

2024 ADVANCED DIPLOMA OF CLINICAL NATUROPATHY TIMETABLE

Duration: 3.5 years or 5 years

Intake: Annual intake commencing on 21 February

Academic Year: The academic year consists of 3 x 12-week terms

Flexible Learning Options:

Enjoy the ease of attending the class live in our virtual classroom with your Trainer **OR** watch the recording in line with your own weekly study schedule.

You can choose to:

- Attend the class lesson live in real-time online at the scheduled time OR
- Review the class recording and course content at your leisure in-line with your own weekly study schedule.
- You can attend the live class and watch the recording for revision to consolidate your learning.

Course Study Plan Overview

In order to complete the Advanced Diploma, students must follow the published study plan in the sequence outlined and complete the course in the duration outlined.

3.5 Year Study Plan

| | Term 1 | Term 2 | Term 3 • Integrative Anatomy & Physiology • Body Chemistry B • Principles of Micronutrients A • Herbal Medicine C • Herbal Manufacturing | | | | |
|--------|--|--|--|--|--|--|--|
| Year 1 | Anatomy & Physiology Body Structure Botany Foundations of Nutrition A Herbal Medicine A Introduction to Natural Medicine | Anatomy & Physiology Body Systems Body Chemistry A Foundations of Nutrition B Herbal Medicine B Medicinal Weeds | | | | | |
| | Term 1 | Term 2 | Term 3 | | | | |
| Year 2 | Principles of Micronutrients B Herbal Therapeutics A Symptomatology, Diagnosis & Pathology A Bach Flower Remedies | Nutritional Therapeutics A Nutritional Therapeutics A Tutorials** Herbal Therapeutics B Symptomatology, Diagnosis & Pathology B Clinical Assessment Techniques | Nutritional Therapeutics B Nutritional Therapeutics B Tutorials** Herbal Therapeutics C Symptomatology, Diagnosis & Pathology C Safe Practices | | | | |
| | Term 1 | Term 2 | Term 3 | | | | |
| Year 3 | Clinical Case Studies A (Nat/Herbs) Foundations of Homoeopathy A Naturopathic Diagnosis Communicate with Clients | Clinical Case Studies B (Nat/Herbs) Foundations of Homoeopathy B Develop Professional Expertise Communicate in Health | Pharmacology Foundations of Homoeopathy C Evidence Based Practice Building Your Successful Practice | | | | |
| | Term 1 | Term 2 | | | | | |
| Year 4 | Homoeopathic Therapeutics Iridology Fundamentals | Iridology for Clinical Practice | | | | | |

^{*}Clinical Practice training is delivered 50% live online and 50% with an approved external supervisor.

^{**} As Nutritional Therapeutics A/B Tutorials are designed to be a discussion group, live online attendance in at least two sessions is required



| | 5 Year Study Plan | | | | | |
|---|--|---|--|--|--|--|
| | Term 1 | Term 2 | Term 3 | | | |
| Year 1 | Anatomy & Physiology Body Structure Herbal Medicine A Botany Introduction to Natural Medicine | Anatomy & Physiology Body Systems Herbal Medicine B Medicinal Weeds Body Chemistry A | Integrative Anatomy & Physiology Herbal Medicine C Herbal Manufacturing Body Chemistry B | | | |
| | Term 1 | Term 2 | Term 3 | | | |
| Year 2 | Foundations of Nutrition A Herbal Therapeutics A Symptomatology, Diagnosis & Pathology A | Foundations of Nutrition B Herbal Therapeutics B Symptomatology, Diagnosis & Pathology B | Principles of Micronutrients A Herbal Therapeutics C Symptomatology, Diagnosis & Pathology C | | | |
| | Term 1 | Term 2 | Term 3 | | | |
| Year 3 | Communicate with Clients Naturopathic Diagnosis Principles of Micronutrients B | Communicate in Health Clinical Assessment Techniques Nutritional Therapeutics A Nutritional Therapeutics A Tutorials** | Safe Practices Pharmacology Nutritional Therapeutics B Nutritional Therapeutics B Tutorials** | | | |
| | Term 1 | Term 2 | Term 3 | | | |
| Year 4 | Clinical Case Studies A (Nat/Herbs) Foundations of Homoeopathy A Bach Flower Remedies | Clinical Case Studies B (Nat/Herbs) Foundations of Homoeopathy B Develop Professional Expertise | Building Your Successful Practice Foundations of Homoeopathy C Evidence Based Practice | | | |
| | Term 1 | Term 2 | Term 3 | | | |
| Year 5 | Iridology Fundamentals Homoeopathic Therapeutics | Iridology for Clinical Practice | | | | |
| *In 4th & 5th year 400 hours of Clinical Practice Training (310 hrs. of Naturopathy and 90 hrs. of Homoeopathy) | | | | | | |

2024 Timetables:

3.5-year timetable starts on page **3** 5-year timetable starts on page **5**



1st Year Timetable

| Term 1 = Five subjects | | | | | | |
|---|---------------------------------------|------------------|----------------|----------------------------|--|--|
| Subject Name | Class schedule | Time | Dates | Duration | | |
| Herbal Medicine A (incl. GST \$795) | Wednesday Online Virtual Classroom | 9.30am – 11.30am | 21 Feb – 8 May | 12 weeks | | |
| Anatomy & Physiology Body Structure (incl. GST \$750) | Wednesday Online Virtual Classroom | 12.00pm – 2.00pm | 21 Feb – 8 May | 12 weeks | | |
| Foundations of Nutrition A (incl. GST \$995) | Wednesday Online Virtual Classroom | 3.00pm – 5.30pm | 21 Feb – 8 May | 12 weeks | | |
| Botany (incl. GST \$465) | Thursday Online Virtual Classroom | 9.30am – 11.30am | 7 Mar – 18 Apr | 7 weeks | | |
| Introduction to Natural Medicine (incl. GST \$575) | Thursday Online Virtual Classroom | 12.00pm – 2.00pm | 22 Feb – 2 May | 10 weeks (excl. 25 Apr) | | |

