

2022 ADVANCED DIPLOMA OF CLINICAL NUTRITION TIMETABLE

Duration: 3 years OR 4 years

Intake: Annual intake commencing in February

Study options:

All subjects have a schedule duration & and online scheduled class time.

Enjoy the ease of watching the class live in our virtual classroom or watch the recording at your leisure.

You can choose to:

- Attend the scheduled class lesson live in real-time online via the Nature Care Student Portal OR
- Review the live recording and course content at your leisure in-line with your own weekly study schedule
- You can attend the live class and watch the recording as revision.

*Clinical Practice 2 training is delivered 50% live online and 50% with an approved external supervisor.

Academic Year: The academic year consists of 3 x 12 week Terms

Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

3 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> • Anatomy & Physiology Body Structure • Foundations of Nutrition A • Food As Medicine • Introduction to Natural Medicine 	<ul style="list-style-type: none"> • Anatomy & Physiology Body Systems • Foundations of Nutrition B • Body Chemistry A 	<ul style="list-style-type: none"> • Integrative Anatomy & Physiology • Principles of Micronutrients A • Body Chemistry B
Year 2	<ul style="list-style-type: none"> • Principles of Micronutrients B • Symptomatology, Diagnosis & Pathology A • Naturopathic Diagnosis • Communicate with Clients 	<ul style="list-style-type: none"> • Nutritional Therapeutics A • Nutritional Therapeutics A Tutorials • Symptomatology, Diagnosis & Pathology B • Clinical Assessment Techniques • Communicate in Health 	<ul style="list-style-type: none"> • Nutritional Therapeutics B • Nutritional Therapeutics B Tutorials • Symptomatology, Diagnosis & Pathology C • Safe Practices • Pharmacology
Year 3	<ul style="list-style-type: none"> • Clinical Practice 1A (Nutrition) 	<ul style="list-style-type: none"> • Clinical Practice 1B (Nutrition) • Develop Professional Expertise 	<ul style="list-style-type: none"> • Evidence Based Practice • Building Your Successful Practice

In 3rd year 200 hours of Clinical Practice Nutrition Training

4 Year Study Plan

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> • Anatomy & Physiology Body Structure • Foundations of Nutrition A • Food As Medicine 	<ul style="list-style-type: none"> • Anatomy & Physiology Body Systems • Foundations of Nutrition B • Body Chemistry A 	<ul style="list-style-type: none"> • Integrative Anatomy & Physiology • Principles of Micronutrients A • Body Chemistry B
Year 2	<ul style="list-style-type: none"> • Introduction to Natural Medicine • Principles of Micronutrients B • Symptomatology, Diagnosis & Pathology A 	<ul style="list-style-type: none"> • Nutritional Therapeutics A • Nutritional Therapeutics A Tutorials • Symptomatology, Diagnosis & Pathology B 	<ul style="list-style-type: none"> • Nutritional Therapeutics B • Nutritional Therapeutics B Tutorials • Symptomatology, Diagnosis & Pathology C
Year 3	<ul style="list-style-type: none"> • Naturopathic Diagnosis • Communicate with Clients 	<ul style="list-style-type: none"> • Develop Professional Expertise • Clinical Assessment Techniques • Communicate in Health 	<ul style="list-style-type: none"> • Evidence Based Practice • Safe Practices • Pharmacology
Year 4	<ul style="list-style-type: none"> • Clinical Practice 1A (Nutrition) 	<ul style="list-style-type: none"> • Clinical Practice 1B (Nutrition) 	<ul style="list-style-type: none"> • Building Your Successful Practice

In 4th year 200 hours of Clinical Practice Nutrition Training

1st YEAR TIMETABLE 3 Year Study Plan: Term 1 – Commences 21st of February

Term 1 = Four Subjects

Subject Name	Class schedule	Time	Dates	Duration
Food As Medicine \$555 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	10 Mar – 12 May	10 weeks
Foundations of Nutrition A \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	24 Feb - 12 May	12 weeks
Anatomy & Physiology Body Structure \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	24 Feb - 12 May	12 weeks
Introduction to Natural Medicine \$585 (Incl. GST)	Thursday Online Virtual Classroom	4.00pm – 6.00pm	24 Feb – 28 April	10 weeks

Term 2 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Foundations of Nutrition B \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	9 Jun – 25 Aug	12 weeks
Anatomy & Physiology Body Systems \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	9 Jun – 25 Aug	12 weeks
Body Chemistry A \$525 (Incl. GST)	Thursday Online Virtual Classroom	12.30pm – 2.30pm	17 Jun – 12 Aug	9 weeks

