

## 2024 ADVANCED DIPLOMA OF CLINICAL NATUROPATHY TIMETABLE

**Duration:** 3.5 years or 5 years

**Intake:** Annual intake commencing on 21 February

**Academic Year:** The academic year consists of 3 x 12-week terms

### Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time **OR**
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

\*Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

\*\* As Nutritional Therapeutics A/B Tutorials are designed to be a discussion group, live online attendance in at least two sessions is required

### Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

### 3.5 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Botany</li> <li>• Foundations of Nutrition A</li> <li>• Herbal Medicine A</li> <li>• Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Body Chemistry A</li> <li>• Foundations of Nutrition B</li> <li>• Herbal Medicine B</li> <li>• Medicinal Weeds</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Body Chemistry B</li> <li>• Principles of Micronutrients A</li> <li>• Herbal Medicine C</li> <li>• Herbal Manufacturing</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Principles of Micronutrients B</li> <li>• Herbal Therapeutics A</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> <li>• Bach Flower Remedies</li> </ul>	<ul style="list-style-type: none"> <li>• Nutritional Therapeutics A</li> <li>• Nutritional Therapeutics A Tutorials**</li> <li>• Herbal Therapeutics B</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> <li>• Clinical Assessment Techniques</li> </ul>	<ul style="list-style-type: none"> <li>• Nutritional Therapeutics B</li> <li>• Nutritional Therapeutics B Tutorials**</li> <li>• Herbal Therapeutics C</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> <li>• Safe Practices</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Clinical Case Studies A (Nat/Herbs)</li> <li>• Foundations of Homoeopathy A</li> <li>• Naturopathic Diagnosis</li> <li>• Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Case Studies B (Nat/Herbs)</li> <li>• Foundations of Homoeopathy B</li> <li>• Develop Professional Expertise</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Pharmacology</li> <li>• Foundations of Homoeopathy C</li> <li>• Evidence Based Practice</li> <li>• Building Your Successful Practice</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• Homoeopathic Therapeutics</li> <li>• Iridology Fundamentals</li> </ul>	<ul style="list-style-type: none"> <li>• Iridology for Clinical Practice</li> </ul>	

\*In 3rd & 4th year 400 hours of Clinical Practice Training (310 hrs. of Naturopathy and 90 hrs. of Homoeopathy)

~ 5-year study plan on the next page ~

5 Year Study Plan			
	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Structure</li> <li>Herbal Medicine A</li> <li>Botany</li> <li>Introduction to Natural Medicine</li> </ul>	<ul style="list-style-type: none"> <li>Anatomy &amp; Physiology Body Systems</li> <li>Herbal Medicine B</li> <li>Medicinal Weeds</li> <li>Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>Integrative Anatomy &amp; Physiology</li> <li>Herbal Medicine C</li> <li>Herbal Manufacturing</li> <li>Body Chemistry B</li> </ul>
	Term 1	Term 2	Term 3
Year 2	<ul style="list-style-type: none"> <li>Foundations of Nutrition A</li> <li>Herbal Therapeutics A</li> <li>Symptomatology, Diagnosis &amp; Pathology A</li> </ul>	<ul style="list-style-type: none"> <li>Foundations of Nutrition B</li> <li>Herbal Therapeutics B</li> <li>Symptomatology, Diagnosis &amp; Pathology B</li> </ul>	<ul style="list-style-type: none"> <li>Principles of Micronutrients A</li> <li>Herbal Therapeutics C</li> <li>Symptomatology, Diagnosis &amp; Pathology C</li> </ul>
	Term 1	Term 2	Term 3
Year 3	<ul style="list-style-type: none"> <li>Communicate with Clients</li> <li>Naturopathic Diagnosis</li> <li>Principles of Micronutrients B</li> </ul>	<ul style="list-style-type: none"> <li>Communicate in Health</li> <li>Clinical Assessment Techniques</li> <li>Nutritional Therapeutics A</li> <li>Nutritional Therapeutics A Tutorials**</li> </ul>	<ul style="list-style-type: none"> <li>Safe Practices</li> <li>Pharmacology</li> <li>Nutritional Therapeutics B</li> <li>Nutritional Therapeutics B Tutorials**</li> </ul>
	Term 1	Term 2	Term 3
Year 4	<ul style="list-style-type: none"> <li>Clinical Case Studies A (Nat/Herbs)</li> <li>Foundations of Homoeopathy A</li> <li>Bach Flower Remedies</li> </ul>	<ul style="list-style-type: none"> <li>Clinical Case Studies B (Nat/Herbs)</li> <li>Foundations of Homoeopathy B</li> <li>Develop Professional Expertise</li> </ul>	<ul style="list-style-type: none"> <li>Building Your Successful Practice</li> <li>Foundations of Homoeopathy C</li> <li>Evidence Based Practice</li> </ul>
	Term 1	Term 2	Term 3
Year 5	<ul style="list-style-type: none"> <li>Iridology Fundamentals</li> <li>Homoeopathic Therapeutics</li> </ul>	<ul style="list-style-type: none"> <li>Iridology for Clinical Practice</li> </ul>	

