

2022 ADVANCED DIPLOMA OF CLINICAL NUTRITION TIMETABLE

Duration: 4 years

Intake: Annual intake commencing in February

Study options:

All subjects have a schedule duration & an online scheduled class time.

Enjoy the ease of watching the class live in our virtual classroom or watch the recording at your leisure.

You can choose to:

- Attend the scheduled class lesson live in real-time online via the Nature Care Student Portal OR
- Review the live recording and course content at your leisure in-line with your own weekly study schedule
- You can attend the live class and watch the recording as revision.

*Clinical Practice 2 training is delivered 50% live online and 50% with an approved external supervisor.

Academic Year: The academic year consists of 3 x 12 week Terms

Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

4 Year Study Plan

| | Term 1 | Term 2 | Term 3 |
|--------|---|---|---|
| Year 1 | <ul style="list-style-type: none"> • Anatomy & Physiology Body Structure • Foundations of Nutrition A • Food As Medicine | <ul style="list-style-type: none"> • Anatomy & Physiology Body Systems • Foundations of Nutrition B • Body Chemistry A | <ul style="list-style-type: none"> • Integrative Anatomy & Physiology • Principles of Micronutrients A • Body Chemistry B |
| Year 2 | <ul style="list-style-type: none"> • Introduction to Natural Medicine • Principles of Micronutrients B • Symptomatology, Diagnosis & Pathology A | <ul style="list-style-type: none"> • Nutritional Therapeutics A • Nutritional Therapeutics A Tutorials • Symptomatology, Diagnosis & Pathology B | <ul style="list-style-type: none"> • Nutritional Therapeutics B • Nutritional Therapeutics B Tutorials • Symptomatology, Diagnosis & Pathology C |
| Year 3 | <ul style="list-style-type: none"> • Naturopathic Diagnosis • Communicate with Clients | <ul style="list-style-type: none"> • Develop Professional Expertise • Clinical Assessment Techniques • Communicate in Health | <ul style="list-style-type: none"> • Evidence Based Practice • Safe Practices • Pharmacology |
| Year 4 | <ul style="list-style-type: none"> • Clinical Practice 1A (Nutrition) | <ul style="list-style-type: none"> • Clinical Practice 1B (Nutrition) | <ul style="list-style-type: none"> • Building Your Successful Practice |

In 4th year 200 hours of Clinical Practice Nutrition Training

2022 Term Dates

Term 1: 21 February – 22 May

Term 2: 6 June – 28 August

Term 3: 12 September – 4 December

4 YEAR STUDY PLAN

1st Year Timetable

Term 1 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|------------------------------------|------------------|-----------------|----------|
| Food As Medicine \$555 (Incl. GST) | Thursday Online Virtual Classroom | 6.30pm – 8.30pm | 10 Mar – 12 May | 10 weeks |
| Foundations of Nutrition A \$875 (Incl. GST) | Wednesday Online Virtual Classroom | 12.00pm - 2.30pm | 24 Feb - 12 May | 12 weeks |
| Anatomy & Physiology Body Structure \$695 (Incl. GST) | Wednesday Online Virtual Classroom | 3.00pm – 5.00pm | 24 Feb - 12 May | 12 weeks |

Term 2 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|------------------------------------|------------------|----------------|----------|
| Foundations of Nutrition B \$875 (Incl. GST) | Wednesday Online Virtual Classroom | 12.00pm - 2.30pm | 9 Jun – 25 Aug | 12 weeks |
| Anatomy & Physiology Body Systems \$695 (Incl. GST) | Wednesday Online Virtual Classroom | 3.00pm – 5.00pm | 9 Jun – 25 Aug | 12 weeks |
| Body Chemistry A \$525 (Incl. GST) | Thursday Online Virtual Classroom | 12.30pm – 2.30pm | 9 Jun – 4 Aug | 9 weeks |

Term 3 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|--|------------------------------------|------------------|-----------------|----------|
| Principles of Micronutrients A \$875 (Incl. GST) | Wednesday Online Virtual Classroom | 12.00pm - 2.30pm | 15 Sep - 1 Dec | 12 weeks |
| Integrative Anatomy & Physiology \$695 (Incl. GST) | Wednesday Online Virtual Classroom | 3.00pm – 5.00pm | 15 Sep - 1 Dec | 12 weeks |
| Body Chemistry B \$525 (Incl. GST) | Thursday Online Virtual Classroom | 12.30pm – 2.30pm | 16 Sep – 11 Nov | 9 weeks |

2nd Year Timetable

Term 1 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|------------------------------------|------------------|-------------------|----------|
| Principles of Micronutrients B \$875 (Incl. GST) | Wednesday Online Virtual Classroom | 9.00am - 11.30am | 23 Feb - 11 May | 12 weeks |
| Symptomatology, Diagnosis and Pathology A \$700 (Incl. GST) | Thursday Online Virtual Classroom | 9.30am - 11.30am | 24 Feb - 12 May | 12 weeks |
| Introduction to Natural Medicine \$720 (Incl. GST) | Thursday Online Virtual Classroom | 4.00pm – 6.00pm | 24 Feb – 28 April | 10 weeks |