Term 3 = Three Subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients A \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	15 Sep - 1 Dec	12 weeks
Integrative Anatomy & Physiology \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	15 Sep - 1 Dec	12 weeks
Body Chemistry B \$525 (Incl. GST)	Thursday Online Virtual Classroom	12.30pm – 2.30pm	16 Sep – 11 Nov	9 weeks

1st YEAR TIMETABLE 4 Year Study Plan: Term 1 – Commences 24th of February

Term 1 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
Food As Medicine \$555 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	10 Mar – 12 May	10 weeks
Foundations of Nutrition A \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	24 Feb - 12 May	12 weeks
Anatomy & Physiology Body Structure \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	24 Feb - 12 May	12 weeks

Term 2 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
Foundations of Nutrition B \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	9 Jun – 25 Aug	12 weeks
Anatomy & Physiology Body Systems \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	9 Jun – 25 Aug	12 weeks
Body Chemistry A \$525 (Incl. GST)	Thursday Online Virtual Classroom	12.30pm – 2.30pm	17 Jun – 12 Aug	9 weeks

Term 3 = Three subjects				
Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients A \$875 (Incl. GST)	Wednesday Online Virtual Classroom	12.00pm - 2.30pm	15 Sep - 1 Dec	12 weeks
Integrative Anatomy & Physiology \$695 (Incl. GST)	Wednesday Online Virtual Classroom	3.00pm – 5.00pm	15 Sep - 1 Dec	12 weeks
Body Chemistry B \$525 (Incl. GST)	Thursday Online Virtual Classroom	12.30pm – 2.30pm	16 Sep – 11 Nov	9 weeks

2nd Year Course Timetable on the next page

2nd YEAR TIMETABLE 3 Year Study Plan: Term 1 – Commences 21st of February

Term 1 = Four Subjects				
Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients B \$875 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am – 11.30am	23 Feb – 11 May	12 weeks
Communicate with Clients \$395 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm – 3.00pm	29 Mar – 10 May	7 weeks
Symptomatology, Diagnosis and Pathology A \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am – 11.30am	24 Feb – 12 May	12 weeks
Naturopathic Diagnosis \$720 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm – 8.30pm	24 Feb – 12 May	12 weeks

Term 2 = Five Subjects				
Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics A \$890(Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	8 Jun - 24 Aug	12 weeks
Nutritional Therapeutics A Tutorials \$350(Incl. GST)	Thursday Online Virtual Classroom	12.30pm - 3.30pm	23 Jun, 14 Jul, 4 Aug, 25 Aug	4 Classes
Symptomatology, Diagnosis and Pathology B \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	9 Jun - 25 Aug	12 weeks
Clinical Assessment Techniques \$350 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm - 8.30pm	8 Jun - 13 Jul	6 weeks
Communicate in Health \$350 (Incl. GST)	Tuesday Online Virtual Classroom	1.30pm - 3.30am	7 Jun - 26 Jul	8 weeks

2nd Year Course Timetable continues on the next page

Term 3 = Five Subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics B \$890(Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	14 Sep - 30 Nov	12 weeks
Nutritional Therapeutics B Tutorials \$350(Incl. GST)	Thursday Online Virtual Classroom	12.30pm - 3.30pm	29 Sep, 19 Oct, 9 Nov, 30 Nov	4 Classes
Symptomatology, Diagnosis and Pathology C \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	15 Sep - 1 Dec	12 weeks
Pharmacology \$710 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm - 3.00pm	13 Sep - 29 Nov	12 weeks
Safe Practices \$175 (Incl. GST)	Distance (Online)	Distance (Online)	12 Sep - 23 Oct	6 weeks

2nd YEAR TIMETABLE 4 Year Study Plan: Term 1 – Commences 23rd of February
Term 1 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
Principles of Micronutrients B \$875 (Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	23 Feb - 11 May	12 weeks
Symptomatology, Diagnosis and Pathology A \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	24 Feb - 12 May	12 weeks
Introduction to Natural Medicine \$720 (Incl. GST)	Thursday Online Virtual Classroom	4.00pm – 6.00pm	24 Feb – 28 April	10 weeks

2nd Year Course Timetable continues on the next page

Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics A \$890(Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	8 Jun - 24 Aug	12 weeks
Nutritional Therapeutics A Tutorials \$350(Incl. GST)	Thursday Online Virtual Classroom	12.30pm - 3.30pm	23 Jun, 14 Jul, 4 Aug, 25 Aug	4 Classes
Symptomatology, Diagnosis and Pathology B \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	9 Jun - 25 Aug	12 weeks

Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
Nutritional Therapeutics B \$890(Incl. GST)	Wednesday Online Virtual Classroom	9.00am - 11.30am	14 Sep - 30 Nov	12 weeks
Nutritional Therapeutics B Tutorials \$350(Incl. GST)	Thursday Online Virtual Classroom	12.30pm - 3.30pm	29 Sep, 19 Oct, 9 Nov, 30 Nov	4 Classes
Symptomatology, Diagnosis and Pathology C \$700 (Incl. GST)	Thursday Online Virtual Classroom	9.30am - 11.30am	15 Sep - 1 Dec	12 weeks

3rd Year Course Timetable on the next page

3rd YEAR TIMETABLE (3 year study plan): Term 1 – Commences 21st of February

Term 1 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
Clinical Practice 1A (Nutrition) \$500 (Incl. GST)	Friday Online Virtual Classroom	2.30pm - 4.30pm	25 Feb - 22 April (excluding April 15)	8 weeks

Term 2 = Two Subjects + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
Clinical Practice 1B (Nutrition) \$500 (Incl. GST)	Friday Online Virtual Classroom	2.30pm - 4.30pm	10 Jun - 29 Jul	8 weeks
Develop Professional Expertise \$695 (Incl. GST)	Tuesday Online Virtual Classroom	4.00pm - 6.00pm	7 Jun - 26 Jul	12 weeks

Term 3 = Two Subjects + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
Evidence Based Practice \$595 (Incl. GST)	Tuesday Online Virtual Classroom	4.00pm - 6.00pm	20 Sep – 29 Nov (*29 Nov, 4.00pm - 5.00pm)	11 weeks
Building Your Successful Practice \$635 (Incl. GST)	Wednesday Online Virtual Classroom	9.30am - 11.30am	14 Sep - 30 Nov	12 weeks

-CLINICAL PRACTICE TIMETABLE LISTED ON LAST PAGE-

3rd YEAR TIMETABLE (4 Year Study Plan): Term 1 – Commences 21st of February

Term 1 = Two subjects

Subject Name	Class schedule	Time	Dates	Duration
Communicate with Clients \$395(Incl. GST)	Tuesday Online Virtual Classroom	1.00pm - 3.00pm	29 Mar - 10 May	7 weeks
Naturopathic Diagnosis \$720 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm - 8.30pm	24 Feb - 12 May	12 weeks

3rd Year Course Timetable continues on the next page

Term 2 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
Clinical Assessment Techniques \$350 (Incl. GST)	Thursday Online Virtual Classroom	6.30pm - 8.30pm	8 Jun - 13 Jul	6 weeks
Develop Professional Expertise \$695 (Incl. GST)	Tuesday Online Virtual Classroom	4.00pm - 6.00pm	7 Jun - 26 Jul	12 weeks
Communicate in Health \$450 (Incl. GST)	Tuesday Online Virtual Classroom	1.30pm - 3.30pm	7 Jun - 26 Jul	8 weeks

Term 3 = Three subjects

Subject Name	Class schedule	Time	Dates	Duration
Pharmacology \$710 (Incl. GST)	Tuesday Online Virtual Classroom	1.00pm - 3.00pm	13 Sep - 29 Nov	12 weeks
Evidence Based Practice \$595 (Incl. GST)	Tuesday Online Virtual Classroom	4.00pm - 6.00pm	20 Sep – 29 Nov (*29 Nov, 4.00pm - 5.00pm)	11 weeks
Safe Practices \$175 (Incl. GST)	Distance (Online)	Distance (Online)	12 Sep - 23 Oct	6 weeks

4th YEAR TIMETABLE (4 year study plan): Term 1 – Commences 21st of February

Term 1 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
Clinical Practice 1A (Nutrition) \$500 (Incl. GST)	Friday Online Virtual Classroom	2.30pm - 4.30pm	25 Feb - 22 April (excluding April 15)	8 weeks

Term 2 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
Clinical Practice 1B (Nutrition) \$500 (Incl. GST)	Friday Online Virtual Classroom	2.30pm - 4.30pm	10 Jun - 29 Jul	8 weeks

Course Timetable continues on the next page

Term 3 = One Subject + Clinical Practice

Subject Name	Class schedule	Time	Dates	Duration
Building Your Successful Practice \$635 (Incl. GST)	Wednesday Online Virtual Classroom	9.30am - 11.30am	14 Sep - 30 Nov	12 weeks

3rd and 4th YEAR CLINICAL PRACTICE TIMETABLE: Term 1

Clinical Practice 2 (Nutrition)			
50 hours per block			
Online Virtual Classroom			
\$1600 (Incl. GST)			
Wednesday	9.30pm - 1.30pm	13 weeks	23 Feb - 18 May
OR			
Friday	9.30am - 1.30pm	13 weeks	25 Feb - 27 May (excluding April 15)
<i>*Week 1 two hours only</i>			