\*In 4th & 5th year 400 hours of Clinical Practice Training (310 hrs. of Naturopathy and 90 hrs. of Homoeopathy)

### 2024 Timetables for continuing students:

3.5-year study plan starts on page 3

5-year study plan starts on page 7

Clinical Practice Training Timetable on page 11

2<sup>nd</sup> Year Timetable

**Term 1 = Four subjects**

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics A</b> (incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	21 Feb – 8 May	12 weeks
<b>Principles of Micronutrients B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	21 Feb – 8 May	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology A</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)
<b>Bach Flower Remedies</b> (incl. GST \$795)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

**Term 2 = Five subjects**

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics B</b> (incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Nutritional Therapeutics A</b> (incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Clinical Assessment Techniques</b> (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)
<b>Symptomatology, Diagnosis &amp; Pathology B</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)
<b>Nutritional Therapeutics A Tutorials**</b> (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	20 Jun, 18 Jul, 8 Aug, 29 Aug	4 classes

**Term 3 = Five subjects**

<b>Subject Name</b>	<b>Class schedule</b>	<b>Time</b>	<b>Dates</b>	<b>Duration</b>
<b>Herbal Therapeutics C</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	18 Sep – 4 Dec	12 weeks
<b>Nutritional Therapeutics B</b> (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	18 Sep – 4 Dec	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology C</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks
<b>Nutritional Therapeutics B Tutorials</b> (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	3 & 24 Oct, 14 Nov, 5 Dec	4 classes
<b>Safe Practices</b> (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks

### 3<sup>rd</sup> Year Timetable

#### Term 1 = Four subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Homoeopathy A</b> (incl. GST \$995)	Tuesday Online Virtual Classroom	9.00am – 11.30am	20 Feb – 7 May	12 weeks
<b>Communicate with Clients</b> (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
<b>Clinical Case Studies A (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	22 Feb – 16 May	12 weeks (excl. 25 Apr)
<b>Naturopathic Diagnosis</b> (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Four subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Homoeopathy B</b> (incl. GST \$995)	Tuesday Online Virtual Classroom	9.00am – 11.30am	4 Jun – 27 Aug	12 weeks (excl. 9 Jul)
<b>Communicate in Health</b> (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
<b>Clinical Case Studies B (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	6 Jun – 29 Aug	12 weeks (excl. 11 Jul)
<b>Develop Professional Expertise</b> (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

#### Term 3 = Four subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Homoeopathy C</b> (incl. GST \$995)	Tuesday Online Virtual Classroom	9.00am – 11.30am	17 Sep – 3 Dec	12 weeks
<b>Evidence Based Practice</b> (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm (last class 3.30pm – 4.30pm)	17 Sep – 26 Nov	11 weeks
<b>Building Your Successful Practice</b> (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks
<b>Pharmacology</b> (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks

## 4<sup>th</sup> Year Timetable

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### Term 1 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Homoeopathic Therapeutics</b> (incl. GST \$835)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	20 Feb – 7 May	12 weeks
<b>Iridology Fundamentals</b> (incl. GST \$825)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	20 Feb – 7 May	12 weeks

### Term 2 = One subject + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Iridology for Clinical Practice</b> (incl. GST \$825)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	4 Jun – 27 Aug	12 weeks (excl. 9 Jul)

*5-year study plan timetable starts on next page*

*Clinical Practice Training timetable on the last page*

## 5 Year Study Plan

### 2<sup>nd</sup> Year Timetable

#### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics A</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	21 Feb – 8 May	12 weeks
<b>Foundations of Nutrition A</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	21 Feb – 8 May	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology A</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics B</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Foundations of Nutrition B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Symptomatology, Diagnosis &amp; Pathology B</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	6 Jun -29 Aug	12 weeks (excl. 11 Jul)

#### Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Herbal Therapeutics C</b> (Incl. GST \$1010)	Wednesday Online Virtual Classroom	9.00am – 11.30am	18 Sep – 4 Dec	12 weeks
<b>Principles of Micronutrients A</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	3.00pm – 5.30pm	18 Sep – 4 Dec	12 weeks
<b>Symptomatology, Diagnosis &amp; Pathology C</b> (incl. GST \$790)	Thursday Online Virtual Classroom	2.30pm – 4.30pm	19 Sep – 5 Dec	12 weeks

