



Nature Care Wellness Centre

'Treating you naturally'

Treatment Schedule - Term 2 2018

STUDENT PRACTITIONERS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------------|---------------------------------|--|--------------------------------|---------------------------------|---------------------------------|
| Naturopathy 9.30-1.30 | Nutrition 9.30-4.30 | Naturopathy & Herbal Medicine 12.00-4.00 | Nutrition 10.30-2.00 | Naturopathy 9.00-5.00 | Naturopathy 9.00-5.00 |
| Nutrition 1.30-5.00 | Naturopathy 5.00-9.00 | Nutrition 5.30-9.00 | Massage 6.00-9.00 | | Massage 9.30-12.30 |
| Naturopathy 5.00-9.00 | | | | | |

STUDENT CLINIC PRICES

Naturopathy, Nutrition, Herbal Medicine:

\$25 90min Initial Consultation

\$20 60min Follow Up Consultation

Free – under 16yrs

Special:

4 consults for \$50 + receive 10% off any nutritional or herbal supplements prescribed.

Massage:

\$45 60min

RECEPTION OPENING HOURS

Monday & Tuesday 9.30am-8.00pm

Wednesday 11.00am-8.00pm

Thursday 10.00am-2.00pm & 4.00pm -8.00pm

Friday & Saturday 9.00am-4.00pm

☎ 02 8423 8444

✉ clinicstaff@naturecare.com.au

📍 Level 2, 178 Pacific Highway, St Leonards 2065

🌐 naturecare.com.au/wellness-centre

📷 @naturecarewellnesscentre

Nature Care College was established in 1973. Students in their final year of study work as natural therapy practitioners at the Nature Care Wellness Centre under the supervision of qualified, experienced practitioners



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PROFESSIONAL PRACTITIONERS

Izumi Amauchi
Shiatsu & Energetic
Healer

Tue 10.00am -2.30pm
Wed 5.00pm-9.00pm
Fri 10.00am-2.30pm
\$65 - \$100

Balance, harmonise and reconnect. Izumi's subtle yet powerful treatment works with the body's innate wisdom to bring about balance and encourage healing and vitality on all levels. Izumi integrates her 20 years of training into a tailored session to help your soul to shine.

Jo-Anne Weber
Massage Therapist

Wed 11.00am-9.00pm
\$85 – 60min

Jo-Anne has a very intuitive massage technique where her hands are guided by her heart. Jo strongly believes that massage is one of the best things you can do for yourself and is passionate about providing a treatment tailored to your specific needs.

Julia Pomazkina
Ayurvedic & energetic
practitioner


Mon 6.00pm-9.00pm
Fri 2.00pm-5.00pm
From \$80

Julia believes in everybody's birthright to a happy, healthy and purposeful life. Julia is passionate about helping bring about balance through the ancient wisdom of Ayurvedic medicine, nutrition, herbal remedies and bodywork. Julia also offers energetic healing journeys for expansion of awareness and consciousness.


Lisa Creak
Reflexologist


Mon 4.00pm-9.00pm
\$85 – 60min
\$125 – 90min

Lisa is passionate about helping her clients restore their natural health, energy and balance. Through reflexology, Lisa can help to stimulate the body's natural healing properties, reduce stress and pain and improve circulation.

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