

## 2022 ADVANCED DIPLOMA OF CLINICAL NUTRITION TIMETABLE

**Duration:** 4 years

**Intake:** Annual intake commencing in February

**Academic Year:** The academic year consists of 3 x 12 week Terms

### Study options:

All subjects have a schedule duration & an online scheduled class time.

Enjoy the ease of watching the class live in our virtual classroom or watch the recording at your leisure.

You can choose to:

- Attend the scheduled class lesson live in real-time online via the Nature Care Student Portal OR
- Review the live recording and course content at your leisure in-line with your own weekly study schedule
- You can attend the live class and watch the recording as revision.

\*Clinical Practice 2 training is delivered 50% live online and 50% with an approved external supervisor.

### Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

### 4 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Structure</li> <li>• Foundations of Nutrition A</li> <li>• Food As Medicine</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy &amp; Physiology Body Systems</li> <li>• Foundations of Nutrition B</li> <li>• Body Chemistry A</li> </ul>	<ul style="list-style-type: none"> <li>• Integrative Anatomy &amp; Physiology</li> <li>• Principles of Micronutrients A</li> <li>• Body Chemistry B</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• Introduction to Natural Medicine</li> <li>• Principles of Micronutrients B</li> <li>• Symptomatology, Diagnosis &amp; Pathology A</li> </ul>	<ul style="list-style-type: none"> <li>• Nutritional Therapeutics A</li> <li>• Nutritional Therapeutics A Tutorials</li> <li>• Symptomatology, Diagnosis &amp; Pathology B</li> </ul>	<ul style="list-style-type: none"> <li>• Nutritional Therapeutics B</li> <li>• Nutritional Therapeutics B Tutorials</li> <li>• Symptomatology, Diagnosis &amp; Pathology C</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Naturopathic Diagnosis</li> <li>• Communicate with Clients</li> </ul>	<ul style="list-style-type: none"> <li>• Develop Professional Expertise</li> <li>• Clinical Assessment Techniques</li> <li>• Communicate in Health</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence Based Practice</li> <li>• Safe Practices</li> <li>• Pharmacology</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• Clinical Practice 1A (Nutrition)</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical Practice 1B (Nutrition)</li> </ul>	<ul style="list-style-type: none"> <li>• Building Your Successful Practice</li> </ul>
In 4th year 200 hours of Clinical Practice Nutrition Training			

### 2022 Term Dates

**Term 1:** 21 February – 22 May

**Term 2:** 6 June – 28 August

**Term 3:** 12 September – 4 December

## 4 YEAR STUDY PLAN

### 1<sup>st</sup> Year Timetable

#### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Food As Medicine</b> \$555 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	10 Mar – 12 May	10 weeks
<b>Foundations of Nutrition A</b> \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	24 Feb - 12 May	12 weeks
<b>Anatomy &amp; Physiology Body Structure</b> \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	24 Feb - 12 May	12 weeks

#### Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Foundations of Nutrition B</b> \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	9 Jun – 25 Aug	12 weeks
<b>Anatomy &amp; Physiology Body Systems</b> \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	9 Jun – 25 Aug	12 weeks
<b>Body Chemistry A</b> \$525 (Incl. GST)	Thursday Online Virtual Classroom	12.30pm – 2.30pm	9 Jun – 4 Aug	9 weeks

#### Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Principles of Micronutrients A</b> \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	14 Sep - 30 Nov	12 weeks
<b>Integrative Anatomy &amp; Physiology</b> \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	14 Sep - 30 Nov	12 weeks
<b>Body Chemistry B</b> \$525 (Incl. GST)	Thursday Online Virtual Classroom	12.30pm – 2.30pm	15 Sep – 10 Nov	9 weeks

## 2<sup>nd</sup> Year Timetable

### Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Principles of Micronutrients B</b> \$875 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	23 Feb - 11 May	12 weeks
<b>Symptomatology, Diagnosis and Pathology A</b> \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	24 Feb - 12 May	12 weeks
<b>Introduction to Natural Medicine</b> \$720 (Incl. GST)	Thursday Online Virtual Classroom	4.00pm – 6.00pm	24 Feb – 28 April	10 weeks

### Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Nutritional Therapeutics A</b> \$890(Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	8 Jun - 24 Aug	12 weeks
<b>Nutritional Therapeutics A Tutorials</b> \$350(Incl. GST)	Thursday Online Virtual Classroom	12.30pm - 3.30pm	23 Jun, 14 Jul, 4 Aug, 25 Aug	4 Classes
<b>Symptomatology, Diagnosis and Pathology B</b> \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	9 Jun - 25 Aug	12 weeks

### Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Nutritional Therapeutics B</b> \$890(Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	14 Sep - 30 Nov	12 weeks
<b>Symptomatology, Diagnosis and Pathology C</b> \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	15 Sep - 1 Dec	12 weeks
<b>Nutritional Therapeutics B Tutorials</b> \$350(Incl. GST)	Thursday Online Virtual Classroom	12.30pm - 3.30pm	29 Sep, 20 Oct, 10 Nov, 1 Dec	4 Classes

### 3<sup>rd</sup> Year Timetable

#### Term 1 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Communicate with Clients</b> \$395(Incl. GST)	Tuesday Online Virtual Classroom	1.00pm - 3.00pm	29 Mar - 10 May	7 weeks
<b>Naturopathic Diagnosis</b> \$720 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm - 8.30pm	24 Feb - 12 May	12 weeks

#### Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Assessment Techniques</b> \$350 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm - 8.30pm	9 Jun - 14 Jul	6 weeks
<b>Develop Professional Expertise</b> \$695 (Incl. GST)	Tuesday Online Virtual Classroom	4.00pm - 6.00pm	7 Jun – 23 Aug	12 weeks
<b>Communicate in Health</b> \$450 (Incl. GST)	Tuesday Online Virtual Classroom	1.30pm - 3.30pm	7 Jun - 26 Jul	8 weeks

#### Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
<b>Pharmacology</b> \$710 (Incl. GST)	Monday Online Virtual Classroom	10.00am – 12.00pm	12 Sep – 5 Dec (Excl. 3 Oct)	12 weeks
<b>Evidence Based Practice</b> \$595 (Incl. GST)	Tuesday Online Virtual Classroom	4.00pm - 6.00pm	20 Sep – 29 Nov (*29 Nov, 4.00pm - 5.00pm)	11 weeks
<b>Safe Practices</b> \$175 (Incl. GST)	Distance (Online)	Distance (Online)	12 Sep - 23 Oct	6 weeks

## 4<sup>th</sup> Year Timetable

### Term 1 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Practice 1A (Nutrition)</b> \$500 (Incl. GST)	Friday Online Virtual Classroom	2.30pm - 4.30pm	25 Feb - 22 April (excluding April 15)	8 weeks

### Term 2 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
<b>Clinical Practice 1B (Nutrition)</b> \$500 (Incl. GST)	Friday Online Virtual Classroom	2.30pm - 4.30pm	10 Jun - 29 Jul	8 weeks

### Term 3 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
<b>Building Your Successful Practice</b> \$635 (Incl. GST)	Tuesday Online Virtual Classroom	6.30pm – 8.30pm	13 Sep – 29 Nov	12 weeks

## 4<sup>th</sup> Year Clinical Practice Timetable - Term 3

Clinical Practice 2 (Nutrition) 50 hours per session Online Virtual Clinic \$1600 (Incl. GST)		
<b>Wednesday</b>	9.30pm - 1.30pm	13 weeks 14 Sep – 7 Dec
OR		
<b>Friday</b>	9.30am – 1.30pm	13 weeks 16 Sep – 9 Dec
*Week 1 two hours only		

Clinical Practice 2 (Nutrition) 20 hours per session On-campus Clinic \$690 (Incl. GST)		
<b>Saturday</b>	9.00am – 1.00pm	5 weeks 1 Oct – 29 Oct
OR		
<b>Saturday</b>	1.00pm – 5.00pm	5 weeks 1 Oct – 29 Oct
OR		
<b>Saturday</b>	9.00am – 1.00pm	5 weeks 5 Nov – 3 Dec
OR		
<b>Saturday</b>	1.00pm – 5.00pm	5 weeks 5 Nov – 3 Dec