



## Clinical Practice 2 Guidelines

### Naturopathy

### Nutrition

### Western Herbal Medicine

These Clinic Guidelines are designed to inform and assist you in the completion of the assessment requirements for Clinical Practice Training in the following qualifications:

- **Advanced Diploma of Clinical Nutrition**  
200 Clinical Practice Training hours
  
- **Advanced Diploma of Clinical Western Herbal Medicine**  
200 Clinical Practice Training hours
  
- **Advanced Diploma of Clinical Naturopathy**  
400 Clinical Practice training hours inclusive of:
  - *Naturopathy Clinic – 310 hours*
  - *Homoeopathy Clinic – 90 hours*

The student practitioner must demonstrate a clear understanding of the rationale for the prescription given to their patient. This means that any discussion by the Supervisor is supplemented by their own research on that particular medicine so that the student is able to articulate in their own way **why** and **how** the medicine was arrived at.

*To facilitate a truly effective transition, all students are encouraged to behave as they would in their own professional practice.*

### **CLINICAL PRACTICE FORMAT**

Students must complete 50% of their Clinical Practice Training online with Nature Care College. The remaining 50% of the total hours must be completed face to face with an approved external supervisor.

We recommend the following format for each Advanced Diploma Qualification:

#### **Advanced Diploma of Clinical Nutrition**

- 100 hours in Nature Care's Online Student Clinic (2 blocks of 50 hours)
- 100 hours with an approved external supervisor

#### **Advanced Diploma of Clinical Western Herbal Medicine**

- 100 hours in Nature Care's Online Student Clinic (2 blocks of 50 hours)
- 100 hours with an approved external supervisor

#### **Advanced Diploma of Clinical Naturopathy**

- 90 hours Homoeopathy Clinic in Nature Care's Online Student Clinic (2 blocks of 45 hours)
- 100 hours Naturopathy in Nature Care's Online Student Clinic (2 blocks of 50 hours)
- 210 hours with an approved external supervisor

### **ATTENDANCE REQUIREMENTS**

Students enrolled in Clinical Practice Training are required to make up any missed session/s with their approved external supervisor. Hours will not be able to be made up in an alternate scheduled online clinic.

### **EXTERNAL CLINICAL PRACTICE TRAINING**

Students must have their prospective supervising practitioner approved prior to completing their hours of supervised clinic.

Please note that the time to process the application may take 2-3 weeks, so please take this into consideration when planning to start your clinical practice training.

**External Clinical Practice training must be completed with a practitioner who fulfils the criteria below:**

- ✓ has achieved a relevant recognised qualification in the applicable modality, equal to or higher than the training program the student is enrolled in.
- ✓ has a minimum of three years' experience as a practicing clinician.
- ✓ is a current member of a recognised Professional Association
- ✓ holds current Professional Indemnity Insurance

Please note the final clinic assessment MUST be completed by an approved supervisor who holds a Cert IV Assessment & Workplace Training TAE40116.

Your nominated practitioner is required to complete an application form to verify that they meet the above criteria.

### **INSTRUCTIONS TO STUDENTS**

Please note that even though there are times for specific reviews, assessments are carried out over the duration of the course. This ongoing assessment is designed to give you the opportunity to demonstrate the skills and knowledge required to work with others and within the health care system. Your competence will be assessed on your performance as a student practitioner and by your engagement in case work outside of the consultation process. Assessment of this unit will include clinical work and participation.

#### **Please Note:**

**As assessment is completed over the duration of the course, it is the students' responsibility to have the assessment pack with them when attending clinic to ensure information is accurately recorded.**

### **CLINIC GUIDELINES**

Out of the total number of hours required for clinic, at least 70%\* of your time must be spent:

- observing consultations
- analysing cases
- determining treatment plans
- actively assessing and treating clients under supervision with all tasks relating to client consultations

*\*This equates to:*

- 217 hours Naturopathy Clinic and 63 hours Homoeopathy Clinic.
- 140 hours Nutrition or Herbal Medicine Clinic

No more than 30%\* of your time in clinic may be spent working in reception or in the dispensary on tasks not directly related to client consultations.

*\*This equates to:*

*93 hours Naturopathy Clinic and 27 hours Homoeopathy Clinic.*

*60 hours Nutrition or Herbal Medicine Clinic*

### **CONSULTATION CASE REQUIREMENTS**

Students are required to provide **30 Consultations** where the student is the primary consulting practitioner. For each of these cases you must take the case history, develop a provisional diagnosis and treatment plan for your client.

**These consultations MUST include a minimum of 15 initial consultations and 15 follow-up consultations.**

**At least 10 of these initial consultations must be conducted face to face and up to 5 initial consultations can be conducted online.**

**At least 5 of the follow-up consultations must be conducted face to face and up to 10 follow-up consultations can be conducted online.**

*NB: For the Advanced Diploma of Clinical Naturopathy, your consultations should include no more than 3 initial & 3 follow-up Homoeopathy consultations.*

## **CONSULTATION GUIDE**

- **Initial Consultations** – 90 minutes (approx.)
- **Follow-up Consultations** – 60 minutes (approx.)