### 3<sup>rd</sup> Year Timetable

#### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Principles of Micronutrients B</b> (incl. GST \$995)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	21 Feb – 8 May	12 weeks
<b>Communicate with Clients</b> (incl. GST \$445)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	21 Feb – 2 Apr	7 weeks
<b>Naturopathic Diagnosis</b> (incl. GST \$820)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

#### Term 2 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Nutritional Therapeutics A</b> (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	5 Jun – 28 Aug	12 weeks (excl. 10 Jul)
<b>Communicate in Health</b> (incl. GST \$495)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	5 Jun – 31 Jul	8 weeks (excl. 10 Jul)
<b>Clinical Assessment Techniques</b> (incl. GST \$395)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 18 Jul	6 weeks (excl. 11 Jul)
<b>Nutritional Therapeutics A Tutorials**</b> (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	20 Jun, 18 Jul, 8 Aug, 29 Aug	4 classes

#### Term 3 = Four subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Safe Practices</b> (incl. GST \$185)	DL	DL	16 Sep – 27 Oct	6 weeks
<b>Nutritional Therapeutics B</b> (Incl. GST \$1110)	Wednesday Online Virtual Classroom	12.00pm – 2.30pm	19 Sep – 5 Dec	12 weeks
<b>Pharmacology</b> (incl. GST \$895)	Wednesday Online Virtual Classroom	6.30pm – 8.30pm	18 Sep – 4 Dec	12 weeks
<b>Nutritional Therapeutics B Tutorials</b> (incl. GST \$395)	Thursday Online Virtual Classroom	6.00pm – 9.00pm	3 & 24 Oct, 14 Nov, 5 Dec	4 classes



## 4<sup>th</sup> Year Timetable

### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Homoeopathy A</b> (incl. GST \$995)	Tuesday Online Virtual Classroom	9.00am – 11.30am	20 Feb – 7 May	12 weeks
<b>Clinical Case Studies A (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	22 Feb – 16 May	12 weeks (excl. 25 Apr)
<b>Bach Flower Remedies</b> (incl. GST \$795)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	22 Feb – 16 May	12 weeks (excl. 25 Apr)

### Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Homoeopathy B</b> (incl. GST \$995)	Tuesday Online Virtual Classroom	9.00am – 11.30am	4 Jun – 27 Aug	12 weeks (excl. 9 Jul)
<b>Clinical Case Studies B (Nat/Herbs)</b> (incl. GST \$1025)	Thursday Online Virtual Classroom	9.00am – 11.30am	6 Jun – 29 Aug	12 weeks (excl. 11 Jul)
<b>Develop Professional Expertise</b> (incl. GST \$545)	Thursday Online Virtual Classroom	12.00pm – 2.00pm	6 Jun – 1 Aug	8 weeks (excl. 11 Jul)

### Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Homoeopathy C</b> (incl. GST \$995)	Tuesday Online Virtual Classroom	9.00am – 11.30am	17 Sep – 3 Dec	12 weeks
<b>Evidence Based Practice</b> (incl. GST \$675)	Tuesday Online Virtual Classroom	3.30pm – 5.30pm	17 Sep – 26 Nov	11 weeks
<b>Building Your Successful Practice</b> (incl. GST \$820)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	17 Sep – 3 Dec	12 weeks

## 5<sup>th</sup> Year Timetable

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### Term 1 = Two subjects + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Homoeopathic Therapeutics</b> (incl. GST \$835)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	20 Feb – 7 May	12 weeks
<b>Iridology Fundamentals</b> (incl. GST \$825)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	20 Feb – 7 May	12 weeks

### Term 2 = One subject + Clinical Practice Training

Subject Name	Class schedule	Time	Dates	Duration
<b>Iridology for Clinical Practice</b> (incl. GST \$825)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	20 Feb – 7 May	12 weeks (excl. 9 Jul)

*Clinical Practice Training timetable on the next page*

## Clinical Practice Training Timetable: Term 1

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Clinical Practice Training (Naturopathy)		
50 hours per session		
Online Virtual Clinic		
\$1750 (Incl. GST)		
<b>Wednesday</b>	5.00pm – 9.00pm	13 weeks 21 Feb – 15 May
<b>OR</b>		
<b>Friday</b>	9.00am-1.00pm	13 weeks 23 Feb – 24 May (excl. 29 Mar)
<i>*Week one 2 hours only</i>		