

## > DIPLOMA OF HOLISTIC NUTRITIONAL THERAPY | NEW

### 1 YEAR FULL-TIME study plan

	Study Period 1	Study Period 2	Study Period 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Introduction to Nutrition</li> <li>• Interpreting Nutritional Information</li> <li>• Food Fundamentals</li> <li>• Anatomy and Physiology Body Structure</li> <li>• Evidence Based Practice</li> </ul>	<ul style="list-style-type: none"> <li>• Advise on Nutritional Supplements</li> <li>• Plan &amp; Manage a Healthcare Business</li> <li>• Anatomy and Physiology Body Systems</li> <li>• Nutrition for Common Conditions (including immunity)</li> </ul>	<ul style="list-style-type: none"> <li>• Weight Management Strategies</li> <li>• Legal &amp; Ethical Compliance</li> <li>• Health Care Referrals</li> <li>• Developing Menus for Specific Needs</li> </ul>
<b>Electives</b>			
<ul style="list-style-type: none"> <li>• Coaching Clients to reach their Wellness Goals (offered in Term 2)</li> <li>• Presenting to Groups &amp; Corporate Clients (on campus only - offered in Term 3)</li> </ul>			

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### 2 YEAR PART-TIME study plan

	Study Period 1	Study Period 2	Study Period 3
<b>Year 1</b>	<ul style="list-style-type: none"> <li>• Introduction to Nutrition</li> <li>• Anatomy and Physiology Body Structure</li> <li>• Food Fundamentals</li> </ul>	<ul style="list-style-type: none"> <li>• Anatomy and Physiology Body Systems</li> <li>• Nutrition for Common Conditions (including immunity)</li> </ul>	<ul style="list-style-type: none"> <li>• Weight Management Strategies</li> <li>• Developing Menus for Specific Needs</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
<b>Year 2</b>	<ul style="list-style-type: none"> <li>• Evidence Based Practice</li> <li>• Interpreting Nutritional Information</li> </ul>	<ul style="list-style-type: none"> <li>• Plan &amp; Manage a Healthcare Business</li> <li>• Advise on Nutritional Supplements</li> </ul>	<ul style="list-style-type: none"> <li>• Legal &amp; Ethical Compliance</li> <li>• Health Care Referrals</li> </ul>
<b>Electives</b>			
<ul style="list-style-type: none"> <li>• Coaching Clients to reach their Wellness Goals (offered in Term 2)</li> <li>• Presenting to Groups &amp; Corporate Clients (on campus only - offered in Term 3)</li> </ul>			

## A-Z UNIT LISTING OF UNITS

<b>Anatomy &amp; Physiology Body Structure</b> \$625	<b>Food Fundamentals</b> \$595	<b>Legal &amp; Ethical Compliance</b> \$300
Monday 10.00am - 2.00pm 5 weeks NUT002MON 20 Mar - 1 May	Monday 10.00am - 2.00pm 5 weeks NUT002MON 20 Mar - 1 May	Distance 6 weeks PROF011DL 13 Feb - 26 Mar
Wednesday 12.00pm - 2.00pm 12 weeks MSC024WED 15 Feb - 10 May	Wednesday 6.00pm - 8.00pm 10 weeks NUT002WED 15 Feb - 26 Apr	<b>Nutrition for Common Conditions</b> \$395
Wednesday 6.00pm - 8.00pm 12 weeks MSC024WED2 15 Feb - 10 May	Distance 10 weeks NUT002DL 13 Feb - 30 Apr	Distance 6 weeks NUT024DL 13 Feb - 26 Mar
Distance 12 weeks MSC024DL 13 Feb - 16 May	<b>Health Care Referrals</b> \$395	<b>Presenting to Groups and Corporate Clients</b> \$325
<b>Anatomy &amp; Physiology Body Systems</b> \$625	Distance 6 weeks PROF010DL 27 Mar - 16 May	Sat & Sun 9.30am - 4.30pm Intensive PROF009SAT 29 & 30 Apr
Tuesday 6.00pm - 8.00pm 12 weeks MSC023TUE 14 Feb - 16 May	<b>Interpreting Nutritional Information</b> \$525	<b>Safe Practices</b> \$170
Wednesday 2.30pm - 4.30pm 12 weeks MSC023WED 15 Feb - 10 May	Wednesday 6.00pm - 8.00pm 12 weeks NUT021WED 15 Feb - 10 May	Distance 6 weeks PROF002DL 13 Feb - 26 Mar
Distance 12 weeks MSC023DL 13 Feb - 16 May	Distance 12 weeks NUT021DL 13 Feb - 16 May	Saturday 9.30am - 3.30pm Intensive PROF002SAT 1-Apr
<b>Developing Menus for Specific Needs</b> \$525	<b>Introduction To Nutrition</b> \$495	<b>Weight Management Strategies</b> \$525
Distance 12 weeks NUT025DL 13 Feb - 16 May	Monday 10.00am - 2.00pm 5 weeks NUT001MON 13 Feb - 13 Mar	Wednesday 2.30pm - 4.30pm 12 weeks NUT023WED 15 Feb - 10 May
<b>Evidence Based Practice</b> \$395	Tuesday 6.00pm - 8.30pm 8 weeks NUT001TUE 13 Feb - 3 Apr	Distance 12 weeks NUT023DL 13 Feb - 16 May
Sunday 9.30am - 4.30pm Intensive PROF006SUN 26 Feb & 26 Mar	Distance 10 weeks NUT001DL 13 Feb - 30 Apr	<b>REVIEW CLASSES</b>
Distance 7 weeks PROF006DL 13 Feb - 2 Apr		<b>Anatomy Body Systems Review</b> \$95
		Wednesday 12.30pm-2.00pm Fortnightly MSC023R 1, 15, 29 Mar, 5, 19 Apr, 3 May