| Term 2 = Five subjects | | | | | |
|---|---------------------------------------|------------------|-----------------|----------------------------|--|
| Subject Name | Class schedule | Time | Dates | Duration | |
| Herbal Medicine B (incl. GST \$795) | Wednesday Online Virtual Classroom | 9.30am – 11.30am | 5 Jun – 28 Aug | 12 weeks (excl. 10 Jul) | |
| Anatomy & Physiology Body Systems (incl. GST \$750) | Wednesday Online Virtual Classroom | 12.00pm – 2.00pm | 5 Jun – 28 Aug | 12 weeks (excl. 10 Jul) | |
| Foundations of Nutrition B (incl. GST \$995) | Wednesday Online Virtual Classroom | 3.00pm – 5.30pm | 5 Jun – 28 Aug | 12 weeks (excl. 10 Jul) | |
| Medicinal Weeds (incl. GST \$465) | Thursday Online Virtual Classroom | 9.30am – 11.30am | 18 Jul – 29 Aug | 7 weeks | |
| Body Chemistry A (incl. GST \$595) | Thursday Online Virtual Classroom | 12.00pm – 2.00pm | 6 Jun – 8 Aug | 9 weeks (excl. 11 Jul) | |

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| Term 3 = Five subjects | | | | | |
|--|---------------------------------------|---|-----------------|----------|--|
| Subject Name | Class schedule | Time | Dates | Duration | |
| Herbal Medicine C (incl. GST \$795) | Wednesday Online Virtual Classroom | 9.30am – 11.30am | 18 Sep – 4 Dec | 12 weeks | |
| Integrative Anatomy & Physiology (incl. GST \$750) | Wednesday Online Virtual Classroom | 12.00pm – 2.00pm | 18 Sep – 4 Dec | 12 weeks | |
| Principles of Micronutrients A (incl. GST \$995) | Wednesday Online Virtual Classroom | 3.00pm – 5.30pm | 18 Sep – 4 Dec | 12 weeks | |
| Herbal Manufacturing (Incl. GST \$510) | Thursday Online Virtual Classroom | 9.30am – 11.30am (on 21 & 28 Nov 9.00am – 12.00 pm) | 31 Oct – 5 Dec | 6 weeks | |
| Body Chemistry B (incl. GST \$595) | Thursday Online Virtual Classroom | 12.00pm – 2.00pm | 19 Sep – 14 Nov | 9 weeks | |



1st Year Timetable

| Term 1 = Four subjects | | | | | |
|---|---------------------------------------|------------------|----------------|----------------------------|--|
| Subject Name | Class schedule | Time | Dates | Duration | |
| Herbal Medicine A (incl. GST \$795) | Wednesday Online Virtual Classroom | 9.30am – 11.30am | 21 Feb – 8 May | 12 weeks | |
| Anatomy & Physiology Body Structure (incl. GST \$750) | Wednesday Online Virtual Classroom | 12.00pm – 2.00pm | 21 Feb – 8 May | 12 weeks | |
| Botany (incl. GST \$465) | Thursday Online Virtual Classroom | 9.30am – 11.30am | 7 Mar – 18 Apr | 7 weeks | |
| Introduction to Natural Medicine (incl. GST \$575) | Thursday Online Virtual Classroom | 12.00pm – 2.00pm | 22 Feb – 2 May | 10 weeks (excl. 25 Apr) | |

| Term 2 = Four subjects | | | | | |
|--|---------------------------------------|------------------|-----------------|----------------------------|--|
| Subject Name | Class schedule | Time | Dates | Duration | |
| Herbal Medicine B (incl. GST \$795) | Wednesday Online Virtual Classroom | 9.30am – 11.30am | 5 Jun – 28 Aug | 12 weeks (excl. 10 Jul) | |
| Anatomy & Physiology Body Systems (incl. GST \$750) | Wednesday Online Virtual Classroom | 12.00pm – 2.00pm | 5 Jun – 28 Aug | 12 weeks (excl. 10 Jul) | |
| Medicinal Weeds (incl. GST \$465) | Thursday Online Virtual Classroom | 9.30am – 11.30am | 18 Jul – 29 Aug | 7 weeks | |
| Body Chemistry A (incl. GST \$595) | Thursday Online Virtual Classroom | 12.00pm - 2.00pm | 6 Jun – 8 Aug | 9 weeks (excl. 11 Jul) | |

| Term 3 = Four subjects | | | | | |
|--|---------------------------------------|---|-----------------|----------|--|
| Subject Name | Class schedule | Time | Dates | Duration | |
| Herbal Medicine C (incl. GST \$795) | Wednesday Online Virtual Classroom | 9.30am – 11.30am | 18 Sep – 4 Dec | 12 weeks | |
| Integrative Anatomy & Physiology (incl. GST \$750) | Wednesday Online Virtual Classroom | 12.00pm – 2.00pm | 18 Sep – 4 Dec | 12 weeks | |
| Herbal Manufacturing (Incl. GST \$510) | Thursday Online Virtual Classroom | 9.30am – 11.30am (on 21 & 28 Nov 9.00am – 12.00 pm) | 31 Oct – 5 Dec | 6 weeks | |
| Body Chemistry B (incl. GST \$595) | Thursday Online Virtual Classroom | 12.00pm – 2.00pm | 19 Sep – 14 Nov | 9 weeks | |

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