

## > DIPLOMA OF NATURAL HEALTH AND WELLNESS

| Intake in Feb | On-campus & Online | 1 YEAR FULL-TIME study plan

|        | Study Period 1                                                                                                                                                                                                 | Study Period 2                                                                                                                                                                                                                                                      | Study Period 3                                                                                                                                                                                                                                                              |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year 1 | <ul style="list-style-type: none"> <li>Holistic Medicine Philosophy</li> <li>Anatomy &amp; Physiology Body Structure</li> <li>Interpreting Nutritional Information</li> <li>Evidence Based Practice</li> </ul> | <ul style="list-style-type: none"> <li>Advise on Nutritional Supplements</li> <li>Anatomy &amp; Physiology Body Systems</li> <li>Plan &amp; Manage a Healthcare Business</li> <li>Coaching Clients to Reach Their Wellness Goals</li> <li>Safe Practices</li> </ul> | <ul style="list-style-type: none"> <li>Legal &amp; Ethical Compliance</li> <li>Weight Management Strategies</li> <li>Advise Clients on Natural Remedies &amp; Self-Care Strategies</li> <li>Introduction to Psychoneuroimmunology</li> <li>Health Care Referrals</li> </ul> |

### Electives (choose 1)

- Reflexology 1 - An Introduction (on campus only)
- Aromatherapy Essentials
- Bach Flower Remedies
- Presenting to Groups & Corporate Clients (on campus only)
- Food Fundamentals

\*Your elective unit may be completed during any term in which your selected unit is scheduled.

## > DIPLOMA OF NATURAL HEALTH AND WELLNESS

| Intake in Feb & May | On-campus & Online | 2 YEAR PART-TIME study plan

|        | Study Period 1                                                                                                                                                                | Study Period 2                                                                                                                                                                              | Study Period 3                                                                                                                                                                                |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Year 1 | <ul style="list-style-type: none"> <li>Holistic Medicine Philosophy</li> <li>Anatomy &amp; Physiology Body Structure</li> <li>Interpreting Nutritional Information</li> </ul> | <ul style="list-style-type: none"> <li>Advise on Nutritional Supplements</li> <li>Anatomy &amp; Physiology Body Symptoms</li> <li>Coaching Clients to Reach Their Wellness Goals</li> </ul> | <ul style="list-style-type: none"> <li>Legal &amp; Ethical Compliance</li> <li>Weight Management Strategies</li> <li>Advise Clients on Natural Remedies &amp; Self-Care Strategies</li> </ul> |
|        | Study Period 4                                                                                                                                                                | Study Period 5                                                                                                                                                                              | Study Period 6                                                                                                                                                                                |
| Year 2 | <ul style="list-style-type: none"> <li>Evidence Based Practice</li> <li>Safe Practices</li> </ul>                                                                             | <ul style="list-style-type: none"> <li>Plan &amp; Manage a Healthcare Business</li> </ul>                                                                                                   | <ul style="list-style-type: none"> <li>Introduction to Psychoneuroimmunology</li> <li>Health Care Referrals</li> </ul>                                                                        |

### Electives (choose 1)

- Reflexology 1 - An Introduction (on campus only)
- Aromatherapy Essentials
- Bach Flower Remedies
- Presenting to Groups & Corporate Clients (on campus only)
- Food Fundamentals

\*Your elective unit may be completed during any term in which your selected unit is scheduled.

## A-Z UNIT LISTING OF UNITS OFFERED IN TERM 2

\*Please note, though most subjects are possible to complete in either distance or on-campus mode, some subjects are only offered via distance or on-campus mode

|                                                                                                                                                                                      |                                                                                                                                                                                                                                                                   |                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Advise Clients on Natural Remedies &amp; Self-Care Strategies</b> \$525<br><b>Distance</b> 12 weeks<br>NAT017DL 29 May - 27 Aug                                                   | <b>Anatomy &amp; Physiology Body Structure</b> \$625<br><b>Monday</b> 9.30am - 11.30am 12 weeks<br>MSC024MON 29 May - 28 Aug<br><b>Thursday</b> 6.00pm - 8.00pm 12 weeks<br>MSC024THU 1 Jun - 24 Aug<br><b>Distance</b> 12 weeks<br>MSC024DL 29 May - 27 Aug      | <b>Aromatherapy Essentials</b> \$495<br><b>Saturday</b> 9.30am - 4.30pm Intensive<br>ARO010SAT 17 Jun, 1 & 8 Jul<br><b>Distance</b> 10 weeks<br>ARO010DL 29 May - 13 Aug |
| <b>Advise Clients on Nutritional Supplements</b> \$395<br><b>Wednesday</b> 2.30pm - 4.30pm 6 weeks<br>NUT022WED 31 May - 5 Jul<br><b>Distance</b> 6 weeks<br>NUT022DL 29 May - 9 Jul | <b>Anatomy &amp; Physiology Body Systems</b> \$625<br><b>Wednesday</b> 12.00pm - 2.00pm 12 weeks<br>MSC023WED1 31 May - 23 Aug<br><b>Wednesday</b> 6.00pm - 8.00pm 12 weeks<br>MSC023WED2 31 May - 23 Aug<br><b>Distance</b> 12 weeks<br>MSC023DL 29 May - 27 Aug | <b>Bach Flower Remedies</b> \$625<br><b>Friday</b> 10.00am - 2.00pm Intensive<br>NAT002FRI 21 Jul - 25 Aug<br><b>Distance</b> 12 weeks<br>NAT002DL 29 May - 27 Aug       |

