

## > DIPLOMA OF NATURAL HEALTH AND WELLNESS

| Intake in Feb | On-campus & Online | 1 YEAR FULL-TIME study plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Holistic Medicine Philosophy</li> <li>Anatomy &amp; Physiology Body Structure</li> <li>Interpreting Nutritional Information</li> <li>Evidence Based Practice</li> </ul>	<ul style="list-style-type: none"> <li>Advise on Nutritional Supplements</li> <li>Anatomy &amp; Physiology Body Systems</li> <li>Plan &amp; Manage a Healthcare Business</li> <li>Coaching Clients to Reach Their Wellness Goals</li> <li>Safe Practices</li> </ul>	<ul style="list-style-type: none"> <li>Legal &amp; Ethical Compliance</li> <li>Weight Management Strategies</li> <li>Advise Clients on Natural Remedies &amp; Self-Care Strategies</li> <li>Psychoneuroimmunology Based Relaxation Therapy</li> <li>Health Care Referrals</li> </ul>

### Electives (choose 1)

- Reflexology 1 - An Introduction (on campus only)
- Aromatherapy Essentials
- Bach Flower Remedies
- Presenting to Groups & Corporate Clients (on campus only)
- Food Fundamentals

\*Your elective unit may be completed during any term in which your selected unit is scheduled.

## > DIPLOMA OF NATURAL HEALTH AND WELLNESS

| Intake in Feb & May | On-campus & Online | 2 YEAR PART-TIME study plan

	Study Period 1	Study Period 2	Study Period 3
Year 1	<ul style="list-style-type: none"> <li>Holistic Medicine Philosophy</li> <li>Anatomy &amp; Physiology Body Structure</li> <li>Interpreting Nutritional Information</li> </ul>	<ul style="list-style-type: none"> <li>Advise on Nutritional Supplements</li> <li>Anatomy &amp; Physiology Body Systems</li> <li>Coaching Clients to Reach Their Wellness Goals</li> </ul>	<ul style="list-style-type: none"> <li>Legal &amp; Ethical Compliance</li> <li>Weight Management Strategies</li> <li>Advise Clients on Natural Remedies &amp; Self-Care Strategies</li> </ul>
	Study Period 4	Study Period 5	Study Period 6
Year 2	<ul style="list-style-type: none"> <li>Evidence Based Practice</li> <li>Safe Practices</li> </ul>	<ul style="list-style-type: none"> <li>Plan &amp; Manage a Healthcare Business</li> </ul>	<ul style="list-style-type: none"> <li>Psychoneuroimmunology Based Relaxation Therapy</li> <li>Health Care Referrals</li> </ul>

### Electives (choose 1)

- Reflexology 1 - An Introduction (on campus only)
- Aromatherapy Essentials
- Bach Flower Remedies
- Presenting to Groups & Corporate Clients (on campus only)
- Food Fundamentals

\*Your elective unit may be completed during any term in which your selected unit is scheduled.

## A-Z UNIT LISTING OF UNITS OFFERED IN TERM 2

\*Please note, though most subjects are possible to complete in either distance or on-campus mode, some subjects are only offered via distance or on-campus mode

Advise Clients on Natural Remedies & Self-Care Strategies	\$525
<b>Distance</b>	12 weeks
NAT017DL	29 May - 27 Aug

Advise Clients on Nutritional Supplements	\$395
<b>Wednesday</b>	2.30pm - 4.30pm 6 weeks
NUT022WED	31 May - 5 Jul
<b>Distance</b>	6 weeks
NUT022DL	29 May - 9 Jul

Anatomy & Physiology Body Structure	\$625
<b>Monday</b>	9.30am-11.30am 12 weeks
MSC024MON	29 May - 28 Aug
<b>Thursday</b>	6.00pm - 8.00pm 12 weeks
MSC024THU	1 Jun - 24 Aug
<b>Distance</b>	12 weeks
MSC024DL	29 May - 27 Aug

Anatomy & Physiology Body Systems	\$625
<b>Wednesday</b>	12.00pm - 2.00pm 12 weeks
MSC023WED1	31 May - 23 Aug
<b>Wednesday</b>	6.00pm - 8.00pm 12 weeks
MSC023WED2	31 May - 23 Aug
<b>Distance</b>	12 weeks
MSC023DL	29 May - 27 Aug

Coaching Clients To their Wellness Goals	\$525
<b>Friday</b>	10.00am - 2.00pm Intensive
COA013FRI	9, 23 Jun, 7, 28 July, 11 & 25 Aug
<b>Distance</b>	12 weeks
COA013DL	29 May - 27 Aug

Evidence Based Practice	\$395
<b>Sunday</b>	9.30am - 4.30pm Intensive
PROF006SUN	4 Jun & 2 Jul
<b>Distance</b>	7 weeks
PROF006DL	29 May - 23 Jul

Health Care Referrals	\$395
<b>Distance</b>	6 weeks
PROF010DL	29 May - 9 July

## A-Z UNIT LISTING OF UNITS CONTINUED

### Holistic Medicine Philosophy \$495

**Thursday** 10.00am - 2.00pm Intensive  
NAT016THU 8, 22 Jun, 6 & 27 Jul

**Distance** 7 weeks  
NAT016DL 29 May - 23 Jul

### Interpreting Nutritional Information \$525

**Distance** 12 weeks  
NUT021DL 29 May - 27 Aug

### Legal & Ethical Compliance \$300

**Distance** 6 weeks  
PROF011DL 29 May - 9 July

### Plan and Manage a Healthcare Business \$525

**Thursday** 6.00pm - 8.00pm 12 Weeks  
PROF012THU 1 Jun - 24 Aug

**Distance** 12 Weeks  
PROF012DL 29 May - 27 Aug

### Psychoneuroimmunology Based Relaxation Therapy \$670

**Distance** 12 weeks  
PNI001DL 29 May - 27 Aug

### Safe Practices \$170

**Saturday** 9.00am - 3.00pm Workshop  
PROF002SAT 17 Jun

**Distance** 6 weeks  
PROF002DL 29 May - 9 Jul

### Weight Management Strategies \$525

**Distance** 12 weeks  
NUT023DL 29 May - 27 Aug

### ELECTIVE UNITS

#### Aromatherapy Essentials \$495

**Saturday** 9.30am - 4.30pm Intensive  
ARO010SAT 17 Jun, 1 & 8 Jul

**Distance** 10 weeks  
ARO010DL 29 May - 13 Aug

#### Bach Flower Remedies \$625

**Friday** 10.00am - 2.00pm Intensive  
NAT002FRI 21 Jul - 25 Aug

**Distance** 12 weeks  
NAT002DL 29 May - 27 Aug

#### Reflexology 1 - An Introduction \$525

**Wednesday** 10.00am - 2.00pm Intensive  
REF001WED 31 May - 5 Jul

#### Food Fundamentals \$595

**Thursday** 10.00am - 2.00pm 5 Weeks  
NUT002THU 20 Jul - 17 Aug

**Distance** 10 weeks  
NUT002DL 29 May - 13 Aug