Training

3-Year Study Plan - 1st Year Timetable

Term 1 = Four Subjects

Subject Name	Class schedule	Time	Dates	Duration
Anatomy & Physiology Body Structure (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb - 10 May	12 weeks
Foundations of Nutrition A (\$995 Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5pm	22 Feb - 10 May	12 weeks
Food As Medicine (\$585 Incl. GST)	Thursday Online Virtual Classroom	12pm – 2.00pm	23 Feb – 27 Apr	10 weeks
Introduction to Natural Medicine (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30m – 4.30pm	23 Feb – 27 Apr	10 weeks

Term 2 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Anatomy & Physiology Body Systems (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	7 Jun – 23 Aug	12 weeks
Foundations of Nutrition B (\$995 Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5pm	7 Jun – 23 Aug	12 weeks
Body Chemistry A (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	8 Jun – 3 Aug	9 weeks

Term 3 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Integrative Anatomy & Physiology (\$755 Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep - 28 Nov	12 weeks
Principles of Micronutrients A (\$995 Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5.00pm	13 Sep – 29 Nov	12 weeks
Body Chemistry B (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	14 Sep – 9 Nov	9 weeks

3-Year Study Plan - 2nd Year Timetable

Term 1 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate with Clients \$445 (Incl. GST)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 4 Apr	7 weeks
Symptomatology, Diagnosis and Pathology A \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	23 Feb – 11 May	12 weeks
Principles of Micronutrients B \$995 (Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5.00pm	22 Feb – 10 May	12 weeks

Term 2 = Five Subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate in Health \$495 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	6 Jun - 25 Jul	8 weeks
Symptomatology, Diagnosis and Pathology B \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	8 Jun - 24 Aug	12 weeks
Nutritional Therapeutics A \$1025 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.30pm	8 Jun - 24 Aug	12 weeks
Clinical Assessment Techniques \$395 (Incl. GST)	Thursday Online Virtual Classroom	3.00pm – 5.00pm	8 Jun - 13 Jul	6 weeks
Nutritional Therapeutics A Tutorials \$395 (Incl. GST)	Thursday Online Virtual Classroom	6.00pm- 9.00pm	22 Jun, 13 Jul, 3 Aug, 24 Aug	4 Classes

Term 3 = Five Subjects

Subject Name	Class schedule	Time	Dates	Duration
Pharmacology \$895 (Incl. GST)	Monday Online Virtual Classroom	6.30pm – 8.30pm	11 Sep – 4 Dec	12 weeks (excl. 2 Oct)
Symptomatology, Diagnosis and Pathology C \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	14 Sep – 30 Nov	12 weeks
Nutritional Therapeutics B \$1025 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.30pm	14 Sep - 30 Nov	12 weeks
Nutritional Therapeutics B Tutorials \$395 (Incl. GST)	Thursday Online Virtual Classroom	6.00pm - 9.00pm	28 Sep, 19 Oct, 9 Nov, 30 Nov	4 Classes
Safe Practices \$185 (Incl. GST)	Distance Learning (Online) (NO live online classes)	Distance (Online)	11 Sep - 22 Oct	6 weeks

3-Year Study Plan - 3rd Year Timetable

Term 1 = Two Subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
Naturopathic Diagnosis \$820 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	23 Feb – 11 May	12 weeks
Clinical Case Studies A (Nut) (was Clinical Practice 1A Nutrition) \$565 (Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	23 Feb – 13 Apr	8 weeks

Term 2 = Two Subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
Develop Professional Expertise \$820 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	6 Jun – 22 Aug	12 weeks
Clinical Case Studies B (Nut) (was Clinical Practice 1B Nutrition) \$565 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	8 Jun - 27 Jul	8 weeks

Term 3 = Two Subjects + Clinical Practice Training				
Subject Name	Class schedule	Time	Dates	Duration
Building Your Successful Practice \$820 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep – 28 Nov	12 weeks
Evidence Based Practice \$675 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm - 5.30pm (*21 Nov, 4.00pm - 5.00pm)	12 Sep – 21 Nov	11 weeks

3rd Year Clinical Practice Training Timetable: Term 3

Clinical Practice Training (Nutrition)			
50 hours per session			
Online Virtual Clinic			
\$1820 (Incl. GST)			
Tuesday	5.00pm – 9.00pm	13 weeks	12 Sep – 5 Dec
OR			
Friday	9.30am-1.30pm	13 weeks	15 Sep – 8 Dec
*Week one 2 hours only			

