

STUDY PLANS & A-Z UNIT LISTING OF UNITS OFFERED IN TERM 1

> CERTIFICATE IN NUTRITION | Intake in Feb, May & Sept | On-campus & Online

Course Content

Year 1

- Introduction To Nutrition
- Food Fundamentals

* This course may be completed in one term or extended over two terms.

Choose one class option for each unit you are doing this term as guided by the study plan.

| Food Fundamentals | \$595 | Introduction To Nutrition | \$495 |
|------------------------------|--|------------------------------|---|
| Thursday NUT002THU | 10.00am - 2.00pm 5 weeks 20 Jul - 17 Aug | Thursday NUT001THU | 10.00am - 2.00pm 5 weeks 1 Jun - 29 Jun |
| Distance NUT002DL | 10 weeks 29 May - 13 Aug | Distance NUT001DL | 10 weeks 29 May - 13 Aug |

> PROFESSIONAL CERTIFICATE IN FOOD & NUTRITION COACHING 2 term study plan | Intake in Feb, May & Sept | On-campus & Online

Study Period 1

Study Period 2

Year 1

- Food Fundamentals
- The Psychology of Food
- The Successful Wellness Coach

- Introduction to Nutrition
- Nutrition For Adolescents
- Wellness Coaching in Practice

Choose one class option for each unit you are doing this term as guided by the study plan.

| Food Fundamentals | \$595 | Nutrition For Adolescents | \$125 | The Successful Wellness Coach | \$475 |
|------------------------------|--|------------------------------|--|-------------------------------|---|
| Thursday NUT002THU | 10.00am - 2.00pm 5 weeks 20 Jul - 17 Aug | Sunday NUT026SUN | 10.00am - 4.00pm Workshop 20 Aug | Friday WEL001FRI | 10.00am - 2.00pm Intensive 16 Jun, 21 Jul, 4 & 18 Aug |
| Distance NUT002DL | 10 weeks 29 May - 13 Aug | Distance NUT026DL | 6 weeks 29 May - 9 Jul | Distance WEL001DL | 12 weeks 29 May - 27 Aug |
| Introduction To Nutrition | \$495 | Psychology Of Food | \$125 | Wellness Coaching In Practice | \$475 |
| Thursday NUT001THU | 10.00am - 2.00pm 5 weeks 1 Jun - 29 Jun | Saturday NUT027SAT | 10.00am - 4.00pm Workshop 10 Jun | Saturday WEL002SAT | 9.30am - 1.30pm Intensive 24 Jun, 8 & 29 Jul, 26 Aug |
| Distance NUT001DL | 10 weeks 29 May - 13 Aug | Distance NUT027DL | 6 Weeks 29 May - 9 July | Distance WEL002DL | 12 weeks 29 May - 27 Aug |