



Nature Care Wellness Centre

'Treating you naturally'

Treatment Schedule - Semester 1 2017

STUDENT PRACTITIONERS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Naturopathy 9.30-1.30 \$22	Nutrition 10.00-5.00 \$22	Herbal Medicine 12.00-3.30 \$22	Nutrition 10.30-2.00 \$22	Naturopathy 9.00-5.00 \$22	Naturopathy 9.00-5.00 \$22
Nutrition 2.00-5.30 \$22	Naturopathy 5.00-9.00 \$22	Nutrition 5.30-9.30 \$22	Homeopathy 4.00-9.00 \$22 Massage 6.00-9.00 \$42		Massage 9.30-12.30 \$42

CHILDREN UNDER 16 YEARS OF AGE RECEIVE FREE INGESTIVE TREATMENTS

Reception Opening Hours

Monday 9.30am-5.30pm

Tuesday – Thursday 9.30am-8.00pm

Friday & Saturday 9.00am-4.00pm

To book an appointment call us on 02 8423 8444

Level 2, 178 Pacific Highway, St Leonards 2065

www.naturecare.com.au/wellness-centre

FOLLOW US ON INSTAGRAM @naturecarewellnesscentre

Nature Care College was established in 1973. Students in their final year of study work as natural medicine, tactile therapy and counselling student practitioners at the Nature Care Wellness Centre under the supervision of qualified, experienced practitioners



Nature Care Wellness Centre

'Treating you naturally'

Treatment Schedule - Semester 1 2017

GRADUATE PRACTITIONERS

Shiatsu	Massage	Energetic Healing	Counselling
Izumi Amauchi	Heidi Mearns Jo-Anne Weber Judith Hainke	Izumi Amauchi	Aarhon Silver
Wed 5.00pm-9.00pm Fri 10.00am-2.00pm	Wed 10.00am-9.00pm	Wed 5.00pm-9.00pm Fri 10.00am-2.00pm	Wed 9.30am-12.00pm Fri 10.00am-5.00pm
Shiatsu is a traditional healing art which combines massage stretching, gentle physical manipulation and pressure along meridians to restore balance to Chi.	Massage is a wonderful way to relax and relieve your body of tension, stress headaches, back pain or muscular problems. Health fund rebates may be applicable.	Energetic Healing connects with your body's innate wisdom to invoke self-healing, develop your spiritual connection, and enhance your self understanding.	Counselling can help us to recognise and respond to common situations in everyday life, and is a therapeutic way of working through challenging times.
\$65	\$65	\$65	\$65

Reception Opening Hours

Monday 9.30am-5.30pm
Tuesday – Thursday 9.30am-8.00pm
Friday & Saturday 9.00am-4.00pm

To book an appointment call us on 02 8423 8444

Level 2, 178 Pacific Highway, St Leonards 2065

www.naturecare.com.au/wellness-centre

FOLLOW US ON INSTAGRAM @naturecarewellnesscentre