## **THE ASSESSMENT PROCESS**

Completing Clinical Practice Training requires the accomplishment of satisfactory levels of competence as a student practitioner.

The following list sets out the things you will need to do:

- Read through the student assessment pack and note down any questions that you may want to raise with your Supervisor.
- Talk to your Supervisor if you have any special requests relating to learning difficulties, disabilities or religious matters.
- Complete your clinic training log as set out in the assessment pack.

## **ASSESSMENT METHODS AND TOOLS:**

All assessments are to be completed by qualified Supervisors and may include:

- Performance of clinical work as outlined in learning outcomes in a supervised clinical setting witnessed directly by a Supervisor.
- External (off site) case analysis.
- Post session case analysis with Supervisor and peer review.
- Group work and discussions with Supervisor.

## **FINAL SKILLS & PERFORMANCE REVIEW**

Your Clinic Supervisor is required to complete a **Final Skills & Performance Review** on completion of your Clinic Training hours.

***The final portion of your clinic training hours must be completed online at Nature Care. This is to ensure your Final Skills & Performance Review is conducted by a Supervisor who holds a Cert IV in Assessment & Workplace Training TAE40116***

*If you are finishing your clinic hours externally and your Supervisor does not hold this qualification, your final clinic assessment must be completed at Nature Care College with one of our approved Clinic Supervisors (at an additional cost).*

**ALL ASSESSMENT COMPONENTS NOTED ABOVE ARE TO BE COMPLETED BY STUDENT  
AND SUPERVISOR IN ORDER TO PASS THIS CLINICAL PRACTICE UNIT.**

**N.B. Please use the Student Checklist at the back of your assessment pack to ensure you are maintaining your assessment requirements.**







## **Clinic Requirements for Students Studying Dual Qualifications**

Students studying dual qualifications may use clinic hours completed for the Advanced Diploma of Clinical Nutrition or Clinical Western Herbal Medicine towards the Advanced Diploma of Clinical Naturopathy and vice versa.

### **Case Consultation Requirements**

If you have completed 30 consultations for an ATMS recognised Advanced Diploma and are studying an additional Advanced Diploma qualification, you will need to submit cases specific to the new modality as the primary consulting practitioner.

The following requirements apply to students studying dual qualifications:

<b>Course Completed</b>		<b>Dual Qualification Course Requirements</b>
<b>Advanced Diploma of Clinical Nutrition</b> <ul style="list-style-type: none"> <li>• 200 clinic hours completed</li> <li>• 30 case consultations completed</li> </ul>		<b>Advanced Diploma of Clinical Naturopathy</b> <ul style="list-style-type: none"> <li>• 200 clinic hours required - 110 hrs Nat &amp; 90 hrs Hom</li> <li>• 20 case consultations required – 14 Nat (<i>7 initial and 7 follow-up</i>) &amp; 6 Hom (<i>3 initial and 3 follow-up</i>)</li> </ul>
<b>Advanced Diploma of Clinical WHM</b> <ul style="list-style-type: none"> <li>• 200 clinic hours completed</li> <li>• 30 case consultations completed</li> </ul>		<b>Advanced Diploma of Clinical Naturopathy</b> <ul style="list-style-type: none"> <li>• 200 clinic hours required – 110 hrs Nat &amp; 90 hrs Hom</li> <li>• 20 case consultations required – 14 Nat (<i>7 initial and 7 follow-up</i>) &amp; 6 Hom (<i>3 initial and 3 follow-up</i>)</li> </ul>
<b>Advanced Diploma of Clinical Naturopathy</b> <ul style="list-style-type: none"> <li>• 400 clinic hours completed</li> <li>• 30 case consultations completed</li> </ul>		<b>Advanced Diploma of Clinical Western Herbal Medicine</b> <ul style="list-style-type: none"> <li>• 10 Herbal Medicine case consultations required (<i>5 initial and 5 follow-up</i>)</li> </ul>
<b>Advanced Diploma of Clinical Naturopathy</b> <ul style="list-style-type: none"> <li>• 400 clinic hours completed</li> <li>• 30 case consultations completed</li> </ul>		<b>Advanced Diploma of Clinical Nutrition</b> <ul style="list-style-type: none"> <li>• 10 Nutrition case consultations required (<i>5 initial and 5 follow-up</i>)</li> </ul>
<b>Advanced Diploma of Clinical Western Herbal Medicine</b> <ul style="list-style-type: none"> <li>• 200 WHM clinic hours completed</li> <li>• 30 case consultations completed</li> </ul>		<b>Advanced Diploma of Clinical Nutrition</b> <ul style="list-style-type: none"> <li>• 200 Nutrition clinic hours required</li> <li>• 30 Nutrition case consultations required (<i>15 initial and 15 follow-up</i>)</li> </ul>
<b>Advanced Diploma of Clinical Nutrition</b> <ul style="list-style-type: none"> <li>• 200 Nutrition clinic hours completed</li> <li>• 30 case consultations completed</li> </ul>		<b>Advanced Diploma of Clinical Western Herbal Medicine</b> <ul style="list-style-type: none"> <li>• 200 WHM clinic hours required</li> <li>• 30 WHM case consultations required (<i>15 initial and 15 follow-up</i>)</li> </ul>