4-Year Study Plan - 1st Year Timetable

Term 1 = Two subjects				
Subject Name	Class schedule	Time	Dates	Duration
Anatomy & Physiology Body Structure (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb - 10 May	12 weeks
Foundations of Nutrition A (\$995 Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5pm	22 Feb - 10 May	12 weeks

Term 2 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
Anatomy & Physiology Body Systems (\$755 Incl. GST)	Wednesday Online Virtual Classroom	12.00pm – 2.00pm	7 Jun – 23 Aug	12 weeks
Foundations of Nutrition B (\$995 Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5pm	7 Jun – 23 Aug	12 weeks
Body Chemistry A (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	8 Jun - 3 Aug	9 weeks

Term 3 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
Integrative Anatomy & Physiology (\$755 Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep - 28 Nov	12 weeks
Body Chemistry B (\$595 Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	14 Sep – 9 Nov	9 weeks
Introduction to Natural Medicine (\$595 Incl. GST)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	14 Sep – 16 Nov	10 weeks

4-Year Study Plan - 2nd Year Timetable

Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Symptomatology, Diagnosis and Pathology A \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	23 Feb – 11 May	12 weeks
Food As Medicine (\$585 Incl. GST)	Thursday Online Virtual Classroom	12pm – 2.00pm	23 Feb – 27 Apr	10 weeks

Term 2 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Symptomatology, Diagnosis and Pathology B \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	8 Jun - 24 Aug	12 weeks
Clinical Assessment Techniques \$395 (Incl. GST)	Thursday Online Virtual Classroom	3.00pm – 5.00pm	8 Jun - 13 Jul	6 weeks

Term 3 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients A (\$995 Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5pm	13 Sep – 29 Nov	12 weeks
Symptomatology, Diagnosis and Pathology C \$790 (Incl. GST)	Thursday Online Virtual Classroom	9.00am – 11.00am	14 Sep – 30 Nov	12 weeks
Safe Practices \$185 (Incl. GST)	Distance Learning (Online) (NO live online classes)	Distance (Online)	11 Sep - 22 Oct	6 weeks

4-Year Study Plan - 3rd Year Timetable

Term 1 = Two Subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate with Clients \$445 (Incl. GST)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 4 Apr	7 weeks
Principles of Micronutrients B \$995 (Incl. GST)	Wednesday Online Virtual Classroom	2.30pm – 5.00pm	22 Feb – 10 May	12 weeks

Term 2 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate in Health \$495 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	6 Jun - 25 Jul	8 weeks
Nutritional Therapeutics A \$1025(Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.30pm	8 Jun - 24 Aug	12 weeks
Nutritional Therapeutics A Tutorials \$395 (Incl. GST)	Thursday Online Virtual Classroom	6.00pm-9.00pm	22 Jun, 13 Jul, 3 Aug, 24 Aug	4 classes

Term 3 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Pharmacology \$895 (Incl. GST)	Monday Online Virtual Classroom	6.30pm – 8.30pm	11 Sep – 4 Dec	12 weeks (excl. 2 Oct)
Nutritional Therapeutics B \$1025 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.30pm	14 Sep – 30 Nov	12 weeks
Nutritional Therapeutics B Tutorials \$395 (Incl. GST)	Thursday Online Virtual Classroom	6.00pm-9.00pm	28 Sep, 19 Oct, 9 Nov, 30 Nov	4 Classes

4-Year Study Plan - 4th Year Timetable

Term 1 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Naturopathic Diagnosis \$820 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	23 Feb – 11 May	12 weeks
Clinical Case Studies A (Nut) (was Clinical Practice 1A Nutrition) \$565 (Incl. GST)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	23 Feb – 13 Sep	8 weeks

Term 2 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Develop Professional Expertise \$820 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	6 Jun – 22 Aug	12 weeks
Clinical Case Studies B (Nut) (was Clinical Practice 1B Nutrition) \$565 (Incl. GST)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	8 Jun - 27 Jul	8 weeks

Term 3 = Two Subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
Building Your Successful Practice \$820 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	12 Sep – 28 Nov	12 weeks
Evidence Based Practice \$675 (Incl. GST)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm (*21 Nov, 4.00pm - 5.00pm)	12 Sep – 21 Nov	11 weeks

4th Year Clinical Practice Training Timetable: Term 3

Clinical Practice Training (Naturopathy)			
50 hours per session			
Online Virtual Clinic			
\$1820 (Incl. GST)			
Tuesday	5.00pm – 9.00pm	13 weeks	12 Sep – 5 Dec
OR			
Friday	9.30am-1.30pm	13 weeks	15 Sep – 8 Dec
*Week one 2 hours only			