Term 2 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|------------------------------------|------------------|-------------------------------|-----------|
| Nutritional Therapeutics A \$890(Incl. GST) | Wednesday Online Virtual Classroom | 9.00am - 11.30am | 8 Jun - 24 Aug | 12 weeks |
| Nutritional Therapeutics A Tutorials \$350(Incl. GST) | Thursday Online Virtual Classroom | 12.30pm - 3.30pm | 23 Jun, 14 Jul, 4 Aug, 25 Aug | 4 Classes |
| Symptomatology, Diagnosis and Pathology B \$700 (Incl. GST) | Thursday Online Virtual Classroom | 9.30am - 11.30am | 9 Jun - 25 Aug | 12 weeks |

Term 3 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|------------------------------------|------------------|-------------------------------|-----------|
| Nutritional Therapeutics B \$890(Incl. GST) | Wednesday Online Virtual Classroom | 9.00am - 11.30am | 14 Sep - 30 Nov | 12 weeks |
| Nutritional Therapeutics B Tutorials \$350(Incl. GST) | Thursday Online Virtual Classroom | 12.30pm - 3.30pm | 29 Sep, 19 Oct, 9 Nov, 30 Nov | 4 Classes |
| Symptomatology, Diagnosis and Pathology C \$700 (Incl. GST) | Thursday Online Virtual Classroom | 9.30am - 11.30am | 15 Sep - 1 Dec | 12 weeks |

3rd Year Timetable

Term 1 = Two subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|--------------------------------------|-----------------|-----------------|----------|
| Communicate with Clients \$395(Incl. GST) | Tuesday Online Virtual Classroom | 1.00pm - 3.00pm | 29 Mar - 10 May | 7 weeks |
| Naturopathic Diagnosis \$720 (Incl. GST) | Thursday Online Virtual Classroom | 6.30pm - 8.30pm | 24 Feb - 12 May | 12 weeks |

Term 2 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|--|--------------------------------------|-----------------|----------------|----------|
| Clinical Assessment Techniques \$350 (Incl. GST) | Thursday Online Virtual Classroom | 6.30pm - 8.30pm | 9 Jun - 14 Jul | 6 weeks |
| Develop Professional Expertise \$695 (Incl. GST) | Tuesday Online Virtual Classroom | 4.00pm - 6.00pm | 7 Jun – 23 Aug | 12 weeks |
| Communicate in Health \$450 (Incl. GST) | Tuesday Online Virtual Classroom | 1.30pm - 3.30pm | 7 Jun - 26 Jul | 8 weeks |

Term 3 = Three subjects

| Subject Name | Class schedule | Time | Dates | Duration |
|---|-------------------------------------|-------------------|--|----------|
| Pharmacology \$710 (Incl. GST) | Tuesday Online Virtual Classroom | 1.00pm - 3.00pm | 13 Sep - 29 Nov | 12 weeks |
| Evidence Based Practice \$595 (Incl. GST) | Tuesday Online Virtual Classroom | 4.00pm - 6.00pm | 20 Sep – 29 Nov (*29 Nov, 4.00pm - 5.00pm) | 11 weeks |
| Safe Practices \$175 (Incl. GST) | Distance (Online) | Distance (Online) | 12 Sep - 23 Oct | 6 weeks |

4th Year Timetable

Term 1 = One Subject + Clinical Practice

| Subject Name | Class schedule | Time | Dates | Duration |
|--|---------------------------------|-----------------|---|----------|
| Clinical Practice 1A (Nutrition) \$500 (Incl. GST) | Friday Online Virtual Classroom | 2.30pm - 4.30pm | 25 Feb - 22 April (excluding April 15) | 8 weeks |

Term 2 = One Subject + Clinical Practice

| Subject Name | Class schedule | Time | Dates | Duration |
|--|---------------------------------|-----------------|-----------------|----------|
| Clinical Practice 1B (Nutrition) \$500 (Incl. GST) | Friday Online Virtual Classroom | 2.30pm - 4.30pm | 10 Jun - 29 Jul | 8 weeks |

Term 3 = One Subject + Clinical Practice

| Subject Name | Class schedule | Time | Dates | Duration |
|---|------------------------------------|------------------|-----------------|----------|
| Building Your Successful Practice \$635 (Incl. GST) | Wednesday Online Virtual Classroom | 9.30am - 11.30am | 14 Sep - 30 Nov | 12 weeks |

4th Year Clinical Practice Timetable - Term 2

| | | |
|--|-----------------|----------------------------|
| Clinical Practice 2 (Nutrition) 50 hours per session Online Virtual Clinic \$1600 (Incl. GST) | | |
| Wednesday | 9.30pm - 1.30pm | 13 weeks 8 Jun – 31 Aug |
| OR | | |
| Friday | 9.30am – 1.30pm | 13 weeks 10 Jun – 2 Sep |
| *Week 1 two hours only | | |

| | | |
|--|-----------------|----------------------------|
| Clinical Practice 2 (Nutrition) 20 hours per session On-campus Clinic \$640 (Incl. GST) | | |
| Saturday | 9.00am – 1.00pm | 5 weeks 18 Jun – 16 Jul |
| OR | | |
| Saturday | 1.00pm – 5.00pm | 5 weeks 18 Jun – 16 Jul |
| OR | | |
| Saturday | 9.00am – 1.00pm | 5 weeks 23 Jul – 20 Aug |
| OR | | |
| Saturday | 1.00pm – 5.00pm | 5 weeks 23 Jul – 20 Aug |
| OR | | |
| Saturday | 9.00am – 1.00pm | 5 weeks 27 Aug – 24 Sep |
| OR | | |
| Saturday | 1.00pm – 5.00pm | 5 weeks 27 Aug – 24 Sep |
| *If you attend the on-campus clinic, you will need to supply proof of your Covid-19 vaccination | | |