## A-Z UNIT LISTING OF UNITS CONTINUED

|                                                       |                                    |                 |                                                             |                 |                 |
|-------------------------------------------------------|------------------------------------|-----------------|-------------------------------------------------------------|-----------------|-----------------|
| <b>Coaching Clients To their Wellness Goals</b> \$525 |                                    |                 | <b>Psychoneuroimmunology Based Relaxation Therapy</b> \$670 |                 |                 |
| <b>Friday</b>                                         | 10.00am - 2.00pm                   | Intensive       | <b>Distance</b>                                             |                 | 12 weeks        |
| COA013FRI                                             | 9, 23 Jun, 7, 28 July, 11 & 25 Aug |                 | PNI001DL                                                    |                 | 29 May - 27 Aug |
| <b>Distance</b>                                       |                                    |                 |                                                             |                 |                 |
| COA013DL                                              |                                    |                 |                                                             |                 | 29 May - 27 Aug |
| <b>Evidence Based Practice</b> \$395                  |                                    |                 | <b>Safe Practices</b> \$170                                 |                 |                 |
| <b>Sunday</b>                                         | 9.30am - 4.30pm                    | Intensive       | <b>Saturday</b>                                             | 9.00am - 3.00pm | Workshop        |
| PROF006SUN                                            | 4 Jun & 2 Jul                      |                 | PROF002SAT                                                  |                 | 17 Jun          |
| <b>Distance</b>                                       |                                    | 7 weeks         | <b>Distance</b>                                             |                 | 6 weeks         |
| PROF006DL                                             |                                    | 29 May - 23 Jul | PROF002DL                                                   |                 | 29 May - 9 Jul  |
| <b>Health Care Referrals</b> \$395                    |                                    |                 | <b>Weight Management Strategies</b> \$525                   |                 |                 |
| <b>Distance</b>                                       |                                    | 6 weeks         | <b>Distance</b>                                             |                 | 12 weeks        |
| PROF010DL                                             |                                    | 29 May - 9 July | NUT023DL                                                    |                 | 29 May - 27 Aug |
| <b>Holistic Medicine Philosophy</b> \$495             |                                    |                 |                                                             |                 |                 |
| <b>Thursday</b>                                       | 10.00am - 2.00pm                   | Intensive       |                                                             |                 |                 |
| NAT016THU                                             | 8, 22 Jun, 6 & 27 Jul              |                 |                                                             |                 |                 |
| <b>Distance</b>                                       |                                    | 7 weeks         |                                                             |                 |                 |
| NAT016DL                                              |                                    | 29 May - 23 Jul |                                                             |                 |                 |
| <b>Interpreting Nutritional Information</b> \$525     |                                    |                 |                                                             |                 |                 |
| <b>Distance</b>                                       |                                    | 12 weeks        |                                                             |                 |                 |
| NUT021DL                                              |                                    | 29 May - 27 Aug |                                                             |                 |                 |
| <b>Legal &amp; Ethical Compliance</b> \$300           |                                    |                 |                                                             |                 |                 |
| <b>Distance</b>                                       |                                    | 6 weeks         |                                                             |                 |                 |
| PROF011DL                                             |                                    | 29 May - 9 July |                                                             |                 |                 |
| <b>Plan and Manage a Healthcare Business</b> \$525    |                                    |                 |                                                             |                 |                 |
| <b>Thursday</b>                                       | 6.00pm - 8.00pm                    | 12 Weeks        |                                                             |                 |                 |
| PROF012THU                                            | 1 Jun - 24 Aug                     |                 |                                                             |                 |                 |
| <b>Distance</b>                                       |                                    | 12 Weeks        |                                                             |                 |                 |
| PROF012DL                                             |                                    | 29 May - 27 Aug |                                                             |                 |                 |